



LYMPSTONE PARISH COUNCIL

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8th June 2015

To All Members of the Parish Council

You are summoned to attend a meeting of Lymestone Parish Council, to be held **7.30pm** on **Monday 15th June 2015** in the Village Hall. The business to be transacted is set out below. Members of the Public are cordially invited to attend and to speak in the open session.

A J Le Riche, Clerk to the Parish Council

AGENDA

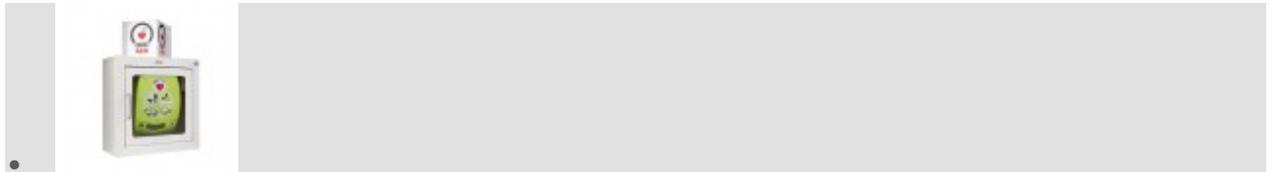
1	Public Session	7.30
2	Apologies	7.45
3	To receive any Declarations of Interest	7.45
4	Minutes – To confirm the minutes of the meeting held on 1 st June 2015	7.50
5	Planning application 15/1222/MFUL, Construction of multiuser path between 321 & 347 Exeter Road to Exe Estuary Trail at Exeter Road, Exmouth	7.55
6	Exe Fit To consider the request to use Candy's Field for this business.	8.05
7	Community Defibrillator To consider purchasing a suitable cabinet for the community defibrillator. Details are attached	8.15
8	Role definitions for Councillors – Chairman and Vice Chairman to report.	8.20

9	Update of Emergency Plan – Cllr Mrs Clark to report	8.30
10	Reports by Lead Councillors (if any) NP Delivery Group - Cllr Mrs Clark Estates - Cllr Atkins Facilities - Cllr Acca Community - Cllr Young, with Cllr Everett Links with CTC-RM – Cllr Mrs Rogers. Lympstone Herald – Cllr Carter Village Hall – Cllr Atkins Transport and parking - Cllr Longhurst	8.40
11	Clerk’s action sheet – attached	8.50
12	Matters raised by other Councillors. (These are not normally discussed in depth but investigated and considered at the next meeting.)	9.00
13	Items for information, Copies will be available at the meeting:	

Lympstone Parish Council

Community Defibrillator

Wall Cabinet (surface mount)



Wall Cabinet (surface mount) Zoll

Product Code 8000-0855

A surface mount wall cabinet holds your AED in place and protects it from any harm that may be caused by dust and water, it also makes people aware of where the AED is located in case it is needed.

£270.00 excl vat

Ease of Use

A surface mount wall cabinet holds your AED in place and protects it from any harm that may be caused by dust and water, it also makes people aware of where the AED is located in case it is needed.

Rotaid Solid Plus Heat - External Heated AED Cabinet



The Rotaid Plus is an innovative AED cabinet that provides recognisable, sustainable storage for your AED.

With its characteristic round shape and green colour, the Rotaid Plus internal AED cabinet is easily located. With a large AED logo in the centre of its transparent cover, there is no room for doubt- **this is a life-saving device!**

The Rotaid Plus cabinet can be opened by an intuitive twist that removes the whole cover. The responder therefore has full access to the AED that hangs via a bracket or for AED's without a handle-sits on a stand for a quick and easy grab by the rescuer. The cover is attached to the back plate via a belt and therefore needs no further attention from the responder once it is removed. A stainless steel hook, attached to the bottom of the cabinet, can hold a seal, tag or other security appliance.

The cover is equipped with recesses for an optimal grip and directive arrows for easy operation. A tailor made heating device maintains an internal temperature of at least 5 degrees centigrade even when external temperatures drop to -25 degrees centigrade.

Cabinets are connected to a power supply via the cable supplied.

Made from 5 mm 100% Polycarbonate it offers robust protection against accidental damage, water and dust resistance. Furthermore, the cover is fitted with UV filters to protect from sunlight.

Recycled plastics and modern manufacturing methods make the Rotaid plus a sustainable choice.

The Rotaid Plus can be equipped with an optional alarm and metal stand (if the AED does not have a handle on the carry case).

If you want a quality, durable, eye catching AED cabinet- then the Rotaid plus is for you!

Suitable for most makes and models of AED.

Dimensions: 48cm W X 48cm L X 18cm D

Weight: 6.7 kg

Rotaid Solid Plus Heat: **£400 + VAT**

Rotaid Solid Plus Heat Alarmed: **£425 + VAT**

Metal Stand (for AED's/carry case with no handle): **£25 + VAT**

Public Access Defibrillation and AEDs: Frequently Asked Questions

What is sudden cardiac arrest?

Sudden cardiac arrest (SCA) simply means that the heart unexpectedly and abruptly quits beating. This is usually caused by an abnormal heart rhythm called ventricular fibrillation (VF).

Is SCA the same as a heart attack?

No. A heart attack is a condition in which the blood supply to the heart muscle is suddenly blocked, resulting in the death of the heart muscle. Heart attack victims usually (but not always) experience chest pain and usually remain conscious. Heart attacks are serious and sometimes will lead to SCA. However, SCA may occur independently from a heart attack and without warning signs. SCA results in death if not treated immediately.

Who is at risk for SCA?

While the average age of SCA victims is about 65, SCA is unpredictable and can strike anyone, anywhere, at any time.

What is VF?

VF is an abnormal heart rhythm often seen in SCA. This rhythm is caused by abnormal and very fast electrical activity in the heart. VF is chaotic and unorganized; the heart quivers and cannot effectively pump blood. VF is short lived and will deteriorate to asystole (a flat line) if not treated promptly.

How is VF treated?

The only effective treatment for VF is an electrical shock called defibrillation. Defibrillation is an electrical current applied to the chest. The electrical current passes through the heart with the goal of stopping the VF and providing an opportunity for the heart's normal electrical system to take control. This current helps the heart reorganize the electrical activity so it can pump blood again. An automated external defibrillator (AED) can defibrillate the heart.

What is an AED?

An AED ([automated external defibrillator](#)) is a device that analyzes and looks for shockable heart rhythms, advises the rescuer of the need for defibrillation, and delivers a shock if needed.

Will I hurt the victim by using an AED?

When used on people who are unresponsive and not breathing, the [AED](#) is extremely safe. The AED makes shock delivery decisions based upon the victim's heart rhythm, and will only defibrillate a shockable rhythm.

What if I forget the steps for using an AED?

The steps for shocking an SCA victim are simple and straightforward. The ZOLL® [AED Plus](#)® provides

visual and audio prompts to guide you through the entire resuscitation process. The most difficult part is recognizing the need for defibrillation.

Should I perform CPR first or apply electrode pads from the AED?

Start CPR immediately. Once the AED is present, apply the electrode pads to the victim's bare chest and follow the AED's voice prompts and messages. It will tell you when to resume CPR.

If defibrillation is so important, why should I do CPR?

CPR provides some circulation of oxygen-rich blood to the victim's heart and brain. This circulation delays both brain death and the death of heart muscle. CPR also makes the heart more likely to respond to defibrillation.

Can I be sued using an AED?

To date there has never been a case where someone was held liable for using an AED, but as you know, anyone can be sued. However, most states have passed "Good Samaritan" legislation **protecting** the lay rescuer from lawsuits.

Can I accidentally shock another rescuer or myself?

[AEDs](#) are extremely safe when used properly. The electric shock is programmed to go from one electrode pad to another through the victim's chest. Basic precautions, such as verbally warning others to stand clear and visually checking the area before and during the shock, can ensure the safety of rescuers.

What if the victim has a medication patch on or EKG electrodes on the chest where I want to place the electrode pads?

Never place [AED electrode pads](#) directly on top of medication patches, such as nitroglycerin, or EKG patches. Patches should always be removed and the skin wiped dry before placing electrode pads on the skin.

Do I need to remove the electrode pads before performing CPR?

No. The electrode pads remain on throughout the resuscitation and until the victim is transferred to advanced care providers such as the paramedics. If the electrode pads are in their correct locations on the victim's chest, they will not interfere with proper hand placement or compressions.

Should I use the AED if the victim has a pacemaker or is pregnant?

Yes, never withhold AED use from a person in SCA.

Can I defibrillate on a wet surface?

Yes, as long as the usual safety rules are observed. Be sure the victim's chest is wiped dry. Keep the electrode pads away from a damp or conductive surface.

Can I defibrillate on or near a metal surface?

Yes, as long as the usual safety rules are observed. Keep the electrode pads away from contact with the conductive surface. Be sure not to allow anyone to touch the victim when a shock is delivered.

How much of the victim's clothing should be removed to carry out defibrillation?

The chest should be exposed to allow placement of the disposable electrode pads. A woman's bra should be removed. Clothes may need to be cut off.

Why is it so important to be sure that the electrode pads are firmly adhered to a clean, dry chest?

Successful [defibrillation](#) requires electricity to flow from one electrode pad to the other through the chest. If the electrode pads are not firmly adhered and there is sweat or another conductive material between the electrode pads, the electricity will be more likely to flow across the chest rather than through it. This will result in ineffective defibrillation and an increased chance of sparks and fire.

Is it okay to place the electrode pads directly on a hairy chest?

Electrode pads must come in direct contact with the skin. If the chest hair is so excessive as to prevent good adhesion of the electrode pad, the hair must be removed quickly.

What if I have a child victim?

You should use [pediatric electrode pads](#), which carry a lower charge to the child in SCA.

After I have successfully defibrillated the victim, do I keep the electrode pads on?

Yes, even after a victim has been successfully defibrillated, he/she is at risk of developing VF again. The AED will continually monitor the victim for the return of VF. If VF is suspected, the AED will automatically begin to analyze the victim after two minutes of CPR is complete. The AED should be left on until emergency personnel assume responsibility for the victim.

What if the victim regains a pulse but is not breathing or is breathing slowly?

You should give rescue breaths at a rate of 1 every 5 seconds or 12 per minute.

I used an AED on an SCA victim and the AED always prompted "No Shock Advised." Even with CPR the victim did not survive. Why didn't the AED shock this victim?

Although VF is the most common rhythm in cardiac arrest, it is not the only one. The AED will only shock VF or VT (ventricular tachycardia), which is a very weak but fast heart rhythm. There are other heart rhythms associated with SCA that are not treated with defibrillation shocks. A "No Shock Advised" message doesn't mean the victim's heart rhythm is back to normal.

I shocked a woman in SCA within minutes after she collapsed. I heard later that she did not survive. Did I do something wrong?

Unfortunately, because of other underlying medical or heart problems, a victim of SCA who is in VF

may not survive even if defibrillation is done promptly and correctly.

What if I don't perform all the steps of CPR and defibrillation perfectly?

Treating SCA is a high stress situation. Even experienced health care providers do not do everything perfectly. During SCA, performing CPR and using an AED can only help the victim.

What if I'm not certain whether or not I need to use an AED?

Remember this rule: Only use an AED on someone you would do CPR on—unresponsive and not breathing.

Lympstone Parish Council

Action List – as at 8th June 2015

Minute	Response	Date Actioned
369 Activity trail	Quotes in to replace safety surface and carry out repairs. Grant funding to be researched.	6/3/15
369 Community notice board	Cllr Acca constructing a new board to match the existing	16/2/15
120 Internet banking	Clerk has administrator access to account.	1/11/14
211 Lights to the car park	Works ordered. Western Power chased to make connections	6/2/15
211 Scout Hut	Quote from Alfie Beer accepted but work still waiting to be done.	10/2/15
261 Grounds maintenance	Tender accepted Work started. Clerk has met the contractor to discuss enhanced works for the cemetery.	3/6/15
267 Emergency Plan	Details sent to all Cllrs. Review process needed	20/11/14 9/3/15
269 Bus shelter	Materials with Cllr Acca	
8 CIL and S106	Details sent to EDDC	8/6/15
11 Cobbles	Message sent to DCC	8/6/15
13 Dinan Way link	Message sent to DCC regarding extra exhibitions and the need for an off-road route for the EET to cope with extra demand, especially from commuters.	8/6/15
18 Toilets	Ben Masters to paint the doors and frames this week.	8/6/15