

THE LYPMPSTONE HERALD



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PARISH COUNCIL NEWS

Lympstone Parish Council hope everyone had a safe and peaceful Christmas, we all look forward to a more healthy and proactive New Year despite the latest lockdown. The PC ask that you continue to follow and comply with Government regulations.

The PC would like to say a huge thank you to the volunteers in the community who have cooked regular hot meals to the shielding and housebound members of the public. It has provided a massive support to those who may feel forgotten. Also, a thank you to all members of the public who continue to help their neighbours in need at this difficult time.

The PC wish to thank everyone who joined in with the Advent activity trail and all the hard work and efforts made to produce some beautiful and striking Advent window displays - this did not go unnoticed!

The PC would also like to express a massive thanks and gratitude to the owners of the Mill fields who have successfully created a beautiful new picturesque footpath through the fields and along the Brook which is a joy to walk and observe the nature along this new route. It has taken months of effort and hard work all at the owners expense so the public can continue to enjoy walking through their fields. Please respect the new walkway so it can remain for now and in the future.

Sadly, many irresponsible dog owners continue to not clear up after their dogs. Dog mess still spreads through our beautiful village and full dog poo bags hung in hedgerows or left on the ground does not solve the problem either. Dog poo must be picked up, bagged, and **THROWN** away in a red dog poo bin or general waste bin.

The parasites and bacteria can stay in the soil for years. By not picking up after your dog, you are putting other people's pets at risk for exposure to harmful bacteria. Children who play and people who work outside are at the most risk for contamination. This harmful bacterium also affects water quality.

Can we please try extra hard this new year to be more responsible and clear up after your dog!



No Messin'
Children will touch anything
Dog faeces can be harmful to human health and can cause blindness. An infection called Toxocara canis can be caught if the waste is not removed immediately.

Many of you would have noticed that recently there has been flooding in Meeting Lane which has been impassable and led to many vehicles getting stuck. The PC are looking into this and trying to resolve the issue. The PC would like to thank the individuals who have highlighted the danger of this flooding and helped tow vehicles out of the flood water.

Over the Christmas break the public toilets were closed and unfortunately broken into. The PC are investigating this further with the support of the Police. If any suspicious or anti-social behaviour is noticed, please do not approach anyone yourself but report this directly to the Police on 999 or 101 depending on the severity of the activity taking place.

The PC are still keen to update and refurbish the playpark in Candy's Field and desperately need the support of volunteers to help this happen. Please contact either myself, the Clerk, or any Councillor to find out more if you can help.

Unfortunately, due to continued Government Covid19 restrictions, all PC meetings will be postponed until further notice. The Parish Council are continuing to work hard on your behalf, please do not hesitate to continue to email myself, the Clerk, and any of our Parish Councillors with any queries and we shall endeavour to respond with the

appropriate help or signpost you in the right direction.

The PC would like to remind all that ongoing EDDC planning applications submitted in the Parish, are on both Lymptstone and EDDC websites. Please submit your responses regarding the planning application directly to EDDC. The PC also continues to add notices and information so please keep visiting Lymptstone website if you have the access.

Planning permission for new gates was passed at Gulliford Burial Ground and therefore the old wooden ones will be removed. If anyone would be interested in collecting and having these gates in exchange for a donation towards FOGBG funds for the burial ground, please do not hesitate to contact me for further details.

Finally, all Lymptstone Parish Councillors would like to take this opportunity to thank you for your continued support, please keep safe, take care and we look forward to meeting up again in a more optimistic 2021!

Clerk to the Council:

Lucy Tyrrell c/o Minnows, Longmeadow Road, Lymptstone EX8 5LF

Tel: 07890717081

Email: lymptstonepc@gmail.com

ENGLAND LOCKDOWN

STAY AT HOME

**THE NEW VARIANT OF CORONAVIRUS IS SPREADING FAST.
WE ALL NEED TO PLAY OUR PART TO STOP THE SPREAD.**

► LEAVING HOME

You must not leave, or be outside of your home or garden, except for a very limited set of exemptions e.g. to shop for basic necessities, exercise, go to work if you cannot do so from home, or to escape risk of harm.

► MEETING OTHERS

You cannot leave your home to meet socially with anyone, except with your household or support bubble (if eligible to form one). Stay 2 metres apart from anyone not in your household or support bubble.

► EXERCISE

You may exercise on your own, with your household or support bubble, or with one person from another household (when on your own). Stay 2 metres apart from anyone not in your household or support bubble.

► BARS, PUBS AND RESTAURANTS

Hospitality closed aside from sales by takeaway (until 11pm), click-and-collect, drive-through or delivery. Alcohol cannot be purchased through takeaway or click-and-collect from hospitality venues.

► RETAIL

Essential shops can open. Non-essential retail must close and can only run click-and-collect and delivery.

► WORK AND BUSINESS

Everyone must work from home unless they are unable to do so.

► EDUCATION

Early years settings open. Primary and secondary schools and colleges move to remote provision except for vulnerable children and children of critical workers. Most university students to move to remote learning.

► LEISURE AND SPORTING FACILITIES

Closed, with limited exceptions.

► ACCOMMODATION

Closed, with limited exceptions.

► PERSONAL CARE

Closed.

► ENTERTAINMENT

Closed.

► OVERNIGHT STAYS

You must not stay overnight away from home. Limited exceptions apply e.g. to stay with your support bubble.

► WEDDINGS AND FUNERALS

Funerals of up to 30 people permitted. Weddings up to 6 people permitted in exceptional circumstances. Wakes and other linked ceremonial events of up to 6 permitted.

► PLACES OF WORSHIP

Places of worship can remain open and communal worship is permitted, but you must not mix with those outside your household or support bubble.

► TRAVELLING

You must stay at home. If you do leave home for a very limited set of exemptions, you should stay local in the village, town, or part of the city where you live where possible. Do not travel abroad unless an exemption applies.

► CLINICALLY EXTREMELY VULNERABLE

Shielding reintroduced across England. You should not travel to work, school, college or university and should limit the time you spend outside the home. You should only go out for medical appointments, exercise or if it is essential.

► CARE HOME VISITS

Visits can take place with arrangements such as substantial screens, visiting pods, or behind windows. Close-contact indoor visits are not allowed. No visits will be permitted in the event of an outbreak but end of life visits are permitted in all circumstances.

STAY HOME ► PROTECT THE NHS ► SAVE LIVES

For more information go to:
gov.uk/coronavirus

PARISH CHURCH

Advent Windows and Nativity. The stable is empty again, the sheep went off onto the field and the wise men will have to depart. Thanks for all the comments about the Advent Nativity and for all those who decorated their windows, made the figures, the stable and charged up the lights every day during the village's first Advent event. We certainly welcomed the baby Jesus this Christmas.

Sunday Services. The church will close until at least mid February. No services will take place. On Line Every week there continues to be a YouTube service that you will be able to view at <https://exmouthcoastalchurches.org.uk/podcasts>

The church is still open Wednesdays and Sundays for private prayer

Tick Tock and Lympstone Unlocked will not be able to restart. Further updates and information from Fiona on 07935594030.

Coffee Breaks! On Sundays and Wednesdays, Steve and Benedict invite you all to join them for Zoom Coffee. You can join in on:-Sundays at 10.45 am and Wednesdays at 1.00 pm By contacting Karen in the office, or out of hours, for info and Zoom code email vicar@exmouthcoastalchurches.org.uk

Hoping the New Year will bring vaccines and a return to activities where we may all meet soon.

Brian Mather

FRIENDS OF THE CHURCH LOTTERY

Our two winners of £25 prizes for December were Carol Brister and Mike & Lizzie Richards.

Clive Wilson

LOCKDOWN MONTHLY SUNDAY LUNCHES

For the cooks of our lunch raise a cheer

A bright spot every month this hard year

Village Hub was involved

Delivery solved

So thanks to you all from us here

Sue, Norma and Bill

A portrait of Roger Wilkinson, a middle-aged man with short, light-colored hair, smiling. He is wearing a dark grey suit jacket over a light blue and white vertically striped shirt and a dark purple tie with a small white elephant pattern. The background is a solid light grey.

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LYMPSTONE LIVING ADVENT CALENDAR

Enormous thanks to everyone who helped make Lympstone Living Advent Calendar such a festive and happy event throughout the village in December. Too many people to mention by name but you all know who you are and it couldn't have happened without you!

I've had of positive feedback and it was amazing to see all the extra window decorations and lights as everyone joined in to make the village as festive as possible.

Personally, I have enjoyed it all as it has been a great way to get to know lots of people in the village in such a short time despite covid restrictions. When we first moved into Lympstone in March 2020 we hoped to get to know people through film nights, garden club talks and other social gatherings but it was not to be.

Who knew that advent windows would become a social event?

Of course it was disappointing to have to scale back the offering of mulled wine and mince pies on Christmas Eve at the village hall, but it was still lovely to see people gather in small and distanced groups to wish each other happy Christmas, while viewing the final window decorations and the schoolchildren's artworks. Generous donations meant we also raised more than £130 on that evening for Exmouth Foodbank, delivered with love from Lympstone.

There is enthusiasm to do it all again next December so I welcome feedback to lympstonelivingadvent@gmail.com on ways we might improve it.

Doreen Murray

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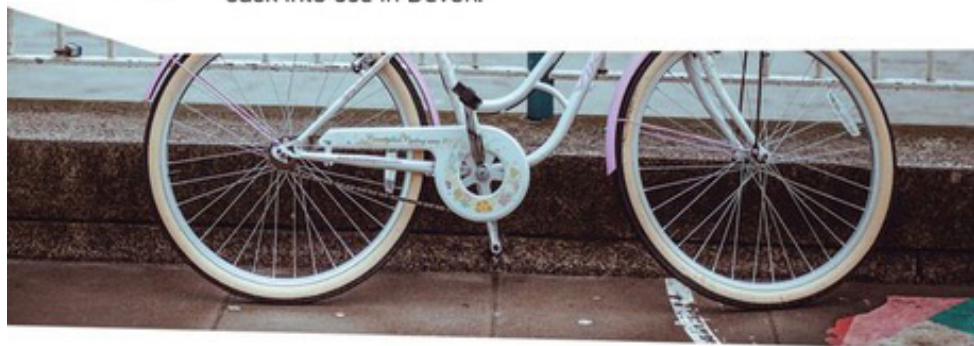
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Ride On

Donate a bike!

Help us get more people cycling.

Ride On is a bike recycling charity in Exeter. Our vision is for a cleaner, healthier, and more active city. We refurbish second-hand bikes - in 2019 we put 681 bikes back into use in Devon.



If you have a bike you no longer need, why not donate it?

If you can deliver it to the Ride On workshop that's great (address below).

If not, we have bike drop-off points at the following locations:

- Briar Crescent, Wonford • Lewis Crescent, Digby (St Loyes)
- Lymstone • Sidmouth

Email info@rideoncycling.org for details.

61 Haven Road, Exeter EX2 8DP

Lymstone Drop Off Point - 8 Grange Close, Lymstone, EX8 5LD.

Ring Steve Morgan on 01395-276020.

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LYMPSTONE NURSERIES ARCHAEOLOGY

As part of the current redevelopment of the former Lymptone Nurseries site on Church Road, important evidence for medieval settlement has been recorded by archaeologists. Devon-based AC archaeology were commissioned by RBL Homes to carry out some archaeological investigations prior to the residential development getting underway. Evidence for medieval activity had been initially identified during some previous test pitting and trial trenching, which led to a planning requirement for more formal investigations to be undertaken.

The work comprised an excavation area adjacent to Church Road. This exposed the remains of what would have been a substantial timber structure measuring approximately 15m by 5m. The building remains consisted of large post pits measuring up to 1.5m in diameter and 1.5m deep that formed a rectangular arrangement. In these (long rotted away) large wooden posts would have been set that would have supported the structure. Something of this size would have represented a significant building, perhaps a hall. Elsewhere on the site a series of ditches were exposed that would have formed simple plot boundaries and drains. In these, items of domestic refuse such as pottery, animal bone and marine shells had been deposited.

The site has now been fully excavated and recorded by the archaeologists so that the development can commence. Although initial rapid assessment of the recovered pottery suggests a broad medieval occupation, detailed analysis and reporting on artefacts and soil samples that were taken should be able to provide a close date on the structure as well as an understanding on aspects such as status, economy and diet. It is hoped that the results from this work will then be able to add to the long history of Lymptone.

The report above has been kindly provided by Simon Hughes of AC Archaeology. We hope that further information will be available about the outcomes of the excavations when the materials have been analysed.

Jenny Moon



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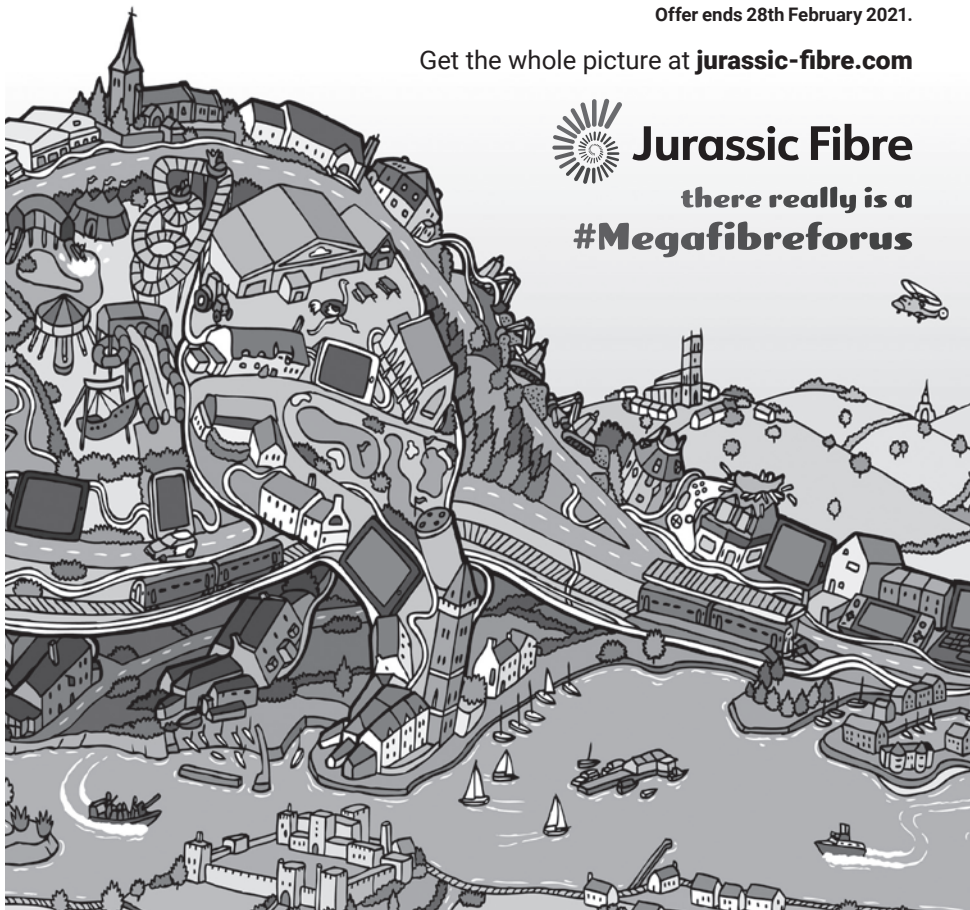
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GARDEN CLUB

Now is the time that the winter garden comes into its own. If you have a small garden or just a patio, a single pot with a plant that has bright stems or berries is a delight when touched by frost or in bright sunlight. Scent, too, from winter flowering shrubs raises the spirits even on a dull day. Undaunted, Daphne bholua has been out for a couple of weeks with a scent I wish I could bottle.

Tall grasses can look great when frosted along with clumps of the lowish growing blue Iris unguicularis (you can get scented varieties) already out making a statement. It is worth having a close look in the garden or on your walks round the village to see what has started flowering, be it cultivated or wild. I noticed periwinkles and valerian flowering in a hedgerow today.

Frost is particularly welcome in the veg patch to help break up the soil, and for the buds on fruit trees and soft fruit to rid them of overwintering pests. Autumn fruiting raspberries need cutting down now. Generally, though, do be careful not to prune trees and shrubs that bleed heavily. It is too late to do that.

It is a good idea to keep house plants hydrated, especially in a warm room where the air is dry. A shallow dish of pebbles and water nearby can do the trick.

The birds need extra rations these days and fresh water in the morning is particularly important. Fallen apples are helping them out. A flock of noisy fieldfares has been busy in the orchard as has a large group of herring gulls. No sign of the badgers that usually come feasting!

Time to order seeds, especially if you like particular varieties. Now we are in lockdown, it is good to look forward to better things to come.

Jill Wilson



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HOSPICE CARE OPEN GARDENS

2021 will once again see Hospiscare teaming up with local residents who kindly open their gardens in support of what is now a favourite staple in the Hospiscare calendar.

Hospiscare Open Gardens will take place for its 17th year in 2021 and registration is now open for local green-fingered residents to join the programme.

The local hospice charity for Exeter, Mid and East Devon cares for over 2,000 patients and their families every year. Hospiscare relies upon the support of its community through events such as Open Gardens in order to raise the funding needed to provide their vital care at no cost to the patient.

Hospiscare is seeking gardeners to share their outdoor spaces with others and is also looking for anyone who would like to run a plant stall, conduct private garden tours or sell their surplus vegetables and flowers for a donation.

If you would like to join Hospiscare Open Gardens for 2021, please call 01392 688020 or email fundraising@hospiscare.co.uk. If you live in Exeter, Mid or East Devon, your local fundraiser is waiting to support you every step of the way.



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GARDEN JOBS

Jenny is still digging for Oxfam. £10/ hour, all to Oxfam. Tel: 01395 708850

Jenny Moon

HOLIDAY COTTAGE Cosy cottage in centre of village. One double room and further room with bunks. Minimum 2 nights in low season and 4 nights in high season. Call Pete or Jan on 01395 488123

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Woodwork Beginner - Can You Help?

I'm building a workworking shop in the garage and am looking for any tools etc that someone may be willing to sell. I'm starting from scratch so anything would be appreciated!

Thanks, John

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Johngli321@gmail.com



ADVERTISING RATES FOR 2021 - HELD AT 2020 PRICES!!

Advertisers who book 6 issues will effectively get one advert free, and those who book 11 issues (i.e. a 12-month period) will get 2 adverts free.

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Full Page	£100	£500	£900
Half Page	£50	£250	£450
Quarter Page	£25	£125	£225
Boxed Advert	£15	£75	£135
SMALL ADS (min. charge £5)			
Example: 5 lines or less	£5	£25	£45
Example: 7 lines or less	£7	£35	£63
Example: 10 lines	£10	£50	£90

Copies of the Lymptone Herald are delivered free to every household in Lymptone (approx 1100) every month with further copies being sold through the village shops. Please send your enquiries to Steve Morgan : sjmorgan222@gmail.com

DISCLAIMER This news letter is compiled from emails sent to the editors by numerous people and very little of the information is checked before publishing which is done in good faith. *Rob and Claire Hilton, Editors*

Enjoy a restful evening of self care under the fairy lights of Lymptone Village Hall. Includes luxury, vegan & natural products for facial pampering, essential oil rollerballs to use & take away, a 40 minute yin yoga session and a relaxing yoga nidra (guided sleep meditation).



Email to book:
Claire.hilton@me.com

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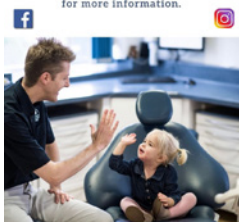
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CONCERNS FOR LOCAL NATURE

Yesterday I was privileged with other Nonagenarians and Health workers to receive my second anti-Covid jab. We are most grateful.

It has put new vigour into a battle in which I have been involved for many years. Sadly our efforts have borne little success. The theme has always been the prevention of the ruthless desecration of the Natural world upon whom we depend for our existence. Sadly our success has been so limited as the violation of Nature has persisted we have foreseen coming some vicious awakening to bring us to our senses. Covid was no surprise.

With this in mind I address a local problem: the future of Goodmores Farm, the large area of farmland adjacent to Dinan Way. Lymptstone and Exmouth parishes share this space - a vital Green Wedge in all but name. Over 300 houses, neither needed nor wanted, are designated to be built on this site which stands as a gateway to the seaside town. By and by we all hope again to welcome visitors, people seeking re-connection with the Natural world and peace and quietness. A vast great housing estate would be a disaster.

In the last months we have been urged by medics of all sorts, philosophers, naturalists, teachers, business folk,

Gardeners, dieticians, spiritual leaders etc., and ordinary people with common sense to stop further violation of our unique Natural world and to give over much greater space to wild places so that the next generations might survive.

There is no time to lose. Let us be practical and start at home with putting a stop to house building at Goodmores Farm. Instead make it an example of a new normal where open spaces are for exercise in woodlands shared with small creatures, birds and insects. Put aside a patch for allotments: create a community orchard: let children explore, climb trees make dens and learn to live beside species other than reckless humans!

Spread such ideas about in every possible way eg on web sites, twitters, EDDC, DCC our MP, Wildlife Trusts. National Trust etc. etc. suggesting the massive alternatives for which this site can be used to help the Nature's survival bringing with it our own survival. Defy Government's ignorant new Planning Rules etc. etc. Hammer the table!

How lucky we old Nineties were as children. How lucky we are again for the chance to fight anew for our children's children!

Mary Truell

LYMPSTONE COMMUNITY HUB UPDATE

COMMUNITY LUNCHES

The December Community Lunch was a huge success with 35 recipients in the Village. Lymptone W.I. were a fantastic help in making this a really festive occasion by baking Christmas cakes and mince pies to be delivered with the meal. They also arranged for Santa to provide everyone with a Christmas present too. Thanks also have to go to Vicki, Stacey and Jenny who have been providing these meals since April and to Ange and Linda for helping to deliver.



Our Devon County Councillors, Richard Scott and Jeff Trail, have again donated us enough money so we can continue to provide these lunches until at least March. The next dates for the hot, 2-course lunch at 1pm are :-

Sunday 24 January
Sunday 28 February
Sunday 21 March

If you live on your own and would like to have a meal cooked for you once each month, please contact Linda Lyon on malcandlinda@aol.com or 07786 332529. You could be taking part in our 'virtual' lunch with other villagers.

These meals are provided free of charge but donations are accepted if you so wish.



LIFE AFTER LOCKDOWN

It looks as though we may be in lockdown for at least 6 weeks or so with restrictions still being in place until most of us have been vaccinated. We are still hoping that we may be able to put on some activities for the VE 76th Anniversary Weekend of 7th - 9th May and will keep you updated through the Lymptone Herald and Website. A lot of work was already completed last year for this so we may be able to put something on at short notice.

Failing that we have an opportunity to celebrate Prince Philip's 100th birthday on the weekend of 12th – 13th June.

Linda Lyon