

THE LYMPSTONE HERALD

Feb 2014

Volume 37, Number 7

50p
where
sold



NEWS FROM THE PARISH COUNCIL

Planning Applications have taken up a lot of time at Parish Council meetings recently. There have been some major applications and some with challenging backgrounds.

Land at Jackson Meadow. This is a small site behind No's 14 & 15. Mr Geoff Lill, The Chairman of the Jackson Meadow Residents Association supported by other local residents spoke at two Parish Council meetings about the problems that will come about if this site is developed for 4 houses. Residents are particularly concerned that there will be vehicles moving close to their homes and where their children play. Parish Councillors visited the site to consider the objections that had been made. At the site meeting they could appreciate that there were problems and put forward

ideas as to how they might be reduced. However, at the meeting that followed, the Parish Council decided to object to the application on the grounds that it represented overdevelopment of the site, that the proposed access will present a hazard to pedestrians and cyclists, particularly young children living in the area and the proposed road was too close to No's 14 & 15.

Land to the rear of Meadowgate, Church Road. A plan to build 5 houses on this land using the existing footpath as an access route had been withdrawn and a new plan to build one house submitted. Problems with this have been identified and it is understood that this application has also been withdrawn.

Cont

*Clerk to the Council: A J Le Riche,
DMS, 43 Salisbury Road, Exmouth,
EX8 1SL, Tel 279665/ 07866 535580
clerk@lympstone.org*

Editor: Chris Carter, Tel 274104. Copy editor – P Acca

Deputy Editors – Caron Winter, Terri Scott & Jan Teague, Advertising - Liz Griffiths

Lympstone web site – www.lympstone.org

Copy deadline for the next issue – Tuesday 4th Mar by 10 am

Copy by e-mail, if possible to chriscarterathome@hotmail.com

Or (BETTER) lympstoneherald@gmail.com

The Editor at Hillcrest, Greenhill Ave, Lympstone, EX8 5HW

Distribution by the Telfers, Tel 272275 and others

Cont

Land at Hollywell Nurseries, Courtlands Lane. This plan proposed removing 16,000 square feet of disused greenhouses and building two houses. It was suggested that this was a brownfield site and was not in the Green Wedge. The Parish Council supported the application as it would bring about a significant improvement to the area. EDDC then pointed out that it was in the Green Wedge and should be regarded as agricultural land and not brownfield. The Parish Council still supported this development.

Development Variations

The Parish Council is becoming increasingly concerned at the number of developments that are built differently from the approved planning permission. In several cases, when this has been pointed out to EDDC, a retrospective planning application is submitted at the suggestion of the Planning Officer. Often these retrospective applications are approved even though an original application for such details would have been refused.

The Parish Council has written to the Chief Executive about this as it seems that there is a very clear trend for this in Lymestone. He has investigated the cases raised and has given some justification for the new decisions in that EDDC would have difficulty in facing appeals against refusal of planning applications. However, this

does not satisfy the complaint that original planning applications, for the final developments would have been refused.

Parish Council budget and your Council tax for next year.

The Parish Council has now approved its budget for next year. This includes providing for elections as EDDC are now charging a high amount for organising these. Also a fund has been set up to meet the Parish Council's obligation to maintain the Village Hall car park. The Parish Council, led by Cllr Mrs Terri Scott is proposing to enter into the Best Kept Village Competition run by the Devon CPRE and a sum of £300 has been included to meet the cost of any works that are needed to keep the village looking its best. Terri would like you all to support this bid by making sure that your bit of the Village is kept clean and tidy and well maintained. With good housekeeping, this can be achieved and you will see a very small reduction in the amount that you pay for the Parish Council share of your Council tax.

Car parking in the Village. The Parish Council has approved the list of places that it would like DCC to investigate for possible new parking restrictions. This list was published in The Lymestone Herald in December. The Parish Council has also suggested dedicated disabled person parking under the Railway Bridge, in Chapel Road and in the Car Park. It is also to

suggest that some parking in Chapel Road might be limited to 30 minutes which is felt to be enough time for people to do their shopping.

These suggestions will now go to DCC for them to investigate.

Flooding – As I write, the Village appears to have survived the high tide and strong winds over the first weekend of the month although there is still



more to come. Sand bags (you have to fill them yourself) are still available from Cllr Richard Eastley (tel 266165) or Alfie Beer. Cllr Rob Longhurst has tested a new type of bag that has granules to absorb a large quantity of water. So far they have proved successful in dealing with water getting into a building that is lower than its neighbour. For more details, give him a ring on 263495.

The Parish Council and others are still putting pressure on DCC, SWW and the Environment Agency to accept responsibility for the floods that occur regularly. This is an uphill task as it has to be appreciated that public funding to these and other bodies is being cut back by the Government. Now is the time to lobby your MP to let him know that the time has come for more investment in the Country's infrastructure to bring it up to the standard that we expect.

Health Services in Devon. Many of you will have read that health services

in Devon are being changed quite drastically with a move towards as much care at home as possible. A new health WEB is being set up at Budleigh Hospital but no clinical cases will be dealt with there. All of these will go to Exmouth Hospital. Stroke beds are also being closed so that they can be centred on Exeter. All this and more to come will result in people having to travel to receive the care that they need and deserve.

Healthwatch

Last week Healthwatch Devon registered as a Charitable Incorporated Organisation. Which means they can now invite you into membership. Being a member of Healthwatch Devon means you belong to the only independent consumer champion for all health and social care.

Membership is open to any individual or organisation who would like to see better health and social care services influenced by public involvement.

Being a member means you can:

- Become actively involved in championing the rights of service users and holding providers to account.
- Stand for election to the Board (if you are over 18 years of age).
- Have voting rights.

You must apply in order to become a member! - No matter how you have engaged with them previously - whether it's signing up to receive these

bulletins or volunteering - no one is a member yet. If you wish to become a member - you must complete a membership form.

You can apply online via the website www.healthwatchdevon.co.uk/member ship or you can get a form posted to you by calling 0800 520 0640.

Voting for the next Healthwatch Board Later this week they will be advertising for individuals to stand for our board of Trustees. This is in preparation for the inaugural Annual General Meeting taking place on 19th March 2014. In order to have a vote - you must be a member before the 17th February.

Clerk to the Council: A J Le Riche, DMS, 43 Salisbury Road, Exmouth, EX8 1SL, Tel 279665/ 07866 535580 clerk@lympstone.org

SATURDAY 15TH MARCH



Get lads and dads together and walk 10k for your local hospice, starting and finishing at Sandy Park, the home of the Exeter Chiefs. You'll enjoy a free pint, a pasty and three Six Nations matches, live on the big screen! For more information on the perfect lads and dads day out visit www.menswalk.co.uk

J.Hough@hospiscare.co.uk

PARISH CHURCH

Lent Lunches These frugal but ever popular lunches will be held, once again, in the Methodist Hall this year on Mondays from March 10 until April 7 - all in the village and beyond are welcome.

Lent Carbon Fast. The Lent Carbon Fast is part of the church's national 'Shrinking the Footprint' campaign which is concerned with our responsibility to care for creation and the environment. It urges people, schools and churches to try and reduce their carbon footprint by 40% during Lent. The PCC is looking at how the church might do this. One church member has come up with ideas for individuals: less heating, less lighting, more sweaters and more walking/running/riding/cycling /gardening etc.

Christian Aid also has ideas for Lent - count one's blessings (I think this means: and get on helping others and the community).

Church Flowers. Thank you for responding to the plea for more flower arrangers - 2 new recruits and 2 others are thinking about it.



Fair Trade Coffee Morning will be held at Clive and Jill Wilson's house, Orchard Cottage, Longmeadow Road on Tuesday 25 February 10am - 12 noon. Fair Trade goods will be on sale.

Everyone is welcome to come for coffee and the friendly company of others.

Confirmation There will be confirmation preparation sessions starting soon for any adults or young people in the mission community interested in being confirmed. The confirmation will take place on 18 May 2014, 4pm at Lymptstone Church. If you would like to know more contact Revd James Hutchings at the Parish Office 263681 or Revd Sid 274512, sid75@hotmail.co.uk or any member of the ministry team.

Library News Don't miss the opportunity this month to look again at the books of Brenda Courtie. Although very sadly Brenda is no longer with us her insightful books remain as a source of entertainment and inspiration.

Children in the Church Tick Tock Music runs Friday mornings 10.30-11.30 in church. There is a new primary home group called F4 (food, fun, faith and friends) meeting on 30 Jan 13 Feb 27Feb 13 March. If you'd like any more details please contact katherine.lyddon@gmail.com 07974 528880

Drop-in Coffee mornings new rota for 2014 – our monthly coffee mornings are held on the last Tuesday of each month. If you would like to host a coffee morning, please add your name to the list at the back of the church. Many thanks!



Quiet Prayer Time The next Quiet Prayer Time will be Monday 10 February at 9.30 in church, and is open to everyone. Please join us for half an hour of prayer, readings and quiet contemplation. For more information, or just a chat, please ring Demelza on 272243.

World War 1 This is advance notice that there will be a major National Commemoration of the start of the War on 4 August. The first memorial events will be at Glasgow Cathedral and Westminster Abbey from 10 and the final part of the day will be held at the War graves cemetery St Symphorien, Mons.



The whole nation is being asked to take part and there will be memorial services throughout the land. We are planning to hold one here in Lymptstone for the whole village as part of the national event. The Imperial War Museum will be refurbished and schools will visit the battlefields and other commemorative events.

For full details of Church events visit www.lymptstonechurch.org

Brian Mather

FROM THE EDITOR

TO ALL HERALD CONTRIBUTORS

As I am going to be away for much of March and the beginning of April it will be more convenient for those submitting articles for April's Lympstone Herald to send them, not to me at the usual email address (chriscarterathome@hotmail.com) but to lympstoneherald@gmail.com. For those that remember it, this is the same address which we used quite successfully when I was away a couple of years ago leaving Jan and Liz to put the Herald together.

If you would like to try this address out we would be very happy for you to use it for March's input.

Cheques for advertising, as usual, should be made payable to Lympstone Parish Council and sent to Hillcrest, Greenhill Ave, Lympstone EX8 5HW.

HIGHWAY PROBLEMS

Have you seen a highways problem near you, why not report it. Log on to Devon County web site www.devon.gov.uk look for "Report" on the home page and you can report any of the following. Damaged bus shelter, damaged bus stops, faulty cycleway, faulty manhole or drain cover, faulty road surface, fly posting or unauthorised signs, overgrown hedges or trees, overgrown weeds.

Chris Carter

TENNIS CLUB

Please save the date for our cheese and wine tasting evening on Saturday 22 March! More details to follow next month. Also our AGM will be held on Friday 7 March at 7.30 in the committee room in the village hall.

Liz Griffiths



LYMPSTONE POST OFFICE

For those of you who didn't know the Post Office has successfully relocated to the village store (formerly Londis) and we are delighted to tell you that we are now open as long as the shop is open, which is from 7am until 10pm seven days a week. Which means that anytime we are open you can - make cash withdrawals from the majority of banks, tax your car, pay bills by cash or debit cards, get foreign currency, with euros and dollars on demand and all other currency within 24 hours, and of course undertake all postal services.

Please come and use us and take a moment to meet the team. Thank you

Gillian Freeman.



MOBILE LIBRARY

Friday, Jan. 31, Feb. 14 &
28 and Mar 4. Usual
times at Meadow Close 10.50-
11.10 am Car Park 11.30 - 12.45



Devon Libraries have yet to confirm their proposal to change the service frequency from two weekly to four weekly. However, the proposal states that there will be no upper limit to the number of books or spoken word items you may borrow. The new timetables based on a mobile visit every four weeks will start from Monday 31 March. Timetables will be published in February and given out by the mobile library drivers, presumably at the next visit.

Diana Letcher

LYMPSTONE PLAYERS

At the invitation of the local branch of the British Legion, the Players are considering a Production this summer to mark the commemoration of the outbreak of World War One. This is still at 'the gleam in the eye' stage but is something we are very keen to do and ideally include some material which links to Lymptone or local families. If any one has any family or



local information on which we might be able to draw or knows of any publications or source materials which could be useful, please contact either Shirley (01395 265147 shirley@foodwithflair.co.uk) or Clive Wilson (264753; clivewilson264@gmail.com).

Shirley Wilkes

LYMPSTONE HISTORY SOCIETY'S

Next event will be an illustrated talk by Robert Hesketh on "The Place Names of Devon" on Thursday, 6th February in the Methodist Hall, Chapel Road at 7.30 pm. Tickets, £3 at the door. Robert has a wealth of knowledge and experience in the study of place names in Devon as well as in other regions. He has also published many books on the subject.



Diana Letcher

FRIENDS OF THE CHURCH LOTTERY

The lucky winner of the January prize draw (£25) was Bobby Brunt.



Clive Wilson

LYMPSTONE FILM SOCIETY

Your next films are a drama about Edwardian Cornwall - *Summer in February* on Friday evening 14 February (Village Hall, doors open 7pm, film starts 7.30pm, £5 if not a FilmSoc member) and the classic version of *Great Expectations* as our matinee on Tuesday 18 February (Methodist Hall, film starts 2.15pm; £3.50 including tea & biscuits).



Don Mildenhall

ART TALKS AND WORKSHOP

Rebecca de Mendonca will be running a Pastel Workshop focusing on various pastel techniques used in landscape, still life and portraiture on Wednesday 12 February. There are a couple of places left. If you are interested contact Mai Targett Tel 01395 271915 email maitargett@btinternet.com The workshop will run from 10am to 4pm and will cost £30



TALK -AN ARTIST'S JOURNEY TO EVEREST by Alan Cotton on Thursday 27 February.

Alan will talk about his journey and the paintings he completed when he accompanied explorer, David Hempleman-Adams, on an expedition

to Mount Everest. Alan sketched constantly along the way and from this he was able to create a thrilling series of works of Everest charting different times of day and reflecting dramatic changes in weather. Using a painting knife exclusively, Alan produced bold views of this awe-inspiring mountain with a deftness and variety of handling that transforms the picturesque into the dramatic. His soaring views are painted in immediately tangible strokes, using dazzling contrasts of colour. This talk will be held in the Function Room at the Village Hall 7.30pm Entrance £3 for visitors, free to members.

WEAVING PICTURES on

Thursday 13 March
Christine Sawyer will talk about her weaving techniques, her philosophy and how she uses weaving to create a variety of pictures Using examples and projected images, she will explore two series of work, one connected to The Eden Project in Cornwall, the other, which is her current obsession, the over manipulation of nature.



This talk will be held at 7.30 pm in the Methodist Church, Chapel Road, Lympstone. Entrance £3 for visitors, free to members. See our web site www.lympstone.org.uk for more details

Judith Carter

LYMPSTONE NEIGHBOURHOOD PLAN

Lympstone Parish Council has prepared a neighbourhood development plan, called the Lympstone Neighbourhood Plan, for their parish with the help of the local community. The plan sets out a vision for the future of the parish and planning policies which will be used to determine local planning applications.

The Plan can be viewed on the District and Parish Council websites and at Knowle and Exmouth Library. The consultation runs from 27 January to 10 March 2014.

If you would like to make a representation on this Neighbourhood Plan, then please send your comments by email to localplan@eastdevon.gov.uk or in writing to Claire Rodway, Planning Policy Section at Knowle. We encourage those responding to use a response form which is available on our website, by contacting the Planning Policy Section on 01395 571543 and at those locations where copies may be inspected. Further information can be obtained from Claire Rodway on 01395 571 543.

(Extract from East Devon Knowledge)

POLICE

On the 25 February a vehicle which was parked in Glebe Close was damaged and had items stolen from it. This



occurred overnight of the 25 January. If anyone has any information regarding this theft, please contact Police quoting KE/14/220. House to House has been carried out in the area and enquiries are continuing.

Parking in Lympstone is always going to be difficult due to the size of the village and the amount of car owners, which is forever increasing. I do try to work with residents and use a common sense approach, however, please can I ask that you assist me in this by being mindful about where you park and ensure you park considerately and are not causing an obstruction.

The Rural Neighbourhood Police team will be carrying out a number of operations throughout the year in various rural locations. These can range from speed awareness days to operations tackling scrap metal thefts and crime prevention.

*PCSO Sarah Trayhurn
sarahtrayhurn@devonandcornwall.pnn.police.uk General Enquires 101*

CONNIE MCCANCE

In the Autumn we took Connie to Scotland for a week to the only centre in Europe that specialises in working with children pre and post SDR. On the first day Connie couldn't take any independent steps. On the last day she took 10. We are now using the strength and conditioning programme that they

have given us as well as her physio programme, and focussing on balance and control for independent walking. We hope to take her back again twice in 2014. Connie isn't using a walking frame any more (admittedly we did leave it in Scotland accidentally...) and instead is walking with two sticks - a giant leap forward. Thank you so much everyone for your support.

Lucy McCance

EXE ESTUARY TRAIL PETITION

We now have 132 letters in support of the petition signed by 265 people, to request an off road route for the Exe Estuary Trail through Lympstone and will be delivering these to Devon County Council during February. If you didn't get round to writing a letter, the guidance notes are still on www.lympstone.org and an example letter in the newsagent. Just put your letters in the box in the newsagent and I will collect them before going to County Hall.

ACCIDENT REPORTING - There is a new book of accident forms in the Newsagent and I would encourage everyone who witnesses an accident, a near miss, dangerous driving or abusive behaviour to make a record of it. All accidents involving injury should also be reported to the police as soon as



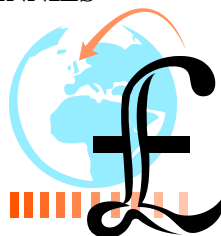
possible by phoning 101. During January, a relatively quiet month, there was only one report, which was made by a cyclist about a pedestrian walking out in front of him without looking.

If it is difficult to get to the newsagent, you can download a form from the website (www.lympstone.org) and complete it and send it to me as an email attachment to judith_carter@hotmail.com.

Judith Carter

WATCH YOUR PENNIES

George Truell, a regular Herald contributor, has written with some money saving ideas. Here is a selection.



Grow your own vegetables (even a small space will accommodate a few carrots). Walk or cycle as much as possible. Use your local shop (Lympstone has a thriving and sociable village store). The recycling centre is always worth checking for household and garden items. Always try to reduce energy consumption.

Abridged by Terrie Scott

(Do you have other money saving ideas that could print in future issues? Ed)

HELP US WITH OUR BIGGEST COMMUNITY BUILDING!

No, it's not another appeal for the Village Hall!

Do you remember how we celebrated in 2009 when the church tower was 600 years old? Our church has always been central in village life; not only marking the great festivals of the Christian year but also providing the place to which many of us turn for more personal reasons - to commemorate and remember the lives of loved ones or on happier occasions - weddings and christenings. It's the greatest and the grandest building we have.

The Friends of the Church is a village charity whose sole purpose is to raise funds to help maintain its fabric. You may know us because we organise the annual cricket match when the village team takes on the St Peter's School staff - our biggest annual fund raising event.

But we also run a Lottery where, for a mere £6 for 12 months, you have the chance each month of an enormous prize ! (well £25 actually but better odds than some other lotteries!). Someone may knock on your door this month or next asking if you would like to participate. I do hope you will.

It's great to have such a historic and beautiful building, but it's only there because over the centuries our predecessors have maintained it. So please help to ensure that it stays in

good condition for us to enjoy and to hand on in our turn. If you do not get a knock on your door but would like to join in, please be in touch with Clive Wilson (01395 264 753; clivewilson264@gmail.com) who will be glad to help you.

Remember, if you are not in, you can't win!

Richard Giles

LOFT CLEARANCE SALE SATURDAY 15TH MARCH, LYMPSTONE VILLAGE HALL



Do you have 'stuff' you no longer need? Do you want to be warm and dry instead of standing in a field? Hire a table for £5 and make some money. (Profits from table hire go to the Village Hall). Ring Jan on 270157 to book your space.

Jan Hardy

BEST KEPT VILLAGE COMPETITION Judging May – July

What do you see from your windows and gardens? Please remove any rubbish and weeds in your immediate vicinity. Any 'Black Spots' please contact Terri Scott scottswpf@tiscali.co.uk. Tel 227556



Diary Dates. Litter picking.
March 8th and April 5th
10.30 Village Hall Car Park
12.00 Coffee and cake!

Terri Scott

WI

Our February meeting took the form of two talks by Members. Win Martin gave us an insight into her time as a member of the Greater London Red Cross Blood Transfusion Service, when she was “on call” as a blood donor every five months for rapid response to several London Hospitals. Ann Briers told us about all the shops that were in Lymptone when she was a child: 17 shops, 5 pubs, 9 farms. One of the interesting things about Lymptone W.I. is that there are several members who have lived in the village all their lives and who have a fascinating treasure trove of memories to pass on.

We thoroughly enjoyed our tour of the Met Office on 1st February – an interesting and educational afternoon, including the chance to try our hands (literally!) at being weather presenters!



“Winter Warmers” lunch at Sailing Club on Tuesday, 25th February.
Visit to Quicke’s Dairy followed by pub lunch on Tuesday, 25th March.

Spring Council Meeting on 9th April – speaker will be Kate Humble from Spring Watch etc.

The speaker at our next meeting will be Mrs Miranda Allhusen from the National Gardens Scheme. A timely talk with the new season of open gardens about to start. If you are interested, do come and join us on Wednesday, 5th March, at 2.30 p.m. in the Committee Room of the Village Hall. Further information is on our dedicated website link on www.lympstone.org (Social section) or phone Diana de la Rue on 01395 274099.

Heather Stratford

DIGGING FOR OXFAM

Garden/allotment digging £10 an hour.
everything earned goes to Oxfam
01395 276 569

DISCLAIMER

This news letter is compiled from emails sent to the editor by numerous people and very little of the information is checked before publishing which is done in good faith!

Chris Carter, Editor



Treat yourself to Pilates

**Before school pick up time
Lympstone Methodist Chapel**

Mondays: 2.15 - 3.15pm

Or after work

Exton Village Hall

Thursdays: 6 - 7pm

Beginner / Intermediate

Pre-booking is essential

Email: abbie@pilates-sessions.co.uk

Pilates focuses on good movement
and posture. You will tone up and
improve your flexibility.

Trained with **Body Control Pilates** and
The Register of Exercise Professionals.

Smaller classes, tailored to you.

Price per class: £8.50

(booked in blocks of 5/6 weeks)

www.pilates-sessions.co.uk

07870 862139

LDGW GARDEN WASTE COLLECTION SERVICE 2014

Starts MONDAY 24TH MARCH Finishes MONDAY 10TH NOVEMBER

NO increase in subscription AGAIN this year!!

3 BAGS per week.....£25 per annum

6 BAGS per week.....£36 per annum

9 BAGS per week£45 per annum

12 BAGS per week£55 per annum

Larger quantities will be individually quoted on

COLLECTION DETAILS

Name.....

Address.....

Contact No(s).....

Number of bags per week and amount enclosed.....£.....

Please complete the above and send with payment by cash, cheque or internet banking (email for details) to the address below or to the Post Office counter in the Village Store.

PLEASE NOTE

Only red bags as supplied by LDGW will be collected

Bags that contain soil, roots, plastic, stones OR ARE TOO HEAVY will be left

Bundles must be securely tied

Please leave a brick or large stone close by to stop the bags blowing away

Commonsense and respect on both sides must prevail to ensure the service is run smoothly.

Many thanks for your valued support

**Chris Barnacle –2 Bass's Cottages, The Strand , Lymptone EX8 5ET
01395 274224 or 07539 897057 Email - Barnacle914@btinternet.com**

EXE-GAS



Plumbing & Heating
Boiler breakdown & service
New installations
Fires & cookers fitted & serviced
LPG systems
Plumbing
Home. 01392 877345
Mobile. 0787 1621157

**SPECIAL INTRODUCTORY
OFFER!**

FULL BOILER SERVICE - £50

LUSH HAIR STUDIO

Opening times - Tuesday to
Friday 9 to 5.
Thursday late night until 7pm.
Saturday 9 to 1pm.
Walk Ins welcome.
For an appointment call
01395 274089

Qualified Bookkeeper

available for bookkeeping
work, year end accounts,
self assessment, VAT
returns. Tel 01395 263280

Chris Cheverst

M&bility

01395 200 882

79 Exeter Road
Exmouth. EX8 1QD



Home.

There's no place like it.

Home Instead
SENIOR CARE
To us it's personal™



Services include:

- Companionship
- Light housekeeping
- Local transportation & errands
- Meal preparation
- Respite Support
- Convalescence support
- Shopping
- Personal care
- Specialist dementia & Alzheimer's care and much more...

Being able to live at home can be one of the most important comforts in an older person's life and because family and friends can't always be there, Home Instead Senior Care are here to help.

Our Caregivers take great pride in helping clients to lead a more comfortable and confident life and offer a variety of services tailored to their individual needs.

From just an hour a day, to full time care, our international award winning services are available 24 hours a day, seven days a week.

Call us on 01395 200600

**1 Brook House, Brook Road, Budleigh
Salterton, Devon, EX9 6AY**

Specialists in providing older people with non-medical care in their own homes.

www.homeinstead.co.uk/eastdevon

HOME INSTEAD SENIOR CARE

The world's leading homecare provider, is expanding its services in the Lympstone area. From a couple of hours a week to 24 hours a day, Home Instead Senior Care's services are designed for adults who desire help to live independently in their own homes. Services can include personal care such as assistance with bathing and dressing, home help, shopping and meal preparation duties, and companionship services that can involve everything from escorting clients on visits or appointments to simple conversation and good company. Winners of the National Dignity in Care Award, Home Instead was also recently named as the "Top Home Care Provider in England" based on CQC Inspection Reports, and is the only homecare provider in the UK with City & Guilds accreditation for dementia with specially trained local caregivers. Phone 01395 200600 or visit www.homeinstead.co.uk/eastdevon

Mark McGlade

THE GLOBE INN

THE STRAND LYPSTONE 01395 263 166

Treat your loved one this Valentines with our special heart warming menu. - 3 courses for £25 per person

INCLUDING A FREE BOTTLE OF HOUSE WINE TO SHARE

(Full menu also available)

5% discount on table bookings of 4 or more people

LIVE MUSIC

Fri 7th – The Peaceful Hooligan, *on his return from touring with The Pogues*

Fri 14th – The Late Shift, *bring your beau for a night of beautiful sweet music*

Fri 28th – Lympstone's very own Richard Hawes!

SPORTS..... WHAT SPORTS???

Well of course it's the 6 nations!!!

We are showing every live game with a whole host of treats for you including our fabulous raffle in conjunction with Otter Brewery to

Win tickets to the Exeter chiefs!

Saturday the 8th the “4 nation's pipers” are here to keep you entertained.

“HAPPY HOUR” £3 a pint on all pints 1hr before each England game

All major sporting events shown on SKY SPORTS & BT

SPORT at Lympstone's true sporting venue

FEBRUARY SPECIAL OFFER:

£5 off any 2 course meal for 2 on presentation of this advert

Offer available Lunch & Evenings Monday to Saturday On bookings only & excludes Valentines. 1 voucher per couple, photocopies will not be accepted.

FOOD SERVED

Monday to Friday 12 – 2, & 6 – 9, Saturday all day from 12 till 9

Sunday Lunch Only £7.95 or 2 courses for £9.95 served all day from 12 till 8

COMING SOON.....

Casino Night, Wine & Cheese tasting event, fabulous live music from bands & artists new to The Globe Inn & much much more.

Why not follow us to keep up to date with our events & special offers.

FOLLOW us:



The Globe Inn



@GlobeInnLymp



Open the door
to your property's
potential...



The Wilkinson Grant & Co Open House campaign is proving a great success, with many properties attracting more than 20 viewings in just 90 minutes and in some cases multiple bids on the same property. If you are interested in selling, contact us now for more details.

Call 01392 875000

www.wilkinsongrant.co.uk



Rob Hilton Architecture

Your Local Architect



We offer a personal, creative and professional design service for your project.

- Design expertise
- Planning applications
- Building Regulations documentation
- Detailed drawings
- Construction co-ordination

Call for a **free initial consultation:**

01395 224 829

www.robhilton.co.uk



DOG GROOMING

Kind & Qualified Groomer.

Commissions for PET



PORTRAITS

in pastel also undertaken.

Make Superb Presents.

(Examples of work can be viewed).

Tracey Crompton, Greenways,

Courtlands Lane, Lympstone.

Tel: 01395 272815 /07973 986 268.

IAN L MOIR

PROPERTY MAINTENANCE

Painting, decorating, pressure washing, window and gutter cleaning, fencing, decking and much more. All jobs to keep your property in tip top condition. I am Lympstone based and offer free no obligation quotes.

Contact Ian on (home) 01395 263 716
Mobile 07702 804537

LUSH HAIR STUDIO Our opening times are Tuesday to Friday 9 to 5 and Saturday 9 to 4. Walk Ins welcome. For an appointment call 01395 274089

PROPERTY MAINTENANCE – James Waddell Interior & Exterior, Carpentry, Flooring, Fencing & Gates, Plumbing, Decking, Bathrooms & Kitchens, General Repairs. Free advice & Estimates. 01395 263496

CARNIVAL HOUSE FANCY DRESS 5 Exeter Rd, Exmouth EX8 1PN Phone 01395 224664

60P FOR A LINE HERE

QUALIFIED BOOKKEEPER available for bookkeeping work, year end accounts, self assessment, VAT returns. Tel 01395 263280

ENGLISH TUITION: Experienced English Tutor available to teach English, Literature, Essay Writing and Study Skills at GCSE level and beyond. Tel: Sharon Wayland on 274551.

PRISTINE CLEAN - Domestic ironing and cleaning services. Local lady. Call Niki - 01395 740727

FOOT HEALTH PRACTITIONER - Lindsey Waddell MAFHP. Nail Cutting and Treatment of Corns, Callus and Verrucas. Home Visits. 01395 263496

CLOCK REPAIRS

Terence C. Matthews - Horologist
Westminster Chimes
Wall Clocks
Grandfather / Grandmother Clocks
Dial Clocks



Long Case Clocks
Carriage Clocks
Free estimates and house visits
Tel: 01395 273563

Find some winter sunshine!
Comfy casa near the Costa Blanca, Spain

Peaceful, two-bedroomed home. Roof terrace, gorgeous views, communal pool and tennis. Beaches, cycling, golf, hiking and more. Suits all ages. Flights from Exeter & Bristol

Lympstone residents 15% discount
Tel: 07986 607610
www.algorfaholiday.com

FOOD WITH FLAIR CATERING

Small and Large Events -
Menus to Suit your Budget
Telephone Shirley or Michael
on 265147 or see our Website
www.foodwithflair.co.uk

ELECTRICIAN

Specialising in domestic work;
happy to do small jobs.

Call Simon on: 07985 963075

**COMPUTER
REPAIRS**

**ELECTRO
COMPUTERS**

NO FIX - NO FEE

01395 548151 / 07944 051987



Peter J Acca

Carpenter/Joiner
Specialist PVCu
Window Repairs
Replacement double glazed sealed units
01395 489791
07801365097
Let me make your old windows like new

PROPERTIES WANTED!

A continued increase in bookings means we are looking for more holiday letting properties to add to our portfolio:



EATON-TERRY CLARK
EXMOUTH HOLIDAYS

HELPING TO MANAGE YOUR PROPERTY MORE EFFICIENTLY

HOLIDAY LETS

RESIDENTIAL LETS

BLOCK MANAGEMENT

Tel: 01395 269955 Email: info@exmouthholidays.co.uk

www.exmouthholidays.co.uk

Members of ARLA and ARMA



DustAway



All Work and no play, we are here to help

Friendly Efficient Cleaning Service

Lympstone Based

Weekly, fortnightly, monthly

One off cleans ie moving house, holiday lets,

End of tenancy cleans, just redecorated or a spring clean

We also offer an ironing service

All materials supplied. Fully insured

Please call Tracey 07727168817 or Jill 07818484864

www.dustaway-cleaning.co.uk

SMALL ADS

EXE SALMON FRESH OR SMOKED Reasonable prices 07593 697469 chadfish@hotmail.co.uk

LYMPSTONE GREETING CARDS AND POSTCARDS

Scenic photographs of your village - from the harbour, boats and washing-lines.....to sunsets and Lympstone Life! Available from Post Office or Frances Longhurst 263495

PREGNANT? Experience the magic of birth: release fear and tension, remain conscious, deeply relaxed, in control. Hypnobirthing antenatal classes: for more info phone 01392 412767 or see libbyclaphamhypnotherapy.co.uk

PICTURE FRAMING. For all your framing requirements; also frame restoration & chair caning. Caro Ambridge 01392 877460, Topsham.

DAWN 'TIL DUSK

Creative Gardening service Routine maintenance, Designs & Creates. 0786 6566 883 dawnc@live.co.uk

SIMON QUICK THE LOG MAN

For all your log, coal, kindling & gas supplies Tel 01395 267490

PIANO with a VIEW Lessons for all ages, beginners and improvers, "purely for pleasure" and ABRSM exams to Grade 8. Theory to Grade 5. Tel: Judy Joss (BA Mus, Dip Ed) on 222749

MATHS TUITION Experienced tutor available to teach primary to GCSE level maths. Reasonable rates Tel: Jane Moffatt on 279952

SCIENCE TUTOR Qualified teacher available for GCSE and A level science tuition. Karen on 07807474183 or email karentrice36@yahoo.com

ACCOMMODATION

WITHALL'S HOUSE BED AND BREAKFAST. A modern and spacious home close to the heart of the village. Ample parking and flexible accommodation. Call Pete and Jan Hardy on 01395 270157 Or visit www.lympstonebedandbreakfast.co.uk

Advertise here for just 60p a line

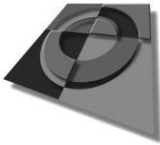
WHAT'S ON

FEBRUARY

- 7 Peaceful Hooligan@The Globe
- 8 Rugby - Ireland v Wales
- 8 Rugby – Scotland v England
- 8 Village Concert
- 9 Rugby – France v Italy
- 12 Pastels Workshop
- 14 The Late Shift@The Globe
- 14 *Summer in February*
- 18 *Great Expectations*
- 21 Rugby – Wales v France
- 22 Rugby – Italy v Scotland
- 22 Rugby – England v Ireland
- 25 Fair Trade Coffee Morning
- 27 Talk on Everest by Alan Cotton
- 28 Richard Hawes@The Globe

MARCH

- 5 WI
- 7 Tennis Club AGM
- 8 Rugby – Ireland v Italy
- 8 Rugby – Scotland v France
- 8 Litter Picking
- 9 Rugby – England v Wales
- 9 – 15 Guided prayer
- 13 Talk on Weaving Pictures
- 15 Loft Clearance Sale
- 15 Hospiscare-Mens Walk
- 15 Rugby – Italy v England
- 15 Rugby – Wales v Scotland
- 15 Rugby – France v Ireland
- 22 Tennis Club Wine and Cheese
- 24 Compost collection starts
- 26 Talk Devon Gardens



Optima Graphics

Topsham Ltd

silk screen, digital & litho printers

*We provide a high quality, good value
and prompt printing service.*

Silk Screen

Vinyl Stickers
Estate Agent Boards
Printing on:
Metal, Acrylic,
Plastic, Wood

Large Format Digital

Banners
Display Panels
Window Graphics
Pull-up Display Stands
Magnetic Vehicle signs

Litho

Brochures & Leaflets
Stationery
Labels & Invitations
Pads
NCR sets

T: 01392 873822

E: sales@optimagraphics.co.uk W: www.optimagraphics.co.uk

20b High Street, Topsham, Exeter, Devon EX3 0EA