THE LYMPSTONE HERALD

Mar 2014

Volume 37, Number 8

50p where sold



EXE ESTUARY TRAIL PETITION

A petition of 265 signatures and 132 letters were delivered to Devon County Council on 12th February. All those people who wrote letters have been sent a standard reply from the Head of Planning, Transport & Environment at DCC. This letter is disappointing because it just tells us information that we already know. On the positive side, it says that they "have established a working group to investigate options to improve the environment in Lympstone relating to the Exe Estuary Trail" and that they "will seek to clarify the position regarding land ownership in relation to the off road option along the railway line". The letter also refers to the meeting with the Parish Council scheduled for 19th March. However, there are many points that DCC has not addressed. In view of this, we have written a follow-up letter requesting a

much detailed In more response. summary, this focuses on:

(1) The fact that DCC's decision to route the EET on the roads through was made Lympstone without detailed investigation of alternative options (or clear communication of these options to village residents), without safety audit assessment of the on-road (despite safety concerns being raised), contrary to the recommendation of the Parish Council, and based on incorrect information provided bv representative of DCC concerning the completion of a safety audit (they told the Committee that an audit had been completed when it hadn't). Cont

Clerk to the Council: A J Le Riche, DMS. 43 Salisbury Road, Exmouth, EX8 1SL, Tel 279665/ 07866 535580 clerk@lympstone.org (Tony being absent, we have replaced him with a piece by EET whom the PC supports. Ed)

Editor: Chris Carter, Tel 274104. Copy editor – P Acca Deputy Editors - Caron Winter, Terri Scott & Jan Teague, Advertising - Liz Griffiths Lympstone web site – www.lympstone.org

Copy deadline for the next issue – Tuesday 8th April 10 am Copy by e-mail, if possible to chriscarterathome@hotmail.com Or (BETTER) lympstoneherald@gmail.com The Editor at Hillcrest, Greenhill Ave, Lympstone, EX8 5HW

Distribution by the Telfers, Tel 272275 and others

Cont

- (2) Our belief that DCC is failing in its duty on road safety by taking little regard of information provided by village residents about accidents and near misses (not conducting appropriate investigations and not taking appropriate measures to prevent accidents).
- (3) DCC's reasons for rejecting the off-road route are weak, so we have requested further information for the reasons listed in their letter of 24th February. For example, following recent detailed consultation with Network Rail we now know that the original estimate for constructing the off-road route was relatively low; the route is technically feasible; there do not appear to be any complicated landownership or land use issues: and the number of objections to the off-road route at the planning stage was low.

Our objective is to ensure that DCC acknowledges the errors made in the planning process and their legal responsibilities, and commits developing an additional off-road route for the EET. We believe that central government funding is available (through sustainable transport funds), and it would not affect local budgets.

More individual letters to DCC (in response to their letter dated 24th February) would help, so please write if you have time. If possible, please give us a copy so we can keep track of

communications - either to judith_carter@hotmail.com, or by hand (leave a copy in the Newsagent if that is more convenient).

Finally, please remember to record any accidents, near misses or incidents of road rage in the book at the newsagent or print a form from www.lympstone.org and email it to me judith_carter@hotmail.com

Judith Carter Chair, Trail Action Group - Lympstone

PARISH CHURCH

LENT Ash Wednesday marks the beginning of the penitential season of Lent, the 40-day liturgical period of prayer and fasting or abstinence, when our focus turns towards the cross as we prepare to celebrate Easter. preparation for the fasting people emptied their larders, hence the eating of large quantities of pancakes on Shrove Tuesday. The following day, Ash Wednesday, derives its name from the practice of placing ashes on the foreheads of the faithful as a sign of mourning and repentance to God. The ashes used are from the burning of the palms from last year's Palm Sunday.

LENT LUNCHES The Lent Lunches this year commence on Monday March 10th and continue for the next four Mondays, March 17th, 24th, 31st and ending on Monday April 7th. The usual Home-made Soup, Bread & Cheese

with apples. Lunch served from 12 noon until 1.30 pm in the Methodist Hall, Lympstone. Everyone welcome, we look forward to seeing you. Price £3.50.

LENT CARBON FAST In partnership with Tearfund, the Anglican Dioceses of the South West are responding to the climate change challenge of bv encouraging church members and congregations to reduce their carbon emissions by up to 40% during Lent 2014. Most scientific opinion states firmly that global warming is one of the main challenges of our day and that already communities and countries are facing disastrous consequences. This is a matter for all who believe in a God of love, justice and peace.

LENT COURSE The theme this year is the Lord's Prayer, on Tuesdays from 7.15 pm beginning on the 11th March for 5 weeks and a final party on Saturday 26th April, all at Holy Trinity, Exmouth.

LENT REFLEXIONS See the 'Count your blessings' Lent Calendar on www.christianaid.org.uk

EASTER Full details of Easter services (20th April) will be in next month but, for now, please note the Palm Sunday procession through the village on 13th April which arrives at church in time for the 10 am service with the reading of the Passion Story.

EASTER LILIES If you would like to buy a lily in memory of someone, to be displayed in church for Easter, please

sign up on the list at the back of the church. Envelopes are available for your contribution which should be placed in the usual service collection through Glenhaven Cottage bag or letterbox (next door to the church.). Please do not put envelopes in the donation box in the porch as they block it up and some were pulled out and unLympstone a very occurrence! Do also come into church to spend time in memory of loved ones and enjoy the display of flowers this Easter.

CONFIRMATION There will be confirmation preparation sessions starting soon for adults and young people. Confirmation to take place 18 May 2014 at Lympstone Church.

If you would like to know more contact Revd James, Parish Office 263681 or Revd Sid, 274512, sid75@hotmail.co.uk or any member of the Ministry Team

QUIET PRAYER TIME The next quiet time will be held at 9.30am on Monday 10 March. It is open to everyone. Please join us for half an hour of prayer, readings and contemplative reflection.

We meet regularly on the second Monday of each month, and always welcome newcomers. For more information, or just a chat, please ring Demelza on 272243.

JUNIOR CHOIR We need more children for the junior choir – we meet once a week for a lively, fun time

learning new music of varying styles. If you know any boys or girls aged from 8 years upwards who are keen on singing, please complete one of the forms you will find on the table at the back of the church, or ask their parents to contact organist Philip White, me: and choirmaster,

ANNUAL CHURCH MEETING The Annual Parochial Church Meeting (APCM) will be on Sunday 6 April, 11.15am in church. There will be vacancies on the PCC and Deanery Synod as it is now current practice to serve for only three years without having a break. This gives opportunity for new people with fresh ideas to be involved in the running of the church. If you are interested or would like to know more, without any commitment, please see Jill Wilson, Secretary (264753)

CHURCH ROLL Revision of Church Electoral Roll - In preparation for the APCM the Church Electoral Roll must be updated. Please check the copy of the roll on the notice board at the back of the church. If your name and details are correct there is no need to do anything. If you wish to add your name to the roll, please collect an application form from the back of the church. The roll must be completed by Sunday 16th March. Diana Winterforde-Young. Electoral Roll Officer

WEBSITE Mission Community Website - we now have a website for our Mission Community and its three Brian Mather

churches. It does not replace the Lympstone church website which is still managed by Pete Simpson; it will have a direct link to it. It does, however, replace the old Holy Trinity and Littleham one. The new website, www.exmouthcoastalchurches.org.uk has an attractive design and is easy to use. The three churches are pictured in sequence - just hover over Lympstone church and see what it has to say, and follow the links. Do check it out.

LEE ABBEY Mission Community weekend away at Lee Abbey on the North Devon coast - this will take place 7-9 October in 2015 but a deposit of £25 p.p. is needed by this coming Easter. It is hoped there will be sufficient people from the Mission Community to occupy the whole building. If you haven't been before, do speak to someone who has - Jill Wilson, Mary Blair or Geoffrey Wrayford, or others.

CREDIT UNION The Archbishop of Canterbury, Justin Welby, is very concerned about the level of debt from very high interest charges made by 'payday' load companies. We are being asked to support Credit Unions. The Exeter Diocese is fully supporting this through 'Plough and Share.' There is insufficient room here to give full details but they are available from the 'Net' magazine (in paper from church or exmouthcoastalchurches.org.uk

MP's VISITS

Hugo Swire visited Pretty
Corner on the 20th Feb, at
very short notice, to look at the
problems in getting the various
authorities to agree a course of action.
He spent an hour looking at the various
causes of the flooding and promised to
expedite the matter.

Brian Cotton

The Trail Action Group met with Hugo Swire on the 7th February to discuss the need for an off road route for the Exe Estuary Trail through Lympstone. He undertook to write to Devon County Council supporting our request

Judith Carter

THE MILL FIELD AND COPSE

There are three rights of way through our field and copse in the front of the Mill, the copse being planted in 1970. The trees have to be looked after and the undergrowth cut back. We had just done that to make way for daffodils and bluebells. As a result there were half a dozen 4 foot lengths of trimmed logs propped against one of the gates awaiting collection. Not for long! They were all taken bar one. Another time a pile of sawed wood was taken from outside the shed which must have

involved a car to carry a heavy load away. One more incident:

The Highways Authority put a 3 foot post with arrows showing the footpath through the kissing gate nearest the shed. Three days later it had gone.

This is either a mistake on someone's part or stealing from an area we look after for everyone to enjoy.

Susan Goddard

CHEESE AND WINE TASTING

Tickets are now on sale for a fun evening of wine and cheese tasting on Saturday 22 March in the village hall.

Last year's event was a sell out and priced at just £15 your ticket not only includes the cheese and wine tasting but also a delicious supper. Come on your own or book a table with friends. For more information or to reserve your tickets/table please call Jill Dixon: 224774 or Liz Griffiths: 227536

Liz Griffiths

HEATHFIELD ALLOTMENTS

The waiting list for an allotment is much reduced. If you are interested in having a plot, now is a good time to contact me for an application form.

Diana de la Rue (274099)

FLOOD DEBRIS

A large number of objects get washed down the stream from gardens adjacent to the brook, (Strawberry Hill, Grange Close) these include a large ball, plastic sheeting, Tarpaulin, dustbin lids etc Any of these can block the culvert and cause properties to flood. If you live by the brook please ensure items in your garden are secure.

Brian Cotton

LYMPSTONEVILLAGE WEBSITE

I am working on the Lympstone Village Website to ensure it is up to date and to add new content that would be interesting and relevant to the village. If you see anything on the website that needs updating or could be improved, please let me know.

I would also be interested to hear any ideas for changes or improvements that you may have, to make it a dynamic and useful source of information for all. Please contact me on update@lympstone.org or call 01395 489506

Mark Reynolds

TIME AND TIDE

The Lympstone Flood Defence Scheme has been in place for nine years and during that time the Village Volunteer Flood Wardens have managed the defences in partnership with The Environment Agency.

The defences were severely tested during a number of events during January and February. These were the first occasions where Estuary water has breached the walls and gates.

Widespread use of sandbags was required and pumping was necessary to protect a number of properties on the Estuary side of The Strand. For a number of days of relatively modest forecast tides the combination of wind and tide became very unfavourable and water 'topped' over' in three locations driven by extreme high winds and tidal surge conditions.

The Environment Agency were on site during all the critical events and supplied extra staff and supplies very rapidly at very short notice.

Follow up actions, again coordinated by The Flood Wardens are underway to address some identified weaknesses and secure the future as best we can.

The amount of energy in the climate and tides this year suggests that it would also be wise for householders in the areas most at risk to make sure that they are prepared for future events, such as by having floorboards to hand and by continuing to keep up to date with flood warnings.

Alan Burton Flood Warden Coordinator

LOFT CLEARANCE SALE. SATURDAY 15TH MARCH

Come and grab a bargain from 18 different stalls. At the Village hall from 10am - 12.

Jan Hardy

MANAGING STRESS AND ANXIETY



Dr Jane Aitken, GP . Cathie Freeman, Psychological Therapist

Lympstone Neighbourhood Health Watch are hosting a meeting on 10th March 2014 at 7.30pm in the Upstairs Meeting Room at The Redwing Inn, Church Road, Exmouth **All welcome to**

attend this free event

Event supported by Lympstone Neighbourhood Health Watch and The Redwing Inn

Dr Jane Aitken

TODD GRAY IS BACK!

On Wednesday 26 March Dr Todd Gray makes a welcome return to Lympstone to talk about 'The Art of the Devon Garden'- the title of his latest book. Commissioned by the Devon Gardens Trust, Todd tells the richly varied history of Devon's gardens and garden styles through eight centuries, as illustrated and illuminated by Devon artists and craftsmen and shaped by the wishes of their owners.

Todd is a Research Fellow at Exeter University and the author of more than 40 books on the history of Devon, The Garden History of including Devon. He is also a most entertaining and engaging speaker. The Lympstone History Society and the Lympstone Historic Houses Group are delighted that Todd has accepted our joint invitation to talk to us. We know from experience that it will be 'a night to remember' so please do join us – doors open at 7.00pm for a 7.30pm start in the Village Hall. Admission £.3.00, including tea/coffee and biscuits.

Copies of Todd's beautifully illustrated new book will be available for sale, price £24.

Clive Wilson

FRIENDS OF THE CHURCH LOTTERY

February's winner of the £25 prize was Mrs Maggie Lane.



LYMPSTONE ART GROUP WORKSHOPS AND TALKS



Last month's Pastel Workshop had rave reviews and the talk on "An Artists Journey to Everest" by Alan Cotton was excellent. Alan covered a lifetime paintings including his paintings of Everest. These exhibited and sold through his London Cork Street Gallery for, in some cases, over £20.000 each. was Alan wonderful speaker, who had lots of anecdotes about the places he had visited and painted and the people who gave him commissions. He went to Sri Lanka with the Prince of Wales and has also been assisting HRH in developing his skills in oil painting. Alan's slides of his paintings were stupendous with wonderful detail and colour. Many of his paintings are over 6 foot high, and all are created using a palette knife only.

This month we have talk on March Weaving Thursday 13th Pictures" by Christine Sawyer. Christine will talk about her weaving techniques, her philosophy and how she uses weaving to create a variety of pictures. Using examples and projected images, she will explore two series of work, one connected to The Eden Project. She has many international commissions for her work.

We also have a talk on Thursday 27th March "Framing Mounting and Pictures" by Phil Evens Woodbury, who has been framing pictures for 30 years. He will give an informal presentation on framing and mounting pictures. He will bring samples and answer questions on framing and mounting. Bring a piece of your own work with you and get his advice on the best way to present it.

Both talks will be at 7.30pm in the Methodist Church, Chapel Road, Lympstone. Free to members. £3 to visitors. All welcome

Judith Carter

LYMPSTONE FILM SOCIETY

The Film Society's March films:

Oh Brother Where Art Thou? - The Coen Brothers' picaresque musical comedy inspired by The Odyssey. At the village hall on Friday March 14th. Doors open 6.45pm, film starts 7.30pm. Bar and ice creams. Free to members; £5 on the door for non-members.

Our last matinee of the season on Tuesday March 18th at the Methodist Hall is The Way We Were (1973). Robert Redford and Barbara Streisand star as mismatched lovers. £3.50 including tea and biscuits. Doors open at 2pm.

Don Mildenhall

LYMPSTONE GARDEN CLUB

On Wednesday 30th April we will be popular Gardeners' having our Ouestion Time in the Function Room once more. Our panel consists of Mick Cornish, Sheila Parker, Keith Exelby and Janie Burton – four local gardeners and/or allotmenteers who have kindly agreed to share some of their considerable knowledge with us. We will be inviting you to submit your questions in writing when you arrive to enable us to group them into subjects. If you have not done this before your arrival, we will have pen and paper available. We will be starting at 7.30, but you may wish to get there a little earlier to have your question recorded. Don't miss this thoroughly enjoyable evening.

Due to the May Bank Holiday and subsequent later publication of the Herald, please also put in your diary NOW that we shall be holding our Annual Coffee Morning on Saturday 10th May in the Methodist Hall from 10 till 12. This is always a very social occasion which some people have told us they consider marks the beginning of "the season" in Lympstone! Your £1 entry fee will also entitle you to tea or coffee. We shall be selling top quality supplied Lympstone plants bv Nurseries and also plants donated by our loyal supporters. Home made cakes and other produce will also be

available to buy. Please come and join us!

Viv Day

THE OWL AND THE PUSSYCAT PLAY READING FOR YOUNG PEOPLE

On Sunday April 27th at 2.30 in the Village Hall Lympstone Players are holding a Play Reading Fun Afternoon especially for the under 16's. We also welcome older brothers and sisters as well as parents to join in. There are some wonderful characters in this wonderfully light hearted play based on the classic poem by Edward Lear. We need young people (and some adults) to read various parts such as the Owl, the Pussycat and a variety of interesting characters such as the Quangle Wangle, the Runcible Spoon, the "Pig with a ring through his nose", the Jumblies, the Plum Pudding Flea and many This is going to be the first of others. Play Readings to encourage more youngsters to join us, not just for our annual Christmas Production, but throughout the year. You do not have to have been involved in any of our previous Productions or to be a Players Member, so Please contact Shirley Wilkes on 01395265147 or e.mail Shirley@foodwithflair for further details and a look at the script.

Shirley Wilkes

LYMPSTONE PLAYERS

WI

Are you Waiting in the Wings?

We need help for our next Christmas Pantomime Production of "Sleeping Beauty" to be performed on the 4th, 5th & 6th December 2014. Sophie Lupton is our new young dynamic Director for this Production and needs Cast as well as Backstage and Front of House help. Auditions for a Cast of all ages will be held in the Village Hall on Thursday 3rd July from 5.30 - 7.30pm. and Saturday 5th from 10.00 am until 12 noon. If you can act, sing or dance (but not necessarily all three!) please contact Sophie or Shirley.

Before we audition in July we need

help Behind the Scenes now! We most anxious to some new and



younger faces into our Production Team. If you have some spare time, do not wish to perform on stage, but would like to join our Production Team please contact us. We need assistance for every aspect of this Production from Props & Wardrobe to helping with Music and Dance, so if you can help or know anyone who can please contact us on 01395 265147 or e.mail Shirley@foodwithflair.co.uk or 07540664556 or Sophielupton2014@hotmail.co.uk

Shirley Wilkes

The speaker at our lively March meeting was Mrs Miranda Allhusen from the National Gardens Scheme Their area "Yellow Book for Devon" is currently available each year at numerous outlets.

21 of us enjoyed the "Winter Warmers" lunch at the Sailing Club on 25th February - excellent food, good company and beautiful estuary views.

There will be a visit to Quicke's Dairy, Newton St Cyres, on Tuesday, 25th March, followed by pub lunch. On the same evening it is our Spring Group Meeting at Withycombe Raleigh Village Hall, then WI Performing Arts Day at the Barnfield Theatre on 29th March and the Spring Council Meeting at Torquay on 9th April when the guest speaker will be Kate Humble from Spring Watch etc.

There are many interesting WI outings organised by Devon HQ as well as our own. The WI really does have a lot to offer so why not come along to one of our meetings? The next one is our Annual Meeting on 2nd April at 2.30 in the Committee Room of the Village Hall with discussion on the Resolution chosen to go forward to the National AGM at Leeds and a light-hearted quiz about Lympstone. Further info available on village website or contact Diana de la Rue (01395 274099)

Heather Stratford

Best Kept Village Competition 2014

As you may know, Lympstone has been entered for this competition. The object of the competition is to encourage villages with a real sense of community to improve their local environment by caring for buildings, clearing litter and promoting schemes to improve the general appearance of the area as well as develop, enhance and sustain village amenities. Please note that the judges will not be looking for architectural merit, prettiness or an abundance of flowers, but for villages which do the best with what they have.

The judges will visit Lympstone at any time between **May and July and will come unannounced on an undisclosed day.** They will be judging the village on the following criteria:

- General tidiness and absence of litter.
- 2. Condition of houses, gardens, allotments, hedges, walls and fences.
- Condition and cleanliness of public halls, sports pavilions, sheds, bus shelters, telephone kiosks, public toilets and noticeboards.
- Condition of village greens, playing fields, schoolyards, public seats and car parks.
- 5. State of footpaths, stiles, field gates, signposting, ponds and streams.
- Condition of churchyards, cemeteries and war memorials.
- Condition of commercial and business premises, such as B&Bs, restaurants, cafes, pubs, shops, including advertising and signage.
- Initiatives in the care and enhancement of village amenities,
 e.g composting, recycling, public planters, beds and gardens;
 and facilities or initiatives for children, young people and the elderly.
- Evidence of good village communications: Noticeboards which are easy to read and up-to-date. Quality of village website and village magazine information.
- Evidence of community spirit.

So, are we ready? Are we doing our best?

LITTER PICK DATES: 8TH MARCH, 5TH APRIL.

Meet Village Hall car park 10.30, coffee and cake 12.00midday

For further information, contact Terri Scott on 227556, scottswpf@tiscali.co.uk or Sharon Wayland on 274551, sharonwayland@yahoo.co.uk





THE STR AND LYMPSTONE 01395 263 166

Open 7 days a week from 12 till late FOOD SERVED

Monday to Friday 12 till 2, & 6 till 9 Saturday all day from 12 till 9 Sunday Lunch only £7.95 or 2 courses for £9.95

Served all day from 12 till 8 (specials boards also available) THE HOME OF SPORTS & LIVE MUSIC IN LYMPSTONE SERVING EXCEPTIONAL RESTAURANT QUALITY FOOD AT PUB PRICES ALL COOKED FROM FRESH LOCALLY SOURCED PRODUCE

MARCH SPECIAL OFFER:

£5 off any 2 course meal for 2 on presentation of this advert Offer available Lunch & Evenings Monday to Saturday On bookings only, 1 voucher per couple, photocopies will not be accepted. See the What's On section on the reverse of your Lympstone Herald for our diary of Live Music & why to keep up to date with our events & special offers on social media.

FOLLOW us:

The Globe Inn



@GlobeInnLymp

EXE-GAS



Plumbing & Heating Boiler breakdown & service New installations Fires & cookers fitted & serviced LPG systems Plumbing

Home. 01392 877345 Mobile, 0787 1621157

Qualified Bookkeeper

available for bookkeeping work, year end accounts, self assessment, VAT returns. Tel 01395 263280



Home.

There's no place like it.





Services include:

- CompanionshipLight housekeeping
- Local transportation & errands
- Meal preparation
- Respite Support
- Convalescence support
- Shopping
- Specialist dementia & Alzheimer's care and much more...

Being able to live at home can be one of the most important comforts in an older person's life and because family and friends can't always be there, Home Instead Senior Care are here to help.

Our Caregivers take great pride in helping clients to lead a more comfortable and confident life and offer a variety of services tailored to their individual needs.

From just an hour a day, to full time care, our international award winning services are available 24 hours a day, seven days a week.

Call us on 01395 200600 1 Brook House, Brook Road, Budleigh Salterton, Devon, EX9 6AY

Specialists in providing older people with non-medical care in their own homes.

www.homeinstead.co.uk/eastdevon



NEW CONSULTANT AND GROUP

Lympstone Village Hall Lympstone Thursday 6th March 2014 @ 7.30pm

Call Amy: 07562256789

slimmingworld.com 0844 897 8000







Rob Hilton Architecture

Your Local Architect



We offer a personal, creative and professional design service for your project.

- · Design expertise
- · Planning applications
- · Building Regulations documentation
- · Detailed drawings
- · Construction co-ordination

Call for a free initial consultation:

01395 224 829

www.robhilton.co.uk



DOG GROOMING

Kind & Qualified Groomer.
Commissions for PET
PORTRAITS
in pastel also undertaken.
Make Superb Presents.
(Examples of work can be viewed).
Tracey Crompton, Greenways,
Courtlands Lane, Lympstone.
Tel: 01395 272815 /07973 986 268.

IAN L MOIR

PROPERTY MAINTENANCE

Painting, decorating, pressure washing, window and gutter cleaning, fencing, decking and much more. All jobs to keep your property in tip top condition. I am Lympstone based and offer free no obligation quotes.

Contact Ian on (home) 01395 263 716 Mobile 07702 804537

LUSH HAIR STUDIO Our opening times are Tuesday to Friday 9 to 5 and Saturday 9 to 4. Walk Ins welcome. For an appointment call 01395 274089

PROPERTY MAINTENANCE – James Waddell Interior & Exterior, Carpentry, Flooring, Fencing & Gates, Plumbing, Decking, Bathrooms & Kitchens, General Repairs. Free advice & Estimates, 01395 263496

CARNIVAL HOUSE FANCY DRESS 5 Exeter Rd, Exmouth EX8 1PN Phone 01395 224664

DIGGING FOR OXFAM

Garden/allotment digging £10 an hour. everything earned goes to Oxfam 01395 276 569

QUALIFIED BOOKKEEPER available for bookkeeping work, year end accounts, self assessment, VAT

returns. Tel 01395 263280

ENGLISH TUITION: Experienced English Tutor available to teach English, Literature, Essay Writing and Study Skills at GCSE level and beyond. Tel: Sharon Wayland on 274551.

PRISTINE CLEAN - Domestic ironing and cleaning services. Local lady. Call Niki - 01395 740727

FOOT HEALTH PRACTITIONER -

Lindsey Waddell MAFHP. Nail Cutting and Treatment of Corns, Callus and Verrucas. Home Visits. 01395 263496

CLOCK REPAIRS

Terence C. Matthews - Horologist Westminster Chimes Wall Clocks Grandfather / Grandmother Clocks Dial Clocks



Long Case Clocks Carriage Clocks Free estimates and house visits Tel: 01395 273563

Find some winter sunshine!

Comfy casa near the Costa Blanca, Spain

Peaceful, two-bedroomed home. Roof terrace, gorgeous views, communal pool and tennis. Beaches, cycling, golf, hiking and more. Suits all ages.

Flights from Exeter & Bristol

Lympstone residents 15% discount Tel: 07986 607610 www.algorfaholiday.com

FOOD WITH FLAIR CATERING

Small and Large Events -Menus to Suit your Budget Telephone Shirley or Michael on 265147 or see our Website www.foodwithflair.co.uk

ELECTRICIAN

Specialising in domestic work: happy to do small jobs.

Call Simon on: 07985 963075



01395 548151 / 07944 051987

Peter J Acca

Carpenter/Joiner Specialist PVCu Window Repairs Replacement double glazed sealed units 01395 489791 07801365097 Let me make your old windows like new



DustAway

All Work and no play, we are here to help
Friendly Efficient Cleaning Service
Lympstone Based
Weekly, fortnightly, monthly
One off cleans ie moving house, holiday lets,
End of tenancy cleans, just redecorated or a spring clean
We also offer an ironing service

All materials supplied. Fully insured

Please call Tracey 07727168817 or Jill 07818484864 www.dustaway-cleaning.co.uk

EXE SALMON FRESH OR SMOKED Reasonable prices 07593 697469 chadfish@hotmail.co.uk

LYMPSTONE GREETING CARDS AND POSTCARDS

Scenic photographs of your village from the harbour, boats and washinglines.....to sunsets and Lympstone Life! Available from Post Office or Frances Longhurst 263495

PREGNANT? Experience the magic of birth: release fear and tension, remain conscious, deeply relaxed, in control. Hypnobirthing antenatal classes: for more info phone 01392 412767 or see libbyclaphamhypnotherapy.co.uk

PICTURE FRAMING. For all your framing requirements; also frame restoration & chair caning. Caro Ambridge 01392 877460, Topsham.

DAWN 'TIL DUSK

Creative Gardening service Routine maintenance, Designs & Creates. 0786 6566 883 dawnc@live.co.uk

SIMON QUICK THE LOG MAN

For all your log, coal, kindling & gas supplies Tel 01395 267490

PIANO with a VIEW Lessons for all ages, beginners and improvers, "purely for pleasure" and ABRSM exams to Grade 8. Theory to Grade 5. Tel: Judy Joss (BA Mus, Dip Ed) on 222749

MATHS TUITION Experienced tutor available to teach primary to GCSE level maths. Reasonable rates Tel: Jane Moffatt on 279952

SCIENCE TUTOR Qualified teacher available for GCSE and A level science tuition. Karen on 07807474183 or email karentrice36@yahoo.com

ACCOMMODATION

WITHALL'S HOUSE BED AND BREAKFAST. A modern and spacious home close to the heart of the village. Ample parking and flexible accommodation. Call Pete and Jan Hardy on 01395 270157 Or visit www.lympstonebedandbreakfast.co.uk

ZUMBA FITNESS - LYMPSTONE YOUTH HUT

Every Wed 9.20–10.20am - £4.50.

Great fun, great benefits! All levels welcome. Just come along or Contact Susan on 07583 242719.

WHAT'S ON

MARCH

7 Dave Wood & Rifiki Trio (free buffet, Ange's Birthday)

8 Litter Picking

9 Rugby – England v Wales

9 – 15 Guided prayer

10 Managing Stress & Anxiety

13 Talk on Weaving Pictures

14 Eat The Rich

14 Film Club

15 Loft Clearance Sale

15 Hospiscare-Mens Walk

15 Rugby – 3 matches

18 Film Club Matinee

21 Dave Rich

22 Tennis Club Wine and Cheese

24 Compost collection starts

26 Talk Devon Gardens

27 Talk on mounting and framing

27 Play Reading

28 Anika Skoogh

APRIL

2 WI

4 That'll Be The Day

5 Litter pick

6 Annual Church Meeting

18 Just Misbehaving

25 Ian Boyd

27 Fun Play Reading for Kids

30 Garden Club Question Time

FRIENDS OF LYMPSTONE SURGERY AGM will be held in the Methodist Hall on Tuesday 6 May 2014 at 2.30pm

M. Wheeler, Secretary

DISCLAIMER

This news letter is compiled from emails sent to the editor by numerous people and very little of the information is checked before publishing which is done in good faith! *Chris Carter, Editor*



Optima Graphics

Topsham Ltd silk screen, digital & litho printers

We provide a high quality, good value and prompt printing service.

Silk Screen Vinyl Stickers Estate Agent Boards Printing on: Metal, Acrylic, Plastic, Wood Large Format Digital Banners Display Panels Window Graphics Pull-up Display Stands Magnetic Vehicle signs Litho Brochures & Leaflets Stationery Labels & Invitations Pads NCR sets

т: 01392 873822

E: sales@optimagraphics.co.uk W: www.optimagraphics.co.uk
20b High Street, Topsham, Exeter, Devon EX3 0EA