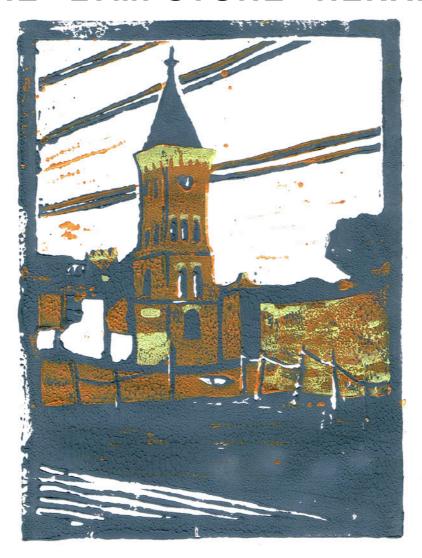
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THE LYMPSTONE HERALD



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Village website: www.lympstone.org | webmaster@lympstone.org

PARISH COUNCIL NEWS

Parish Council Lympstone hope everyone is keeping themselves safe and well. Thank you for following the government restrictions please visit Find out the coronavirus restrictions in your local area - GOV.UK (www.gov. uk) for more detailed information. The PC massively thank all members of the public who continue to help their neighbours in need at this difficult time. The PC are pleased to report that on the 21st Dec 2020 EDDC acknowledged the submission from Lympstone Parish Council for the Methodist Church at Lympstone as a Community Asset. They received all the information and validated the nomination. There is currently no further information to report on this yet, but the PC will keep the public updated with any new developments regarding this building.

There has been a lot of positive feedback from the new look of the Mill Fields including DCC officers who have highly commended the work undertaken. For future protection of the fields, the owners have installed new signs for members of the public to read and adhere to. The owners have also invested in planting 500 new trees through the fields so please continue to respect this privately owned area. The PC will also recommence a tree planting scheme throughout the Parish once lockdown has lifted.

Thank you to those responsible dog

owners who have been clearing up after their dogs – it really is noticeable to see cleaner and clearer walkways and footpaths. Please keep up the good work and help maintain the positive impact it is having on the environment, wildlife, and all users including the children who run and play in these areas. Remember dog poo can be easily picked up using a bag, carried, and thrown away in a red dog poo bin or general waste bin.

Census Day - 21st March 2021

please visit www.census.gov.uk for full information:

What the census is. The census is a survey that happens every 10 years and gives us a picture of all the people and households in England and Wales. The census is unique. There's simply nothing else that gives so much detail about us and the society we live in.

kinds of organisations, from local authorities to charities. the information to help provide the services all need, including we transport, education and healthcare. Without the census. it would be much more difficult to do By taking part, you'll be helping make sure you and your community get the services needed now and in the future...

... Census 2021 is a digital-first census, which means that we will be encouraging people to respond online if they can. You will be able to complete the census using any device, including your mobile phone or tablet.

If you need help, we've got it covered. We will have an online help area on our website and offer help by phone, webchat, email, social media or text message.

The PC can report that the recent flooding in Meeting Lane is currently being investigated by DCC Highways who are working hard to identify the solution for future prevention of a repeated problem.

The PC are grateful to the three volunteers who are helping to update and refurbish the playpark in Candy's Field. We are still in need of additional volunteers to support. Please contact either myself, the Clerk, or any Councillor to find out more if you can help.

Unfortunately, due to Government Covid19 restrictions, all physical PC meetings will be postponed until further notice. If virtual meetings are held, these will be advertised in the notice boards and on the website for interested members of the public to join. The Parish Council are continuing to work hard on your behalf, please do not hesitate to continue to email myself, the Clerk, and any of our Parish Councillors

with any queries and we shall endeavor to respond with the appropriate help or signpost you in the right direction.

The PC would like to remind all that ongoing EDDC planning applications submitted in the Parish, are on both Lympstone and EDDC websites. Please submit your responses regarding the planning application directly to EDDC. The PC also continues to add notices and information so please keep visiting Lympstone website if you have the access.

Lympstone Parish Councillors appreciate everyone for their continued support, patience, and caring attitude towards one another during these unprecedented times.

Clerk to the Council:

Lucy Tyrrell c/o Minnows, Longmeadow Road, Lympstone EX8 5LF

Tel: 07890717081

Email: lympstonepc@gmail.com



Are you going to be match-fit by April?

Review your financial health before the end of the tax year and it could mean more money for you and less for the tax man.

The levels and bases of taxation, and reliefs from taxation, can change at any time. The value of any tax relief depends on individual circumstances.

Contact the practice to check you are in the best financial shape possible before the April 5th deadline.

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Rodney Spiller Wealth Management Ltd is an Appointed Representative of and represents only St. James's Place Wealth Management plc (which is authorised and regulated by the Financial Conduct Authority) for the purpose of advising solely on the Group's wealth management products and services, more details of which are set out on the Group's website www.sjp.co.uk/product.

PARISH CHURCH

Church Closed

Lockdown has taken hold and like many other areas of activity the church is closed for public worship. On Sunday and Wednesday anyone may go to church for quiet prayer observing, as we all should, the guidelines to protect ourselves and others from harm.

Fortunately the vaccination roll out is gathering pace every day and the percentage protected grows. Strange that we can vaccinate as well as anywhere but we still have recorded more deaths per given number than almost everywhere. Perhaps we count more carefully?

Services available

Demelza continues to offer a printed Sunday service which she will deliver to your door, if requested, and the on line services may be viewed wherever you wish. The 'Exe Coastal Mission Community website will help you to find these and other up to date information.

Prayer Meeting

Demelza will also be holding a 'Contemplative Prayer meeting' on Zoom noon Tuesday 2nd March. More info from Demelza on 272243 or the Parish Office in Exmouth 263681.

Gala Dinner

Saturday 6th March at 6pm on Zoom.

Cook your meal, dress up and join everyone on Zoom for dinner and some entertainment. More information from the Parish Office 263681

Lent Course

This is our Story - Lent in a Pandemic Year. Would you like to spend some time in lent making sense of your own and others experiences of lockdown? This 5-week course offers the opportunity to do just that, using videos and discussion.. To book a place, or to find out more, please email Elizabeth Burren burren363@btinternet.com asap

Back to Basics

Steve is also starting a Back to Basics course in four parts; the first two episodes will be available to view via our website shortly. For information contact office@exmouthcoastalchurches.org. uk

Brian Mather

FRIENDS OF THE CHURCH

The lucky winners in the monthly Lottery draw are Alisdair and Jane Sword, and Christine Ashton.

Clive Wilson



THE HERALD HISTORY SPOT produced by Lympstone History Society

Whaling in Lympstone

The base for whaling in Lympstone was a bay up the Exe of the main bay of the village, Parsonage Stile. The form of the bay differs from its form in the past because the line of the railway cuts across it (constructed in the mid 1800's).

Whaling started in Lympstone when ship-builder based in the bay, Worthington Brice became a shareholder in the Exeter Whale Fishery Company (1754). The development of whaling was in response to a government subsidy to boost competition in the trade with the Dutch. Worthington Brice fitted out a ship, the Worthy Shepherd, which left for Greenland the following year and returned four months later. Four years later, Worthy Shepherd was recorded as crushed in Greenland ice, however two other ships, one called 'The Lympstone' continued the trade to Lympstone until 1787 and there are other records of the whaling industry continuing well into 19th Century round different Exe ports. The local whaling industry ceased in 1787 when the subsidy was withdrawn. It was the blubber of the whales that was processed, particularly to produce lamp oil. The blubber was 'cooked' over open fires in a large pot on the beaches around the Exe (tryworks), Worthington Brice set up a tryworks at his yard at Parsonage Stile and there are records of complaints about the smell of the cooking blubber in the village. Other parts of the whales were brought back with blubber – whale jaw turns up the structure of cottages and other bone in sieves, grated windows and women's stays.

Worthington Brice lived in Parsonage Stile House, overlooking his yard. This had been an inn prior to his ownership in the mid 1700's, and was probably a smuggler's haunt. It burned down in 1932.

(drawn from Smith, R. (2005), 'The Lympstone Story' Lympstone Society) Lympstone History Society



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Draw 28th March 3pm

25% to winning ticket 75% to Lympstone Preschool General Fundraising

Payments via PayPal (friends & family) lympstonepreschool@yahoo.co.uk

over 16 only - multiple tickets can be purchased

> Small society lottery reg: SL0313 Ref charity: 1038447

Lympstone Preschool has been hugely affected financially by the Covid pandemic - last year making a loss of £22,000 and this years measures having a severe impact on income once again. This is not something which the preschool will recover from if preventative measures are not made. We have asked our parents for their help and we hope to also ask our amazing community for their support too.... with our Termly Lottery fundraising incentive!

Here's how it works... everything is remote or covid safe!

- 1. PayPal (or bank transfer) (lympstonepreschool@yahoo.co.uk) £10 and you will be allocated 10 consecutive numbers (Each number is one chance to win in this draw only so 10 chances to win)
- 2. Tickets will be sold between now and 28th March 2021 when the draw takes place.
- 3. A live video draw will take place on the 28th March declaring the winner by random number generator
- 4. The lucky winner will win 25% of the prize pot (paid via PayPal or bank transfer) and the remainder will go to lympstone preschool general fundraising.

This lottery is something we ran last term (Autumn Term) and was extremely successful for us so we hope this (our Spring Term draw) will be as successful too! We will look to run 2 further termly raffles after this through the year (to coincide with the Summer Term and Summer Holidays)!

You've got to be in it to win it! Please support us! For further questions please email

lympstonepreschool@yahoo.co.uk

Vicki Drinkwater

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Terence C. Matthews,
Horologist

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Email: bondpeterjohn@hotmail.com



Our retirement village is home to people who really value their peace of mind... people who moved safely during lockdown, to enjoy a closer kind of community, with more reassurance for them and their family.

In line with government guidance you can still make the move during lockdown.

Visit safely. Complete swiftly. Move securely.

Buy or rent an Inspired property, get in touch today! Call **01392 249 864** or visit **millbrookvillage.co.uk**



LYMPSTONE FLOOD RISK

We live on Longmeadow Rd at Pretty Corner. Not an area liable to flooding you may think, alas you would be wrong. In 2011 we and several other properties were seriously flooded by an overspilling small stream that is culverted beneath the road. The cost of repair was over £35,000, the emotional cost was much more. So if you think you are at potential risk please consider the following.

PFR is a government funded scheme, administered by Devon County Council, to provide up to £5000 grants to suitable applicants to improve flood resilience of at risk properties.

In our case this provided replacement air bricks, several flood gates for doorways, a wc pan seal and a portable pump.

In the past the council approach to flood prevention was to issue sacks for sand

bags, our experience is that these are useless in that they rarely actually seal an opening, sand is rarely available at the right time and if you prefill the sacks they rot away in a matter of weeks.

The professional gates are very well made, easy to store and fit and very unobtrusive when not in use.

One word of caution, if you live in a listed building you will need planning consent from EDDC.

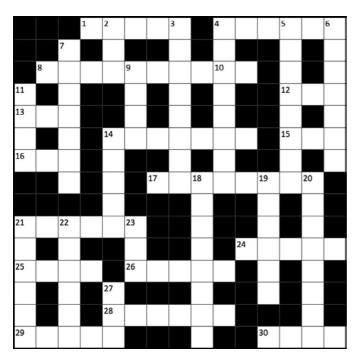
For peace of mind we would recommend any at risk property owner to explore this grant as soon as possible, obviously the funds are limited and may not be available for long, we did thanks to help from LFRG and can now relax when the storms come!

Should you wish to discuss this feel free to contact us on briancotton@aol.com

Good luck, Brian & Jo Cotton



THE LYMPSTONE CROSSWORD



Set by Tenzing

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Sorry there was no crossword last month, another Covid casualty. Please find the solutions here.

Correct answers from the Christmas Crossword from: Giles Body, John Brewer, The Burtons, Simon & Liz Griffiths, Fiona Archer, Frances & Laurence Pearce, Alice Henderson. Harri Yeates & Roger Pearson. This month's winners are Simon & Liz Griffiths.

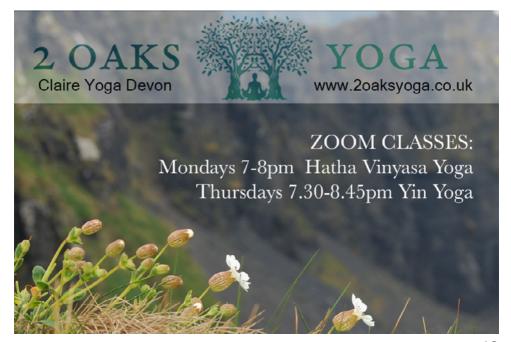
Send in your answers this month for another chance to win a £25 voucher for The Redwing.

ACROSS

- 1. Elaborate or "Tsk" to get a baby carrier (5)
- 4. Wager I placed, listening in (6)
- 8. Impeach Zen? Crazy monkey! (10)
- 12. Digit hidden in tomatoes (3)
- 13. Mushy pea is a poor imitation (3)
- 14. T' remake confused a mongoose (7)
- 15. Bird of prey is horribly low (3)
- 16. Snake found in tugboat (3)
- 17. Frisky, rootiest turtle (9)
- 21. One that sees and does (6)
- 24. It's a tonal disaster but its got a hook (5)
- 25. Neither medium, nor well done (4)
- 26. Little bear ordered a kola (5)
- 28. It is fair as awful expedition (6)
- 29. Rotten, stale stories (5)
- 30. With a shrug, this weasel stole a coat (4)

DOWN

- 2. Half a drum (3)
- 3. Go anorak! Confuse that marsupial! (8)
- 4. White, and in the room (8)
- 5. Mistake Hogwarts for wild pigs (8)
- 6. Massaged leg laze for an antelope (7)
- 7. The ache around a fast cat (7)
- 9. Fish or spear? Don't tell him! (4)
- 10. Whip up balm for young sheep (4)
- 14. So emu messed with little rodent (5)
- 18. Snakes! Terrible startler! (8)
- 19. U again? Stupid lizard! (6)
- 20. Une opera? Frightfully continental! (8)
- 21. Sounds like mum has a French word for a ground squirrel (6)
- 22. Warn Al about a tusky whale (6)
- 23. Go on about a mountain cow (3)
- 27. The back side of a stubborn beast (3)





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LYMPSTONE COMMUNITY HUB UPDATE

COMMUNITY LUNCHES

As Lockdown is still in place, the Hub continues to provide a monthly, hot 2-course Sunday Lunch to those in the Village who are living alone or are self-isolating. The next lunches will be delivered to homes on :-

1pm Sunday 28 February - Roast Pork Dinner and Trifle

1pm Sunday 21 March – to be decided

If you would like to have us deliver a cooked meal to you, please contact Linda Lyon on malcandlinda@aol.com or 07786 332529. You could be taking part in our 'virtual' lunch with other villagers. Anyone already receiving these meals does not need to contact Linda again. You are already on our list.

The meals are provided free of charge but donations are accepted if you so wish. Just hand a sealed envelope to the person delivering your meal with your name on the front. A grant from our Devon County Councillors, Richard Scott and Jeff Trail, and local donations have made this possible. This initiative will continue after March if necessary.

HUB CELEBRATIONS IN 2021

It appears we may be in lockdown for some time to come, so no plans are being made by the Hub organisers for any celebrations this Spring. We will make a decision on the VE 76th Anniversary Weekend of 7th - 9th May after 8th March and will keep you updated through the Lympstone Herald and Website.

Hopefully we can have an opportunity to put on some celebrations on the weekend of 12th – 13th June.

If anyone has any ideas on any other initiatives they are planning that would benefit form the Hub's support or funds, please get in touch with Linda.

Linda Lyon



WINDOWS, DOORS, CONSERVATORIES, ROOF LINE and GENERAL PROPERTY MAINTENANCE

T: 01395 225643 M: 07794 477045 e-mail: r acca@hotmail.com Woodwork Beginner - Can You Help?

I'm building a workworking shop in the garage and am looking for any tools etc that someone may be willing to sell. I'm starting from scratch so anything would be appreciated!

Thanks, John

Tel 07967 652153 Johngil321@gmail.com



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GARDEN CLUB

Sap is rising, buds are swelling, bulbs are well on their way and the days are getting a bit longer - all signs that spring is coming and especially welcome in February which always seems to vacillate between winter and spring-like weather.

So, there is lots to do on the gardening front. If you haven't done so already, shrub roses should be pruned back to plump buds and any dead or diseased wood removed. Groups 2 and 3 clematis (i.e. not montana types) should be pruned now as they quickly develop higher and higher up where you won't be able to enjoy the flowers. Both roses and clematis should then be fed as the feed takes a month or two to have good effect.

You can still prune apple and pear trees if necessary but not stone fruit. Fruit trees, bushes and canes should be fed with a general purpose fertiliser. Blueberries in pots need a special liquid fertiliser for ericaceous plants but if they are in the ground they need sulphate of ammonia followed by an ericaceous mulch.

If you have been storing dahlia tubers, it is a good time to check for rot which can be cut off. You can start them into growth by putting them in shallow trays of compost in a light, warmish place and when the shoots are about 2.5cm, divide the tubers and plant up in pots, keeping them frost free.

If you are a chilli fancier, I see the RHS advises February is a good time to sow chillies and sweet peppers as they need a long growing season in order to ripen well. They do like bottom heat so a propagator or a warm window sill will get them going.

Also, if you go to the RHS website, you will see vegetables that have recently received the Award of Garden Merit e.g. tomato Bite Size - small sweet fruit on long trusses. All the vegetables are available as seed.

The Garden Club archive still needs schedules for the following years: 1948, 1952-1962, 1973, 1984 (show cancelled), 1990, 2005-2012, 2014, 2015. If you have any of these, please get in touch with Tony Day or Suki Commin.

The birds are busy in the garden and feeding themselves up for nesting time. I am so pleased to see both male and female blackcaps on my feeders. Also nuthatches and the greater spotted woodpecker as well as the usual three types of tits and lots of sparrows. The robins are singing their hearts out and cheer one up even on grey and drizzly days. Joy to be alive - happy gardening.

.lill Wilson



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A MESSAGE FROM THE COMMANDANT OF THE COMMANDO TRAINING CENTRE ROYAL MARINES

As we tip into a New Year I thought it might be useful to give you a short update from the Commando Training Centre Royal Marines (CTCRM).

Following well-deserved а but slightly muted festive break, the staff and trainees returned to CTCRM incrementally throughout January. Although some of our personnel do work from home, for those who do need to be in work regular coronavirus testing is in place. This testing regime is allowing us to reduce the risk of coronavirus on site and to focus resources on the few who do test positively subsequently and to manage them in accordance with health guidelines. This includes any personnel identified as contacts who self-isolate in line with Public Health England guidance.

Training continues largely unaffected. We have postponed a few courses to reduce footfall on site, but generally initial, specialist and command and leadership training continues as planned. All of our training is risk assessed and our instructors have become adept at delivering training within the restrictions placed upon them to help manage the risk. This also helps reduce loading on the NHS locally. We continue to pass-out officers and Marines regularly although for the timebeing families and friends are not able to join us.

More widely some of our medical personnel are supporting the NHS as part of Defence's contribution to the national effort and a few of the civilians at CTCRM are volunteers in local vaccination facilities.

I'd like to thank our friends in the local community for continuing to support us during this difficult time.

Colonel Simon Chapman OBE



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GARDEN JOBS

Jenny is still digging for Oxfam. £10/ hour, all to Oxfam. Tel: 01395 708850 Jenny Moon

HOLIDAY COTTAGE Cosy cottage in centre of village. One double room and further room with bunks. Minimum 2 nights in low season and 4 nights in high season. Call Pete or Jan on 01395 488123

THE OLD DAIRY B&B AND BYRE COTTAGE HOLIDAY LET

Situated on the edge of the village, The Old Dairy B&B has three spacious, well-appointed rooms, (including a ground floor room). Located on the same site, Byre Cottage is a beautiful well-equipped holiday cottage with a double and twin room. Plenty of secure, private parking for all our guests.

Contact Den & Jules:

L: 01395 275679 M: 07959 5540562 e: info@theolddairylympstone.co.uk or Visit: www.theolddairylympstone.co.uk

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Please contact Trevor on:

L: 01395 223916 or M: 07969 231333

e: trevor.harris1@sky.com

LOOKING FOR A FAMILY HOME

Local couple currently staying with family in Lympstone village, looking for permanent home here.

Min 3 bedrooms, garden and parking - no chain, so we can move quickly.

Please T: Penny & Ben: 07855 259323

or E: pen_maltby@hotmail.com

SIMON AND JACKIE QUICK THE LOG MAN AND LOG LADY

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PROPERTY WANTED

In Lympstone village by local couple. 2 bed fine, but open to suggestions. Permanent home, no chain. E: windygardener@yahoo.co.uk

ADVERTISING RATES FOR 2021 - HELD AT 2020 PRICES!!

Advertisers who book 6 issues will effectively get one advert free, and those who book 11 issues (i.e. a 12-month period) will get 2 adverts free.

ADVERT TYPE	MONTH	HALF YEAR (6 issues)	YEAR (11 issues)				
Full Page	£100	£500	£900				
Half Page	£50	£250	£450				
Quarter Page	£25	£125	£225				
Boxed Advert	£15	£75	£135				
SMALL ADS (min. charge £5)							
Example: 5 lines of less	£5	£25	£45				
Example: 7 lines or less	£7	£35	£63				
Example: 10 lines	£10	£50	£90				

Copies of the Lympstone Herald are delivered free to every household in Lympstone (approx 1100) every month with further copies being sold through the village shops. Please send your enquiries to Steve Morgan: sjmorgan222@gmail.com

DISCLAIMER This news letter is compiled from emails sent to the editors by numerous people and very little of the information is checked before publishing which is done in good faith. *Rob and Claire Hilton, Editors*

A NEW TRIKE FOR TRISTAN



This photo was taken just after Tristan had taken part in his older brothers' sports day with his other preschool peers, but with the difference that he was on his walker. You can see from the photo how happy he was as the crowd of strangers cheered him to the finish line long after all the other able bodied kids had finished. His huge smiles of joy were mirrored by my tears of joy at seeing him embraced by the community. This is still my favourite photo of him nearly 5 years on.

Tristan had a tricky start to life. He was born at 33 weeks following a problematic pregnancy. We left the neonatal unit after just 2 weeks miraculously with a clean bill of health. Unfortunately this all came crashing down at 5 weeks

of age when he became unwell and within 6 hours of arriving at A&E we were transferred to Bristol Children's Hospital where he was intubated lying in an induced coma. As a consequence of prolonged seizures Tristan sustained massive brain damage due to oxygen deprivation to the brain. He has a diagnosis of diplegic cerebral palsey, cerebral visual impairment (he is registered severely visually impaired) and has significant global delay.

Looking at the MRI showing the extent of Tristans brain injury we could never have imagined Tristan would be where he is now. At this appointment with his consultant all I wanted was for him to be able to smile to know he was happy. As you can see from the photo, he has an amazing smile and awesome spirit that has taken him where we are today.

Our journey as a family from those dark days has been interesting for sure. Endless therapy, 'alternative' holidays, change in career for me and moving house to be near Tristan's special school.

Our move to Lympstone has definitely been the silver lining. Over the COVID pandemic 2020/2021 Tristan has had more opportunity to explore the village and say 'Hi' to the locals. Our favourite family activity is going out on adventures

on the bike. Since the age of 4 we have had a mainstream tag-along chair which has enabled us to go on many adventures and create wonderful family memories.

Unfortunately Tristan has outgrown the seat and now needs a specialist Trike and tag-along that meets his growing size and needs. Under normal times we would be able to apply to charities to help us fund a trike but, due to the pandemic, charities have been hit hard and this is no longer an option.

So here's where the magic of Crowd Funding comes in. With the money we receive through donations we hope to purchase a new trike with tag-along and a shed to store it in.

https://www.crowdfunder.co.uk/new-trike-for-tristan

My offer in return is my skills as a yoga teacher. I am qualified to teach Chair Yoga to those less physically able, Special Yoga for special needs kids (non disabled kids can join too) and mainstream adult yoga. Once I've got organised I plan to add links to this site for you to join if you choose.

Thank you for reading our story. *Charlie Nash*

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Sedation

Anxious or nervous?

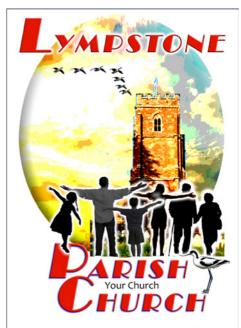
Our experienced sedation team are here to help you.

Endodontics

Problem tooth, toothache, abscess? A root canal might be the solution for you.

Dentures

From denture repairs whilst you wait, to new dentures and denture stabilisation.



Serving the people of Lympstone & beyond with joy.

RideOn

Donate a bike!

Help us get more people cycling.

Ride On is a bike recycling charity in Exeter. Our vision is for a cleaner, healthier, and more active city. We refurbish second-hand bikes - in 2019 we put 681 bikes back into use in Devon.



If you have a bike you no longer need, why not donate it?

If you can deliver it to the Ride On workshop that's great (address below).

If not, we have bike drop-off points at the following locations:

- Briar Crescent, Wonford
 Lewis Crescent, Digby (St Loyes)
 - · Lympstone · Sidmouth

Email info@rideoncycling.org for details. www.rideoncycling.org
61 Haven Road, Exeter EX2 8DP registered charity: 1174055
Lympstone Drop Off Point - 8 Grange Close, Lympstone, EX8 5LD.
Ring Steve Morgan on 01395-276020.