# THE LYMPSTONE HERALD

May 2011

Volume 34, Number 9

50p where sold

2011 -	– 2015 COUNCILORS	
Cllr P Acca	Beulah, 8 Grange Close, Lympstone, EX8 5LD	279209
Cllr D Atkins	Potters, Exmouth Road, Lympstone, EX8 5A	264003
Cllr W Bailey	Cobley, 8 Seafield Avenue, Exmouth 07729 497247	278241
Cllr Mrs D Beatty	10 Greenhill Avenue, Lympstone, EX8 5HW	276044
Cllr C Carter	Hillcrest, Greenhill Avenue, Lympstone, EX8 5HW	274104
Cllr R Eastley	Little Paddocks, Underhill Crescent, Lympstone EX8 5JF	266165
Cllr R Longhurst	Redcliff, Burgmann's Hill, Lympstone, EX8 5HP	263495
Cllr David	Chestnut Ridge, Marley Drive, Hulham Road,	
Young	Lympstone	
	District Councillors	
Cllr B Ingham	Ferndale, Church Road, Lympstone	07708
		352389
Cllr D Atkins	Potters, Exmouth Road, Lympstone, EX8 5A	264003
	County Council	
Cllr B Hughes	170 Exeter Road, Exmouth	272580

Editor: Chris Carter, Hillcrest, Greenhill Ave, Tel 274104. Copy editor – P Acca Deputy Editor - Jan Teague, Advertising - Liz Griffiths Herald archive and Lympstone web site – www.lympstone.org Copy deadline for advertising for the next issue – Tues June 7<sup>th</sup>, 10 am Copy by e-mail, if possible, to chriscarterathome@hotmail.com or to The Editor at Hillcrest, Greenhill Ave, Lympstone EX8 5HW Distribution by The Telfers Tel 272275 and others

# DRAFT RECEIPTS AND PAYMENTS ACCOUNT 2010 - 11

<u> 2009 - 10</u>	<u>Receipts</u>	<u> 2010 - 11</u>
25,900.00	Precept	30,040.00
1,652.00	Burial Fees	1,334.00
500.00	DCC re maintenance of Candy's Field	400.00
*	Lympstone FC re Candy's Field	70.00
3,786.50	Herald Adverts	4,444.20
1,898.03	Miscellaneous	80.21
5,050.00	Big Lottery Fund grant - Communications	0.00
0.00	Youth Club	330.00
	NT re The Avenue	4,000.00
0.00	Western Power wayleave fee	<u>6.38</u>
38,786.53	Sub total	40,704.79
	<b>Recoverables received</b>	
2,640.55	VAT reclaimed	3,963.73
0.00	Youth Club reclaimed	2,065.13
2,640.55	Sub total recoverables	6,028.86
41,427.08	Total Receipts	46,733.65
<u> 2009 - 10</u>	Payments	<u> 2010 - 11</u>
3,145.79	s137 and other Grants	3,161.34
10,268.90	Administration	9,921.11
1,821.69	Councillors	697.00
2,433.00	Insurance, Audit, Elections	1831.67
80.00	Herald Printing	2,913.00
3,965.77	Affordable Housing	0.00
7,600.00	Amenities	4,643.20
	Candy's Field lighting	0.00
3,916.91	Toilets	4,494.36
187.50	Burial Ground	257.28
	Communications	0.00
309.22	Planning	166.41
1,702.02	Building Maintenance	77.00
518.31	Youth Club utilities	2,182.11
	Environment	0.00

35,949.11	Total Payments per budget	30,344.48
2,399.64	Other projects - Village Hall roof	20,000.00
	Website etc	5,190.47
	Sub total Others	25,190.47
	Sub total payments	55,534.95
	Recoverables paid	
2,698.31	VAT(part to be reclaimed)	4,661.32
2,047.02	Youth Club to be reclaimed	<u>1,251.90</u>
4,745.33	Sub total	5,913.22
40,694.44	Total paid out	61,448.17
0.00	Transfer to deposit account	0.00
40,694.44	Total movement of funds	61,448.17

#### Bank Reconciliation 2009 - 10

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#### **Current account** 10,079.47 **Opening balance at 1st April 2010** 8,412.47 38,786.53 Receipts to 31st March 2011 40,704.79 2,640.55 Recharges received 6,028.86 Sub total receipts 46,733.65 Transfer from Dep Account 10,000.00 Sub total 56,733.65 41,427.08 51,506.55 Total balances and receipts 65,146.12 less, Payments to 31st March 35,949.11 55,534.95 4,745.33 less, recoverables 5,913.22 less, transfer to deposit account 0.00 0.00 40,694.44 **Total payments** 61,448.17 10,812.11 3,697.95 Balance less receipts not on statement 50.00 0.00 add back, Unpresented cheques 0.00 1,861.59

10,762.11	Balance per bank statement 28th Mar 2010	5,559.54	
Deposit account			
20,129.31	Opening balance	20,129.31	
	Transfer to current account	- 10,000.00	
	Interest	<u>16.37</u>	
20,129.31	Balance	10,145.68	
30,941.42	Total Cash	13,843.63	

*Clerk to the Council: A J Le Riche, DMS*, 43 Salisbury Road, Exmouth, EX8 1SL, Tel 279665/07866 535580 <u>lympstonepc@leriche6.wanadoo.co.uk</u>

#### From the Editor

#### **NEW PARISH COUNCIL**

Our new Parish Council will hold its first meeting at 7.30pm on Monday 16th March 2011 in the Committee Room at the Village hall. Everyone is welcome to come along to see the Parish Council in action. When full details of meetings are available, they will be published on the website <u>www.lympstone.org</u> **Other councillors are still needed.** 

C.M. Carter

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CALLING ALL GARDENERS... and anyone interested in plants & flowers! Exmouth & Lympstone Hospiscare are holding their Blooming Hospiscare event on Thursday, 19th May from **2pm - 5pm** in a marquee at Exmouth RFC.

Sarah Pepper, Darts Farm, and Barbara Clift will be doing short demonstrations about willow. Other stalls include:

Aquavision garden pond specialists, flower baskets, decorative plant holders, statues, paintings, plants & gifts.

Q & A point to solve your gardening problems.

Tea, coffee, cake available. Entry only £2.50, Tickets on the door, or available from Lympstone Nurseries.

Frances Longhurst 263495

#### PARISH CHURCH

The Morning Worship service on the third Sunday every month continues to attract the largest congregation of all services. Last month,

as it happened to fall on Palm Sunday, it was the first time we held a

communion service within the Morning Worship. In July the service will be very special as we will involve a full jazz band to play for and songs of

the hymns and songs of praise. It should be a great service and part of the programme of events for Lympstone Entertainments' Jazz Festival. [Next services 15<sup>th</sup> May and 19<sup>th</sup> June.]

As we were unable to appoint a new rector for the Mission Community, and have no expectation in the near future of appointing one, it leaves a number of local decisions for our trainee priest Sid Humphreys (or Mr Sid to the pupils of the school.) He writes:

I have had some enquiries about confirmation. During the current vacancy I will need to take advice on the best way forward and to do this will need to know how many people would like to attend confirmation classes. There will be approximately 6 classes over a two month period. For further information and to express an interest in the first instance please contact me on 01395 274512.

#### **Election, election, election!**

There will be a Special Parochial Vestry Meeting on Sunday 5<sup>th</sup> June after the 9.30am morning service in the church. It will be

of



chaired by our Rural Dean Rev'd Canon David Price, and it is at this meeting we shall elect a new church warden. Anyone who is a resident in the Parish of Lympstone may take part in the election.

Jill Wilson secretary of the Parochial Church Council writes:

News from the PCC

There was a unanimous decision by the PCC to support Lympstone Primary School not by re-building, but by use of the church room site. This is now being explored by the school.

Brian Mather

#### FRIENDS OF LYMPSTONE PARISH CHURCH

The winner of the April Church Lottery was Demelza Henderson of



The Strand with ticket number 752.

Joyce Malster

#### **BUFFET THEATRE**

The Lympstone Players' *Café Theatre* productions have been immensely popular over the past few



years. Now they offer us *Buffet Theatre*. The play they are presenting on  $23^{rd}$ ,  $24^{th}$  &  $25^{th}$  June is Noel Coward's romantic drama, *Still Life*, which was famously filmed by David Lean as *Brief Encounter*, one of the best-loved romantic films ever made.

It is set in a station buffet, where two strangers meet. When Laura gets a piece of grit in her eye, there is a doctor on hand to help her out...

But there is a cast of ten in this production, for the life of the station swirls on around them, with the buffet manager, the waitress, the ticket inspector, the chocolate bar seller and two drunken soldiers getting on with their own lives and loves over the course of a year in 1936.

The audience will be able to sample the menu of the buffet (as interpreted by Shirley Wilkes) either before or after the show, when a supper is served for those who want it in **The Brief Encounter Buffet** (previously known as the Function Room).

The staging of the play will be

imaginative, with the audience raked to give them an uninterrupted view of the performance.

Tickets are likely to be at a premium, and they go on sale at the Post Office from **Tuesday 24^{th} May**, at £7 for the

performance, and £6 for the buffet supper.

This is the Lympstone Players' contribution to the celebrations for the 150<sup>th</sup> anniversary of the opening of the railway line. Don't miss the train!

Harland Walshaw

LYMPSTONE ENTERTAINMENTS



The Parish Church will be the venue for our next event, at 7.30pm on Saturday 4th June. That's when the highly acclaimed Piazzolla Duo (Ruth Avis, flute and Clive Betts, guitar) will be performing from their wide concert repertoire which includes music from the Baroque, Classical and Romantic periods, as well as more modern works by such composers as Villa Lobos and Albéniz. Tickets are now on sale at the Post Office, or you may book on the telephone by calling 01395 263928.

Then over a much-anticipated weekend

in July we are bringing jazz to the gardens of Lympstone, as well as to the Village Hall and other hotspots: Brian Mather, organiser of this



exciting festival, gives more details elsewhere in this issue.

John Eaton-Terry

#### THE LOOKOUT IS OPENING ...

...on the 17th & 19th of June, Will and Jackie Michelmore are opening their garden at The Lookout, Sowden Lane, Lympstone for the 4th year as part of the National Garden Scheme.

This scheme raises millions annually for caring charities including Macmillan, Marie Curie and Help The Hospices.

Over 2000 people have visited the garden openings, helping to raise nearly £10,000. This has benefited both NGS charities and Lympstone fundraising and Jackie and Will hope to raise a large amount for the Village Hall Refurbishment from their cream teas again this year.

Featured on TV gardening programmes and in the local press, this two-acre garden sits with its toes in the water near the mouth of the Exe Estuary. Originally the derelict 1920s-built mussel purification station has been lovingly transformed over the last 10 year by its garden designer owner into a wildlife friendly, family garden. Flotsam and jetsam finds sit amongst relaxed. naturalistic style seaside planting to give that washed up from

the beach feel. A short circular walk leads you from an area of jungly planting through a wild



flower meadow, past a pond, through a THANKS

copse and along the river bank to a Mediterranean courtyard, with numerous places to stop and take in the views and salty air.

There are refreshments and plants on sale, a giant sandpit...with buckets & spades provided, and a photographic display showing how the site has evolved from the 1920s to the present day.



Due to some narrow gravel paths, steep slopes and steps disabled access is limited and stout footwear recommended!

Adults £3.50, children free, but must be closely supervised at all times. No car parking on site, but in adjacent field if weather permits and plenty of bike parking. Sorry no dogs.

Open 2–5pm on Friday 17th and 2-6pm on Sunday 19th June. Full details on <u>www.ngs.org.uk</u>. Also open by appointment from May to October, details on Lympstone.org

Jackie Michelmore



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I just wanted to say a big thank you for those who supported me in my recent London Marathon escapades! I was delighted to run the 26.3miles in just over 3 hours and raise nearly £1850 for the charity Whizz Kidz. I have managed to secure a place in next year's marathon so the training begins in earnest once again. Many thanks for your support.

Mike Musgrove

#### POLICE REPORT

I am pleased to report that we have had no crimes in the village since my last update. Parking in Lympstone

Village continues to be a concern for residents and can I please remind people not to park on the yellow lines, on junctions or to block drop curbs. Parking on pavements or private grounds without permission is also prohibited. Civil enforcement officers attend the village regularly and will issue tickets for the yellow lines and limited waiting, however, I will be any vehicle causing looking at obstructions and this could result in a ticket.

The Rural Neighbourhood Policing team is currently managed by two Beat Managers and three PCSOs from Exmouth Police Station. This covers all the rural villages from Sowton



Village through to Colaton Raleigh. As of the 20<sup>th</sup> May the rural patch will be run by one Beat Manager and three PCSOS. Myself and PC Simon Evans with be responsible for the Neighbourhood Policing of Lympstone Village. We will be your main contact should you wish to discuss any matters or have any problems or concerns. Exmouth Police station is manned 24 hours a day by our colleagues.

We have



experienced a number of thefts of gardening and farm equipment from rural areas throughout East Devon recently. Please can I remind residents to secure your property and make a note of any identifiable marks and serial numbers. If you see any person or vehicle acting suspiciously, please contact the Police. Can I ask the community boat/sailing he to particularly vigilant due as we have experienced a number of thefts from boats in the Exmouth area recently.

PCSO 30110 Sarah Trayhurn sarah.trayhurn@devonandcornwall.pn n.police.uk Mobex: 0845 656 7853

LYMPSTONE.ORG



The village website continues to go from strength to strength. As you will have seen elsewhere in this month's Herald, the poetry competition was a great success and is being judged as we go to press. Watch the website for the results!

Take a look at our noticeboard too - it is a great way of buying and selling things, as well as for making announcements and posting notices. Do please send any new items you have for publication on the website to news@lympstone.org.

#### Jan Teague

#### WALKING FOR HEALTH

Free walks every week in the Lympstone Area. It's free and easy.



East Devon Walk This Way is a scheme which is run by volunteers to help people recovering from illness to increase their stamina and fitness levels through walking. The scheme is set up and run by volunteers.

There is a summer walk in Lympstone on Wednesday 31<sup>st</sup> August meeting at the main car park in the village starting at 7.15pm. There are other walks in the surrounding areas on other dates.

All LED walks are free of charge. We simply ask that you bring enough money to join us for refreshments at the end if you would like to. Please wear

suitable clothing and strong, supportive footwear and bring a bottle of water on warm days.

#### Andrew Dare - 01404 814317

#### HOUSEHOLD WASTE NOT AFFECTED BY NEW CHARGES

In response to public concern, Devon County Council has issued a statement to



reaffirm what types of waste will be affected by new charges introduced on 1st April.

New charges will not be applied to general household waste. They are specifically for rubble, soil, plasterboard, asbestos and tyres only. Items such as garden waste, furniture and old electrical appliances, etc, will still be accepted free of charge. The charges will be:

£2 per bag of rubble, which could contain brick, stone, gravel or soil, and ceramic sanitary ware, £2 per tyre, £7 per bag, or full sheet of plasterboard £20 per bag, or full sheet, of asbestos. **For more information, please visit:** www.devon.gov.uk/recycling centres

#### **AVOCET 150**

The 1st May and the celebrations of the 150th anniversary of the



opening of the Avocet Line was an event to be remembered! Lympstone did itself proud on the day with such a huge turnout at the station many in Victorian dress. Well done, Lympstone!

People are also enjoying the other events organised in Lympstone (and elsewhere) as part of Avocet 150. The Film Society, who put on а successful railway film evening, are donating generously profits the from the evening to The Friends of Lympstone Station. The usual floral display will be in evidence this summer. which will fully stretch our volunteer waterers. Rather extend than it. we would welcome ideas about how else we might enhance our station with this money.

Viv Day 268653 Lympstone Co-ordinator for Avocet 150 and Friend of Lympstone Station

#### LYMPSTONE PRE-SCHOOL

Just to remind you to put Saturday 11th June in your diary for the annual Cake and Toy Sale to raise money for the Pre-School (at the Haven next door to the Globe). Any donations before the sale gratefully received.

Suzie Creighton



#### LYMPSTONE YOUNG PEOPLES' SOCIETY - PART TIME ASSISTANT YOUTH WORKER

We currently seeking are an enthusiastic person to help each week at the youth club on Friday evenings. We run two sessions, a monthly juniors club which runs from 5 - 6:30 pm on the first Friday of each month for 7 -11 year olds, and a weekly seniors club, which runs every Friday (excepting some school holidays) from 6:45 - 9pm. The appointed person would need to be available for both. Experience of working with children is preferable, and we particularly welcome applications from those with an enthusiasm for sports and outside activities. A good rate of pay is available to the right applicant. This post is subject to a CRB check.

Further information and an application are available by contacting me on louisacurrier@hotmail.com

#### Louisa Currier

#### ELLINGTONIA Café Style Concert Saturday 11<sup>th</sup> June

The only visit to Lympstone this year, tickets,



part tables and full tables (of 6-14) are going well for the only visit of one of the UK's leading Duke Ellington Bands Ellingtonia specialising in numbers from the 20's, 30's and 40's. There will also be an area for dancing – for those that wish. Doors open at drinking 6.45pm when eating and starts,(bring your own) and at 8.15 pm the concert will begin. The band will be giving a donation to Lympstone Village Hall Appeal and in the interval there will be a grand draw with fabulous prizes, all proceeds from the draw will also go to the appeal. The 2010 price has been held at £14 for adults and £7 for children, so bring your friends, family or whoever and phone me now on 274485 to book up. A fabulous evening is guaranteed.

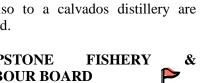
Graham Martin

#### LYMPSTONE TWINNING ASSOCIATION

Lympstonians Eighteen travelling will be to Biéville-Beuville at the end of the month. Visits to a flax & linen factory and also to a calvados distillery are planned.

#### LYMPSTONE HARBOUR BOARD

The Lympstone Fishery & Harbour Board thank all members of the • •





community for their support and cooperation in the recent craning of boats to the water. Carried out during the afternoon, it was witnessed by many more people, but the whole process was nevertheless completed efficiently and without incident.

Col. G. Wheeler

LYMPSTONE.ORG WEBSITE ROYAL WEDDING POETRY **COMPETITION** 



At the time of writing, 52 poems have been posted to the community website - a marvellous response! Closing date for entries is 8<sup>th</sup> May after which, the judges will be busy. The winners of the younger categories will have their poems sent to the Duke and Duchess of Cambridge! Look on the website to see the poems and in due course to find out the 3 category winners.

Richard Crisp

#### **ART EXHIBITION**

Sunday 29th May - Sunday 5th June 10am Function 5pm Room, Lympstone Hall Village

Lympstone Art Group's Annual Art Exhibition displays over 100 pieces of original artwork created by its

members. Over the years the group has gained a reputation for presenting a wide variety of mediums and styles to a high standard. Unframed original works, reproductions and many lovely cards will also be for sale. This year's raffle prize has been donated by Angela Coles and is a picture of Lympstone from the jetty, painted in Angela's unique style.

Don't miss this opportunity to see the work of local artists - and perhaps to buy something special! Free entrance for children.

#### Enquiries: Anne Crisp 01395 273211

#### LYMPSTONE JAZZ FESTIVAL

This year Lympstone Entertainments are bringing jazz bands to the village for the first **Lympstone Jazz Festival** featuring the unique 'Jazz in the Garden' concept. (We have booked all the local halls, in case of rain!)

Saturday afternoon:

On Saturday 16<sup>th</sup> July, six bands will play in 5 gardens and the Village Hall between 1pm and 5pm. The glorious setting of the gardens around the village and the music as you stroll around will make for an afternoon to remember.

The bands are:

The 'Hearnshaw Barrett Duo' playing from Bach to the Beatles,

Pianist and vocalist duo James and Hilda Clemas perform in the Village Hall,

'Bicton Street Blues' from Exmouth,

'The Garry Bywater Duo' from the Midlands,

'Take 4' from Exmouth and 'The Failsworth Jazz Band' playing trad jazz. Each band plays at staggered times through the



afternoon. Three begin at 1pm and play three 40-minute sets until 4pm and three bands play their 40- minute sets between 2pm and 5pm. The stroller ticket is priced at just £7, but only £5 if bought before the  $1^{st}$  July, with accompanied children (12 and under) free.

Friday and Saturday evening:

To open the Festival on Friday 15<sup>th</sup> we welcome the Gittisham Hall Jazz Band which is already well known to those who have enjoyed the Twinners' Jazz Brunch event.

On Saturday evening we are thrilled to have secured Charlie Hearnshaw with his Latin Quintet 'Munjenta Café.'

Tickets for the evening concerts will sell out fast as only 80 will be offered each night. This is to allow for room to enjoy the music and dance if you wish. There will be a bar at each evening event. Tickets for Friday are £7 each and Saturday £8.

Sunday:

The Morning Praise service in church, well established on the third Sunday every month, will feature Jazz on this special weekend. 9.30 am for coffee and croissants for the 10 am service.

In the afternoon the pubs will arrange their own jazz bands.

Box office:

The box office will be at the Post Office from  $1^{st}$  June or call 07435 634 455 (booking fee of 50p on this line for posting tickets).

There will be an opportunity for Lympstone residents to buy tickets at the Lympstone Entertainments' booth under the railway arch between 9am and 12 noon on Saturday May 28<sup>th</sup>.

Brian Mather

#### LYMPSTONE WI REPORT FOR MAY 2011

In the absence of the President Anne Frampton, Diana De La Rue Vice President opened the meeting and welcomed two guests. The Resolutions for the AGM to be held in Liverpool on June  $1^{st}$  were then debated.

1) Proposed Mega Farms, after general discussions on the pros and cons, the members voted overwhelmingly against.

2) Closure of local Libraries, after some general discussion the outcome of the vote was against closure.

Adrienne Hebdige was then asked to give her report on the Spring Council Meeting held in Torquay. After a rousing rendition of Jerusalem by around 1,200 ladies we were welcomed by the Torbay Council Leader, The business side of the day was soon taken care of, one main item on the agenda was the need for bigger headquarters for County House in Exeter, all groups were asked to hopefully help with fundraising.

Mr Simon Hall of BBC Spotlight then gave us an insight into his job as a Television Journalist, and a writer of detective novels.

The Torbay Police Male Voice Choir entertained with some beautiful singing.

After lunch and a little more WI Business we were introduced to Adam Henson the farmer on Countryfile, he gave us a very interesting insight into his life as a Gloucester Farmer. He came dressed in the wool

suit he had made from the wool of his own sheep.

After tea Moira Johnson was



congratulated on being commended for her entry in the poetry competition at the Council Meeting. We were then entertained by the Drama Group, who read a collection of poems by their favourite authors.

There will be a fundraising supper on the  $13^{th}$  July in the Function Room and a litter pick on Mon  $16^{th}$  May.

Next meeting Wed June 1st the speaker to be Mrs Jan Lunn on designs on silk.

Jo Cotton

LYMPSTONE PLAYERS PANTOMIME TIME!



The time has come again to plan for our next Pantomime – *Robinson Crusoe* 

fun at the same time please come along the shows themselves certainly reward all the hard work that everyone puts in. The rehearsals will commence on September 6<sup>th</sup> and will be every Tuesday and Wednesday until the show which this year will be the  $15^{\text{th}}$ ,  $16^{\text{th}}$  and 17<sup>th</sup> December. So you do need to make sure you are available for all of these If singing and dancing aren't your cup of tea, but you would like to be involved in the production then we are holding a meeting for Backstage Crew on Monday 23<sup>rd</sup> May, also in the 7.30pm Function from Room to 9.00pm, again existing members and

and the Pirates! We will be holding

auditions for new and existing members

on Tuesday 21<sup>st</sup> June and Wednesday

22<sup>nd</sup> June in the Function Room of the

Village Hall. Anyone aged 12 and

under should arrive at 6.30pm and will

leave by 7.30pm. Everyone else will be

auditioned at 7.30pm. So if you fancy

treading the boards and having great

new are most welcome. For further information please contact me on Jan Teague 07889 303783.

Jo Borrie

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dates.

#### LYMPSTONE.ORG

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go to press. Watch the website for the results!

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Jan Teague

#### **PTFA - UGLY BUG BALL FETE**



Planning has already begun for this term's

main event! On Sunday 10th July, the 'Ugly Bug Ball Fete' will take place at school. Events will include a BBO, cream teas, treasure hunt and much more. So put the date in your diaries and watch this space for more details in next month's Herald

Advertisements

#### FOR SALE



### Precast concrete workshop/studio 6.2m x 5m

Excludes asbestos roof but includes steel roof trusses Buyer collects and dismantles £200 ONO Tel: 01395 278809

#### MUSIC STEPS

Music classes for babies, toddlers and pre-schoolers. FREE trial classes! See website for times and venues: <u>www.musicsteps.co.uk</u> Contact Kate: 07790 689196

the builder with difference

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#### 01392 267 219 www.snibor.co.uk

www.shibot.co.uk



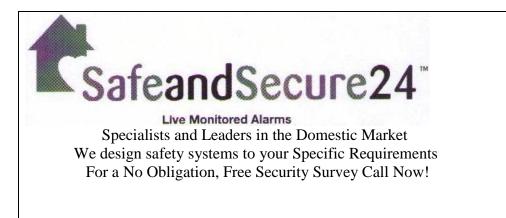
Described as 'a method of structured touch where each movement and sequence is done in a set pattern at a set pressure and set speed with its effects likened to physical hypnotherapy'. The M technique is suitable for almost everyone and is increasingly used in a wide range of settings; such as salons, hospitals and hospices.

Appointments now available at Remedies, Topsham and Queen Street Dental Practice, Budleigh Salterton.

Local M Technique Practitioner, Susie, is one of a team of complementary therapists who is also actively involved with FORCE and Hospiscare.

Enquiries Tel 0771 3200 907 Susan M Fishwick

M Technique Practitioner



## TEL: 01395 265 074

Unit 4, South Farm Court, Budleigh Salterton EX9 7AY www.safeandsecure24.com



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VILLAGE LOGS Logs for sale - full loads £65 approx 1.25 cubic metres, half loads £40, nets £2.50, kindling £1.50, free delivery & kindling with all orders We can supply larger logs on request for commercial fires Tel Mark 01395 278647 / 07967685869 - available all year round	Ian Moir PROPERTY MAINTENANCE Painting, decorating, grass and hedge cutting, gutters, pressure washing, window cleaning and much more. All jobs to keep your property in tip top condition. I am locally based and offer free no obligation quotes. Contact Ian on (home) 01395 263 716 07702 804537



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For information regarding dates, fees etc. please contact Ray or Claudia at The Lympstone Language School, Bridge House, Underhill, Lympstone, Devon EX8 5HH Tel. / Fax 01395 227333 e-mail: LympstoneLanguageSchool@btinternet.com

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#### WHAT'S ON

#### MAY

14 Tennis Club disco
16 WI Litter Pick
19 Blooming Hospiscare
23 Panto - backstage crew meeting
28 Tickets for Jazz Festival
29 Annual Art Exhibition to 5<sup>th</sup> June

# 17 & 19 Open garden – The Lookout 21/22 Panto auditions 23 – 25 *Still Life*, Buffet Theatre

#### JULY

**13** WI Fundraising Supper **16** Jazz Festival

#### JUNE

1 WI

4 Piazolla Duo concert5 New church warden election

11 Pre-school cake & toy sale

11 Filingtonia Cofé style conce

11 Ellingtonia – Café style concert

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