### THE LYMPSTONE HERALD

May 2016 Volume 39, No 9

50p where sold



#### PARISH COUNCIL

Cllr Chris Carter was elected Chairman of the Parish Council for another year. Chris spoke about the recent history and changes in the Village over the last few decades and how the Parish Council had managed some of these changes. He was elated to have been elected for a second term and would enjoy leading the whole team of the Parish Council to more achievements Cllr Jenny Clark, who this year. proposed Chris for a second term, continuing the tradition ofchairman having a two-year term, was elected Vice-chairman for a second term.

The Beacon Bonfire Party on Cliff Field was a major success and attended by over 400 people. Parish Councillors have received many messages of thanks and congratulations for this. Particular thanks go to Cllr Peter Acca and the Clerk, Tony Le Riche for organising

the event and with new Cllr Phil Corcos for building the magnificent beacon bonfire, and David Atherton.



The Parish Council would also like to thank the Scouts for providing food and drink for everyone and, with their contacts at CTC-RM for providing tents and marquees. They raised around £1,200 for Scouts' funds by their wonderful efforts. More information and pictures are on the village website.

Clerk to the Council: A J Le Riche, DMS, 8 Drakes Gardens, Drakes Avenue, Exmouth, EX8 4AD Tel 279665/ 07866 535580 clerk@lympstone.org

Editor: Chris Carter, Tel 274104. Copy Editor – P Acca, Deputy Editors – Terri Scott Advertising - Liz Griffith: web site – www.lympstone.org

Copy deadline for the next issue – Tuesday 7<sup>th</sup> June, 10am Copy by e-mail, if possible, to chriscarterathome@hotmail.com The Editor at Hillcrest, Greenhill Ave, Lympstone, EX8 5HW Distribution by the Telfers, Tel 272275 and others Cont

It was with great sadness that the death of Lt Col. George Truell was announced. George was a staunch Lympstonian and provided much character to projects in the Parish. Having been mentioned in the Parish Council's contribution to the Village Show a few years ago, George and Mary typically responded wonderfully at the next meeting with a poem reflecting upon the Parish Council. Our thoughts are with Mary and her family at this time.

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THE PARISH
CHURCH OF THE
NATIVITY OF
THE BLESSED VIRGIN MARY,
LYMPSTONE

**PENTECOST** – The Birthday of the Christian Church is on Sunday 15<sup>th</sup> May – Morning praise at 10:00 am **CHRISTIAN AID WEEK** – 15<sup>th</sup> to 21<sup>st</sup> May

Christian Aid Week unites over 20,000 churches of many denominations. It works with people of all faiths or none - aiming to give everyone a full life free from poverty. Please do support the house-to-house collections in Lympstone.

**TRINITY SUNDAY** – 22<sup>nd</sup> May – Sung Eucharist at 10:00 am

**QUIET PRAYER TIME**: Our next gathering for quiet prayer and meditation is held on the first Monday each month from 9.30 till 10am.

This Pentecost, we will be using published materials by the Archbishops of Canterbury and York as part of their "Wave of Prayer" week, with especial focus on the Lord's Prayer. The archbishops write: "At the heart of our prayers will be words that Jesus himself taught us -'Thy kingdom come, thy will be done.' It is impossible to overstate the lifetransforming power of the Lord's Prayer. It is a prayer that is reassuring enough to be on the lips of the dying and yet dangerous enough to be banned in cinemas. It is famous enough to be spoken each day by billions in hundreds of languages and vet intimate enough to draw us ever closer into friendship with Jesus Christ. It is simple enough to be memorised by small children and yet profound enough to sustain a whole lifetime of prayer. When we pray it with sincerity and with joy, there is no imagining the new ways in which God can use us to his glory."

As always, this special Quiet Time is open to everyone, so do please join us if you can! For more information, or just a chat, please ring Demelza on 272243.

## H.M. THE QUEEN'S 90<sup>th</sup> BIRTHDAY CELEBRATION

SATURDAY and SUNDAY, 11th and 12<sup>th</sup> JUNE. 2 - 5 pm each day. Come and see the **FLORAL DISPLAYS** by the Church Flower Guild each representing an aspect the Oueen's life.

Try your hand at **BELL RINGING**. The bellringers have arranged to bring a set of small bells on a special training frame. Anyone will be able to try this experience. Ringers learn to handle the bells' ropes very accurately with precise timing to make sure they are rung in the correct order.

The LYMPSTONE QUILTERS group are displaying their work which will be a colourful contrast.

There will be **FILMS OF OLD LYMPSTONE** playing for you to watch.

SUNDAY'S **OUEEN** AND **COUNTRY CELEBRATION** will begin at 11:00 am. There will be a special event for all to celebrate H.M. The Queen's 90<sup>th</sup> birthday to which members of the Methodist Church, Royal British Legion, Lympstone Primary School, Sea Scouts, Cubs and Beavers. and other village organisations have been invited. The event will comprise readings and and be followed music by refreshments in the social area.

There will be a Celebration of Holy Communion (Book of Common Prayer) with hymns at <u>9:00 am</u>. This

will replace the normal 8:00 am and 10:00 am services.

TREAT AT SHELDON 7th - 9th 2016: Bookings October are now being taken for the Mission Community Retreat at Sheldon in the autumn. Booking forms and more information are available from Demelza (272243) or Ann Buxton (272193).

Brian Mather

## DAVID COPPERFIELD CASTING WORKSHOPS

Casting workshops for David Copperfield will be taking place at Methodist The Hall, Lympstone on Thursday, 12th May Wednesday 18th May from 7 to 9pm. These will be fun, interactive and lively workshops organised by The Lympstone Players in preparation for their next production on 20th, 21st and 22nd October in The Village Hall. To register your interest and find out more, contact Wendy Watson, the director, on 01395-225844 or email wendy21watson@gmail.com.

Sharon Wayland

#### MOBILE LIBRARY TIMETABLE

Meadow Close. 10.15 - 10.35 Car Park. 10.45--11.45

#### D Letcher

#### FROM THE EDITOR



The craning in of all the bigger boats at Lympstone last month (picture courtesy of R Crisp) signals, for me, the start of the sailing season, Easter at the Church and planting out in gardens and allotments.

The tax man says it is the time to settle our accounts and pay our dues so organisations like the Parish Council examine our (nearly empty) pockets and plan what income we need and what we would like to spend in the forthcoming twelve months. The Queen's birthday celebration like our very successful bonfire, fireworks (thanks Pete and co) and the June official birthday bash being put together by Jenny Clark and others are moderate costs promising lots of fun so long as the weather is clement. Last night I was elected Chairman of the Parish Council and Jenny my deputy for another year so if there is any wish, want or need from the Parish Council then please give us (or

Tony the Parish Clerk) a call or email. We are here to serve you.

The Queens Calibrations on the 11<sup>th</sup> of June are our next big event you should have all the details in the central section of this Herald.

Chris Carter

## FRIENDS OF UNDER HILL SURGERY - AGM

Welcome to our new and old clients and volunteer drivers of the Friends of Underhill Whether vou Surgery. the already use scheme. are a volunteer driver or perhaps are new to the village and would like to find out more about us, please join us at our AGM on Wednesday 18 May 2:30pm, Methodist Hall, Chapel Road, Lympstone.

Merle Wheeler, Secretary

#### LYMPSTONE WEBSITE DEVELOPMENT



Lympstone.org is

intended as a vibrant and up to date source of community news, information and events in the village. We are now looking for community volunteers to work with Cllr Phil Corcos to make sure the website remains current and relevant to the people of Lympstone and beyond. In particular we want to work more

closely with the many and varied Lympstone groups, clubs and societies to ensure we have an up to date calendar of activities. It is also our intention to gather the views of villagers on the many day to day issues that affect them and to encourage younger people to contribute to these discussions. The image galleries can be developed further, and of course we are always looking for technical website skills to ensure the robustness, good design and user friendliness of the site remain intact

So if you like the idea of helping to promote, discuss, or report on Lympstone's many social, educational and recreational activities, or you have website technical expertise, please contact Tony Le Riche or philcorcos@gmail.com ASAP...

Phil Corcos

#### LYMPSTONE PLAYERS AT THE BIKE SHED THEATRE, EXETER MONDAY, 16TH MAY AT 7.00PM

Yes, The Players are on tour! If you missed out on our two sell-out performances of The Regina Monologues at The Lympstone Sailing Club, then enjoy an evening



out in Exeter. Again, all profits made by The Players will go to local charity SAFE (Stop Everyone) Tickets

Abuse for Everyone). Tickets

available on-line from www.bikeshedtheatre.co.uk , 01392-434169.

Sharon Wayland

## LYMPSTONE ART GROUP 2016



Don't forget to visit Lympstone Art Show which will run from Sunday 29th to Sunday 5th June in the Village Hall. The show covers a wide range of Art work, paintings and sculptures and we have received praise in the past for the standard of work and the professional display. It is held over the half term weekend so please put a note in your diary to come along. Tea, coffee and cakes are available and you have the opportunity to buy original art work at very reasonable prices.

We will be running a secret auction of sealed bids, over the duration of the exhibition for a painting by Chris Forsey, which is of Budleigh, and can be seen on our posters advertising the Show .Chris's paintings command prices between £700 and £2000 and our reserve price for this painting is £150 which is a real bargain.

Opening hours are 11am to 5pm except for Sunday 5th June when we close at 2pm. Entry is £1 for adults, free to under 16's. Hope to see you there some time during the week

Tickets Judith Carter

#### LYMPSTONE WI

Our speaker on Wednesday the 4<sup>th</sup> May was Lympstone resident, Flora Laney-Hubbard, who gave illustrated talk on her experiences volunteering in Southern Tanzania for the International Citizen Service last year. As well as raising the profile of the vital work done by the ICS, Flora had wanted to thank Lympstone WI for being one of her sponsors for the trip. Her enthusiasm was infectious, as she encouraged us all to do our bit - no matter how small - to conserve water

We then heard from Anne Frampton about the WI Spring Group meeting Torquay, and Debbie Smith Spring Council reported on the meeting, held by Countess Wear WI. On behalf of the hosts, Lympstone Society, Diana Letcher History thanked everyone who had helped with the catering for Devon History's Spring Meeting on Saturday the 23<sup>rd</sup> April, with special thanks to Janet Ward for preparing her excellent ploughman's lunches and to Diana de la Rue for her delicious home-made cakes

There will be no litter pick during May, the next one being scheduled for the 14<sup>th</sup> June, to clear up after the celebrations for the Queen's official birthday weekend.

Our next meeting will be held on Wednesday the 1<sup>st</sup> June at 2.30 pm in the Committee Room of the Village

Hall, when retired pilot, Colin Pomeroy, will give an illustrated talk about expeditions he has made to the Indian Ocean and the Antarctic Peninsula.

We are very pleased to welcome anyone who thinks she might be interested in finding out about the Lympstone WI. For more information please phone Diana de la Rue on 01395 274099 or find us on the village website.

Lindy Newton

#### REPORT TO ANNUAL PARISH MEETING FROM NEIGHBOURHOOD PLAN GROUP APRIL 2016

Following the hugely successful referendum in March 2015, the group has met to plan the next steps.

It is pleasing to see that the presence of the Neighbourhood Plan has fended off some unwelcome predatory planning applications on the edges of the village and it appears that the statutory bodies are now applying it correctly in the planning review process.

The group wishes to rename itself The Neighbourhood Plan Implementation Group as it is deemed that our work will be to assist and enable local groups, organisations and businesses to flourish.

Obviously as we have one of the first 'made' neighbourhood plans in the

country it is difficult to gain experience from village's NP groups, and it appears that several focussing solely on using their NP to pursue planning matters. However we feel that our NP was very well balanced between planning, community and environment and are Linda Lyon and Jenny Clark confident that planning is covered well by the document - the Parish Councillors and other agencies are using it properly. It was therefore felt that the group's experience energy could be best used focussing more on the community and environment plans.

It is important to stress that the NPIG is not a team of volunteers with endless time and resources, who can rush in and pick up all the work! Our role is more to put people in need of project assistance in touch with relevant local people who have the skills to assist them. We are happy to attend a few initial meetings and set the ball rolling, but community actions need to be community driven - we are just one of many resources. Over the past 12 months the following

Work has been underway with the pre-school (assisting with business plans and project planning for a move to new premises)

have been part of our work –

Dialogue with Estuary Trail Group Involvement with the fledgling Lympstone Community Foundation (a charity proposed to secure facilities and assets for the community).

The NPIG is running the Oueen's 90<sup>th</sup> birthday party for the village on June 11<sup>th</sup> along with the PC and the preschool committee.

Work is also underway on a new and modern-format guide to the village.

#### LYMPSTONE FLAGS

I have two Lympstone flags left one large (2m) @ £40 and one small (1m) £20 please contact  $\widehat{a}$ cllrroblonghurst@aol.com if you wish to purchase.

Cllr Rob Longhurst

#### MORE TRAINS ON SUNDAY

From 15<sup>th</sup> May there will be a train every half hour for most of the day on Sundays, all year round. This is something The Avocet Line Rail Users Group (ALRUG) has been campaigning for almost since it was formed in 2009, by undertaking passenger counts to prove the case and by lobbying rail industry partners. To promote use of the additional trains website new www.SeizeTheSunday.org suggests some days out by train on the Avocet suggested Line destinations including a roast at The Globe and the Lympstone Regatta.

Tony Day

### PLAY UP! PLAY UP!

There's a breathless hush in the close tonight,
Ten to make and the match to win

Lympstone's own version of 20/20 cricket comes to the fields of Harefield on Thursday 16<sup>th</sup> June, at 6pm, when the men (and women?) of the village take on the Gentlemen of St Peter's School, in the annual Cricket Match. Twenty overs each, but rather more sedate than the professional version.

On a beautiful sunlit evening, it is one of the most enjoyable events of the summer, with a bar and a barbecue, ice creams and prizes, a pair of partial umpires and the Last Great Scorer (Tony Day in his own box), all accompanied by the wonderful Lympstone Training Band, who are becoming such a welcome part of Lympstone life. A real village band! The revival of a cricket team in Lympstone has been one of the joys of the last decade. They don't have their own cricket field in the village, but here is your chance to see them on home soil. Come and enjoy a proper old-fashioned game of cricket in the beautiful setting of St Peter's School, with its views over the estuary and the

Haldon Hills. Entrance and parking is entirely free, but proceeds from the bar and barbecue, ice cream and raffle, will go to support the Friends of Lympstone Church, who organise this most enjoyable of annual occasions. Bring a rug or folding chair further to enhance your enjoyment!

Harland Walshaw

# DRAMATIC NEW VENTURE

Due to unforeseen circumstances our dysfunctional group of "would be luvvies" have sadly had to postpone our Comedy Play "AMATEUR RITES". We will be performing it now in The Village Hall on the 24<sup>th</sup> and 25<sup>th</sup> of June. Mid Summer's Eve and Mid Summer's Night!!

Any one who has booked tickets for the 20<sup>th</sup> and 21<sup>st</sup> of May please telephone our hotline or email if the new dates are not convenient. 07596 503040 *vatslympstone@gmail.com*.

Daisy O'Dea.etc , had to change Vats comedy performance dates from May to 24th & 25th of JUNE

Chris Barnacle

#### MORE SUNDAY TRAINS BETWEEN EXETER AND EXMOUTH FROM 15 MAY

Extra trains will run on Sundays between Exeter Central and Exmouth from 15 May and they will all call at



Lympstone Village station.

Trains will run every half hour through most of the day on Sundays throughout the year, instead of the previous hourly service.

Great Western Railway (GWR) is working with the Devon and Cornwall Rail Partnership and ALRUG (the Avocet Line Rail Users' Group) to encourage local residents to make the most of the extra Sunday services.

Ideas for what to do on a Sunday day trip by train can be found at a new website www.SeizeTheSunday.org, These include going for a Sunday roast at Topsham and other local "foodie" pubs and music nights out in Exeter and Exmouth. The Partnership is also helping promote travel by train

to some of the great local events this summer such as Exmouth Festival 27 May-5 June and Exmouth Kite Festival on 27 and 28 August.

Celia Minoughan, Project Officer at the Devon and Cornwall Rail Partnership said: "We encourage everyone to leave the car at home and enjoy a great day out by train. There's so much to do on a Sunday and it's great value too."

An adult Off Peak Day Return from Lympstone Village to Exeter Central is £4.30 and to Exmouth is £2.40. Under 5s go free and children aged 5-15 are half price.

For information about train times contact National Rail Enquiries on 03457 484950 or visit www.gwr.com.

Celia Minoughan

## FRIENDS OF THE CHURCH LOTTERY

First a big thank you to all who have supported the Friends' work in helping to keep the Church in good repair by buying tickets for our Lottery - raising nearly £1700 this year. We have now had the first monthly draw of the 2016/17 round and the winner of the £25 prize for April is Ange Connolly at the Globe. Cheers!

Clive Wilson

#### NGS CHARITY OPEN GARDEN AT THE LOOKOUT, LYMPSTONE WHATEVER THE WEATHER!

The weather is finally warming up so come and celebrate the arrival of Summer at The Lookout at the beginning of June. Enjoy a stroll round this 2 acre, wildlife friendly coastal garden and then treat yourself to a delicious clotted cream tea. There are lots of interesting plants on sale, Love Local's pop up shop selling locally made gifts, art and craft, a giant sand pit with buckets and spades for the children, Basil's honey stall and, on Friday, folk band Cataclews will be providing jaunty musical accompaniment between 2.30 and 3.30pm. There's even a display of photos showing how the site has been developed from a derelict 1920's

mussel purification station to the family garden it is today.

Over 4,000 people have visited the garden since its started opening, helping to raise nearly £25,000 for national and local charities, and both Carol Klein & Alan Titchmarsh have featured it in their TV programmes. So come and see it for yourself...with a large marquee for shade or shelter, the garden will open... come rain or shine! 2-5pm Friday 3rd June, 2-6pm Sunday 5th June. Entry £4, accompanying children free.

No dogs except guide dogs. Disabled access to lower part of garden & stalls. Field parking next door, plenty of cycle parking on site. Please see the National Garden Scheme website for full details <a href="https://www.ngs.org.uk">www.ngs.org.uk</a> or the village website

Jackie Michelmore





#### MUSIC TO ENCHANT

The flute and harp are a magical combination, and some special music has been written for them. Lympstone Entertainments are presenting one of the evocative new flute and harp duos on Sunday, 22<sup>nd</sup> May. In the West Country we are very lucky to have The Zephyr Duo, Ruth Molins (flute) and Sally Jenkins (harp), who first collaborated 2015 in perform Mozart's Concerto for Flute and Harp with the Exeter Symphony Orchestra, and have since developed exciting musical partnership, performing both treasured and hidden gems of the flute and harp repertoire. With harp playing described as 'otherworldly' and a flautist who 'lives every note with such grace and poise', Zephyr promise to enchant.

Ruth's glorious flute playing will be by Lympstone remembered audiences - she organised three popular concerts for us a couple of

Birmingham Albert Hall and Symphony Hall.

Zephyr will be playing in Lympstone Church at 4 pm on Sunday, 22<sup>nd</sup> May, and performing the work of such varied composers as Benjamin Britten, John Rutter and Irving Berlin. Tickets at £8 (£1 for under 16s) can be bought from Demelza at the Box Office, 2 Brookside Cottages, The Telephone 01395 272243 Strand. (answerphone).

Viv Day

#### FURRY DANCE COFFEE **MORNING**

This year our summer fund raiser will take the form ofа coffee

morning to be held in the Methodist Hall on Saturday June 25th between 10:00 and 12:00 hrs. Although we have had to change the venue and format for this year we will still have summers ago. Sally has performed the Lympstone Training Band to with orchestras in some of the entertain you and a selection of country's biggest venues, such as the refreshments. Enjoy fresh buttered scones, delicious toasted tea cakes or simply nibble on a biscuit with your tea or coffee. Come and catch up with old friends, listen to the band, browse through the photo archive and support the Lympstone Furry Dance. (See more details on our forthcoming posters).

Chris Doak

#### DIGGING FOR OXFAM

I dig / do simple garden jobs, you pay £10 an hour and it all goes directly to Oxfam 276569.

Jenny Moon

### THE QUEENS BIRTHDAY PROGRAMME

Village Party – Saturday 11<sup>th</sup> June

The centre pages of this month's Herald form a pull-out-and-keep programme for the event next month. More information will be provided in posters around the village in the next few weeks.

A few important items – In honour of its being her Majesty's birthday celebration, a free Ice cream will be given to all Lympstone children aged up to 16 – you will need a voucher to claim

this – vouchers have already been distributed at the school and preschool, additional vouchers for those aged 11-16 and those not at the school or pre-school can be obtained by contacting Jenny Clark (merryfield@etcpm.com) or from the Stewards' tent on Candys Field on June 11<sup>th</sup>.

The event will start at 3pm and there will be a huge variety of games, sports and exhibitions activities. running until. 6 Our Great Lympstone Bake Off contest will run from 3 00-4 30 with sections for children and adults – application forms are available from Jenny Clark (see above) or Vicki Drinkwater (preschool) or from the Village Shop. The event will encompass a formal

toast at 5pm to mark the birthday of the Queen and the 90<sup>th</sup> birthdays of some Lympstone residents. The event will then continue into the evening with a mix of live music and a selection of hits from 1926 to the present day.

All proceeds will go to the village pre-school. Entry is free. Teas, sweets, ice creams, hog roast, beer tent and Pimms & prosecco gazebo

available.

will be Large picnic/sitting area provided, so ren aged bring all the family and join the fun!
 will We would welcome volunteers who to claim can spare just one hour on the day to

help – if you are able to support us. This event is being organised by please contact Clark Jenny merryfield@etcpm.com Linda Lyon 077 86 332 529 Council. malcandlinda@aol.com

Lympstone Neighbourhood 274292 Implementation Group, Lympstone Pre-school and Lympstone Parish

Vicki Drinkwater or Susan Briggs - Jenny Clark Lympstone Pre-school



You are invited!

Saturday 11th June

2016

3pm - 11pm Candys Field

# VILLAGE PARTY

To celebrate the 90<sup>th</sup> birthday of Queen Elizabeth II

Free entry

Please come and join us for this family fun event – the afternoon will provide family

# activities, sports and exhibitions.

A formal toast to Her Majesty © a prize-giving will take place at 5pm The evening continues with live bands, music 1926-2016 © dancing

A ROYAL NIGHT OUT - COMEDY ABOUT PRINCESSES ELIZABETH & MARGARET AND THEIR NIGHT OUT IN LONDON ON VE DAY.

7.30 VILLAGE HALL - ALL WELCOME - £3 FOR NON-



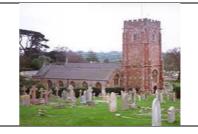
Outside Youth Club Hog roast (4-9) Beer Tent (3-11) Pimms & Prosecco gazebo (3-11) youth Club
Sumo Suits (from 3)
Gladiator challenge (from 3)
Sweets and soft drinks (3-9)
Quilting demo



Village Hall
Bake off - Adult & Children's
(3- 4.30)
Lympstone Exhibitions; History,
Art & Film (3-6)
Stage make up and photo booth



Parish Church
Floral displays (2-5)
Jubilee Quilt display







Candys field 3-6 Stalls showcasing Lympstone clubs and organisations



ice cream for all Lympstone's Ice creams
Bouncy castle
Tug of war
Assault course
Picnic area





Main Stage 3-11 See over – bands and music









9.30 - Main Stage
Dress up as your favourite
Royal! Cross dressing
expected - free drink for all
entrants!

ิจันหิ୭ศั*y* – Church open 2-5 – floral and quilting displays 11am – Queen & Country family service (see exmouthcoastalchurches.org.uk)



#### STAGE SCHEDULE

Time	Performer/Activity
(approx.)	
15.00	School choir Maypole
	dancing
15.10	'Aint Misbehavin' Jazz
	1920s 🕲 1930s hits

16.30	Ollie Hickman – 'Human
	Jukebox'
17.00	Military wives choir –
	Happy Birthday
	Bake-off winners announced
	1940's hits
17.30	The Lympstone Band –
	patriotic songs
	1950s 🕲 Motown hits
18.30	Exmouth Shanty men
	1960s hits
	The Mc Smiths – up-beat

	folk
	1970's hits
	Alan Todd – vocals 🕲
	guitar
	1980s to date hits
21.30	Fancy dress competition (adult)
21.45	Beautiful Blue Mac

Draft schedule at time of print – may be subject to some changes

#### WEEDKILLER SUBSTITUTE

Bristol City
has started
using vinegar
as a
weedkiller



substitute. Residents have complained it is smelly and less effective on the

larger, more established weeds. Gillian Douglas, Council Interim Service Director for Clean and Green, said: "This trial of glyphosate free weed treatments is still in its early stages, having been implemented in response to widespread public concern about the use of glyphosate as a weedkiller.

We are sorry to hear some residents are concerned and we will monitor feedback throughout the trial.

EDDC The Knowledge

#### ONE IN 11 ADULTS IS DIABETIC

One in 11 adults now have diabetes – with medics blaming obesity for the disease's rise. The World Health Organisation has seen a global surge from 108 million cases in 1980 to 422 million in 2014. Type 2 diabetes is linked to diet. More than four million people in the UK now have the condition – up two-thirds in a decade.

With preparing this Herald and passing on printed copy to those who run the village web site. Ring 274104 or email editors (address on front cover).

The Editors

**DISCLAIMER** This news letter is compiled from emails sent to the editor by numerous people and very little of the information is checked before publishing which is done in good faith.

Chris Carter, Editor

East Devon, The Knowledge

#### VILLAGEWEBSITE

Any updated information please contact Update@lympstone.org or call Tony the Parish Clerk. Office 01392 427776, Mobile 07879427333.

Phil Corcos, a new member of the Parish Council is taking over the administration of the web site so he may be contacting you with reference to changes in its contents.

The Ed

OCCASIONAL HELP WANTED



#### CRICKET SEASON UNDER WAY

Lympstone's cricketers have had a mixed start to their season. In both games played so far, at Newton Poppleford and at Woodbury. Lympstone batted first and got off to a good start with the seasons new openers Hugo Boatright and Joe At Newton Poppleford the Banks. Lympstone total of 128 looked weak on a fast outfield against young and nimble opponents. And so it proved, the home side knocking off the runs to win by 6 wickets, with three and a half of the 20 overs to spare. In the derby at Woodbury local following week, Lympstone's total was a very similar 130 – but on a very different pitch where runs were much harder to get. The Lympstone little bowlers gave away, Woodbury's target rapidly faded from the unlikely to the unreachable, giving Lympstone victory by a comfortable The village team have 34 runs. several new players this season, but

more are always welcome. Anyone interested in playing, or who is willing to umpire or keep the scorebook, can get in touch through the clubs and societies list on the Lympstone.org – or give your contact details to landlord Mike at the Globe (club sponsors). There are evening matches most weeks through to the end of July, usually starting at 6pm. Optional net practice takes place on Tuesdays throughout the year. The Annual Village Cricket match against St Peters School is on Thursday 16<sup>th</sup> June.

Tony Day, Scorer



ADVERTISEMENTS

**BRIDGE PLAYERS** – The Magnolia Club in Exmouth would welcome new members. It's a friendly playing club meeting on Wednesday evenings at 6.30. (Free convenient parking). Phone Don at 01395 265606.

#### **DustAway**

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#### <u>SPECIAL EVENTS, NEWS & OFFERS</u>

Live Music:

Go Tell Alice: Friday 27th from 9pm
Lympstone Folk: Wednesday 8th June from 9pm
Quiz Night every Tuesday from 9pm
Our Annual Wine Tasting evening - on Thursday 26th June
tickets only £12.95pp & include a cheese board.
This event sells out fast so be quick to book your tables

#### Food Special Offers: Monday Night- Pie Night

Locally made pies delivered fresh every Monday & served with Mash potato, Vegetables & Gravy for only £5.50

#### **Thursday Fish & Chips**

Our Fish & Chips are only £7.95 every Thursday Takeaway Fish & Chips available Tuesday to Saturday

#### **Sunday Lunch**

only £8.95, 2 Courses for £10.95 or 3 Courses for £12.95 With all our meats now sourced from Darts Farm.

#### **Opening Hours:**

Mon & Tues 4pm till late 6pm till 9pm

Wed – Sat 12 lunch till late 12pm till 2pm & 6 till 9pm

Sunday 12 lunch till 10.30pm 12pm till 6pm

Support the EXETER CHIEFS Semi Final Play off on Sat 21st May from 3pm





#### Exceptional Estate Agents

#### for East Devon, Topsham and Exeter



#### LYMPSTONE HERALD ADVERTISING RATES 2015/2016

Copies of the Lympstone Herald are delivered free to every household in Lympstone (approx 1100) every month with a further copies being sold through the village shops Please send your enquiries to Chris Carter, Editor, Lympstone Herald, chriscarterathome@hotmail.com or 01395 274104

Costs per issue

- £90 a page
- £45 a half page
- £22.50 a quarter page
- Lineage in the *Small Adverts* cost 60p a line or £1.20 a line if boxed.

• Boxes (approximately business card size and 6 or 8 to a page) cost £12 – £15 a box.

Graphics can be included in any box.

Discounts are normally available on annual contracts.

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HB.ª



## People of Lympstone...

# are you thinking of selling your home?

As a resident of Lympstone and a local estate agent,
I am well aware of the very many benefits of living in this much
sought-after, lovely village and I believe the in-depth local
knowledge this affords, gives me a huge advantage when trying to
sell your home and get the best price.

At Wilkinson Grant & Co, this local knowledge is supported by an award-winning professional team including in-house surveyors, financial and legal experts with a track record of achievement dating back over 20 years, which combine to ensure that your property move is handled with complete professionalism from start to finish.

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Telephone 01392 875000 i.moore@wilkinsongrant.co.uk



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**CALPE, SPAIN**: 2 bedroomed apartment for rent. sleeps 4-6 people. beach front, 3 pools, 2 tennis courts. tel: Jane Moffatt 279952

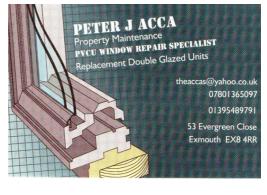
TWO-BEDROOM HOLIDAY **COTTAGE** in centre of village available for minimum 2 night stay. Call 01395 488123 or go www.lympstoneholidaycottage.uk



#### FOR SALE - £100

6ft high, walnut veneer, bow fronted corner cupboard, upper half glazed. Excellent condition. Ring 01395 274104





#### LUXURY VILLA, VALE do LOBO, ALGARVE 29th Oct to 5 Nov 2016

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ocean holes.

all included to for more information

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Looking for support with secretarial, administration, marketing, proof reading, print and design purchasing, PR or copy writing? Phone 01395 275436 or 07587 146223. From £10 per hour.

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Vendee: overlooking golf course and only 10 mins drive from superb beach. 3 bedrooms, 2 bathrooms, communal swimming pool and tennis courts. From just £350 per week. Tel 01395 272032 or email: annhurley1@sky.com





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YOGA FLOW CLASS FRIDAYS from 8th JANUARY LYMPSTONE VILLAGE HALL 10.00 – 11.15

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Free Advice & Quotes



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Interior painting and decorating
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No job too small
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#### **SMALL ADS**

**LYMPSTONE POSTCARDS** are on sale in the Central Stores and cafe. Village photograph greeting cards are still available on request from Frances Longhurst 263495

**PICTURE FRAMING.** For all your framing requirements; also frame restoration & chair caning. Caro Ambridge 01392 877460, Topsham.

**AVAILABLE TUTOR** Local experienced Primary School Teacher available to teach Maths and English. Can also prepare children for SATS. Colvton and 11+ Reasonable rates For more information call. Beckv on 07806554106 or email: beckychurch @hotmail.co.uk

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#### **ACCOMMODATION**

WITHALL'S HOUSE BED AND BREAKFAST. A modern and spacious home close to the heart of the village. Ample parking and flexible accommodation. Call Pete and Jan Hardy on 01395 488123 Or visit www.lympstonebedandbreakfast.co.uk

#### CYGNET COTTAGE

Quiet self-catering cottage just yards from the foreshore. Sleeps 3/4. From £70 per night. Visit www.cygnetcottage.net or ring Demelza on (01395) 272243

#### ON

#### WHATS

MAY

1 Tickets for Anti-Slavery Draw

3 Africa Talk, Methodist Hall

**4 WI** 

6 Film Society AGM

7 Garden Club Coffee Morning

12 & 18 Players Casting

Workshops

14 CHSW Birthday Celebrations

14 WI Litter Pick

15 Pentecost

16 Regina Monologues in Exeter

18 Underhill Surgery Friends AGM

22 Zephyr

27 Go Tell Alice, The Globe

29 to 5<sup>th</sup> June Art Show

**JUNE** 

1 WI

3 & 5 NGS Look Out Garden Open

5 Art Show closes 2pm

8 Lympstone Folk, The Globe

10 Film, A Royal Night Out

11 VILLAGE PARTY

16 Cricket at St Peter's

24 &25 'Amateur Rites'

25 Furry Dance, Coffee Morning

26 Wine Tasting, The Globe

NB Advertising for anything accepted at any time - just email the editor



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