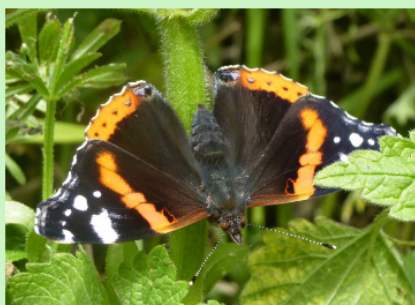


# THE LYPMPSTONE HERALD

## Wild About Lympstone **WILDLIFE FESTIVAL** for adults and children curious about local wildlife and nature



**Sat 3 June 10am-3pm**  
at Lympstone Parish Church, EX8 5JU.

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Editors: Claire and Rob Hilton - [lympstoneherald@hotmail.com](mailto:lympstoneherald@hotmail.com) | 07739969311

Advertising: Steve Morgan [sjmorgan222@gmail.com](mailto:sjmorgan222@gmail.com) | 01395 276020

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## **LYMPSTONE'S WILDLIFE FESTIVAL! SATURDAY 3 JUNE 10AM-3PM**

Lympstone Church, Lympstone Village, East Devon, EX8 5JU

**For adults and children curious about local wildlife and nature  
FREE ENTRY.**

Any donations will be used by the Wild About Lympstone Group to fund DWT locally inspired actions. Come along to Lympstone Parish Church between 10am and 3pm to meet a host of local people who will be running an amazing range of displays, stalls, talks, village wildlife walks and various hands-on nature-based activities for kids and adults.

### **PROGRAMME OF EVENTS**

<b>10.00am</b>	Stalls, displays and refreshments open, as well as additional programme of rolling activities
<b>10.50am</b>	Live music from Thomasin Manley Frost
<b>11.00am</b>	<b>Welcome address from Harry Barton (CEO, Devon Wildlife Trust)</b>
<b>11.30 &amp; 1.35</b>	Village Wildlife Walks with Simon Pryor
<b>11.30 &amp; 1.35</b>	Nature Yoga with Claire Hilton
<b>12.15 &amp; 1.35</b>	Nature inspired music workshops with Thomasin Manley Frost
<b>12.15pm</b>	Trees and Wildlife Walk with Andy Lewis
<b>1.00pm</b>	Steve Hussey (DWT Reserves) in conversation with Mary Truell
<b>2.00pm</b>	Wildflower Walk with Susie Culhane
<b>2.45pm</b>	<b>Raffle prize draw</b>

### **PROGRAMME OF EVENTS (further details)**

Suitable for all ages, but children must be accompanied by an adult. Participate at your own risk. \*Registration on the day.

#### **11.30am & 1.35pm Village Wildlife Wanderer Walk (30-45mins)\***

Join Simon Pryor and friends on a walk around the village discovering local plants and wildlife and learning about our amazing local environment.

#### **11.30am & 1.35pm Nature Yoga with Claire Hilton (20-30mins)\***

Experience yoga in a natural setting with Claire (you may wish to bring your yoga mat).

#### **12.15pm & 1.35pm Nature-inspired music workshops (30-45 mins)\***

Join talented local teenagers Thomasin Manley Frost and friends to create music inspired by the natural world.

First workshop **'Flying Things'** is inspired by sounds found in nature.

Second workshop **‘Under the Ground’** is inspired by how plants communicate under the ground.

### **2.15pm Trees and Wildlife Walk (35-45mins)\***

Join Andy Lewis exploring trees in and around the village green, understanding how to identify trees, their attributes, value for wildlife and management needs.

### **1pm Steve Hussey in conversation with Mary Truell**

Join Steve and Mary as they talk about the wonders of DWTs nature reserves and Mary’s memories of walking 91 miles, at age 91, around all the DWT reserves (there were 50 then). With Mary’s memories and Steve’s expertise it’s sure to be a fascinating half hour.

### **2pm Wildflower Talk and Walk (35-45 mins)\***

Join Susie Culhane to find out more about wildflowers on a walk around the churchyard and village green.

## **ADDITIONAL PROGRAMME OF ROLLING ACTIVITIES**

### **Book corner**

Join Gary Abrahams and his display of our much loved and precious nature and wildlife books. A chance to sit and read and find out why these have become firm favourites amongst local folk.

### **Wildlife film and speaker’s corner**

A chance to take a peek at some extraordinary footage of wild Lympstone caught on camera by some of our local residents, and hear some fascinating talks.

10am	Lockdown Lympstone wildlife (Photographs by Mary Turner)
11.30am	Lympstone in the past (Films compiled by Brian Mather)
12pm	Bee Talk with Basil Strickland (15m)
12.15pm	Wildlife cam footage (Badgers by Andrew Minter; Beavers by Brian Carroll)
12.45pm	Bee Talk (repeat) with Basil Strickland (15m)
1.35pm	Bee Talk (repeat) with Basil Strickland (15m)
2pm	Swift Talk with Stuart McFazdean
2.30-2.45pm	Lympstone Wildlife (Photographs and film)

### **Nature-inspired arts and crafts**

- Join Wendy Reynolds and various talented members of Lympstone’s Art Group for a chance to explore a variety of local nature-inspired art and get hands-on with some of your own creations.
- Have a go at some nature inspired art using recycled materials with Katie Parsons.



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- Visit Charlotte Ellis at her Seaglass Gallery in the village centre, where Samantha Frances will be demonstrating her art techniques for capturing wildlife images – all day from 11am.

### **Nature health and wellbeing**

Join Rebecca Abrahams to find out about what the latest science says about how nature benefits our health and wellbeing. Discover some simple ways of boosting your connection to, and benefits from, nature and read some of the beautiful personal stories shared by locals, young and old, about their own experience of healing and inspiration in nature.

### **Lympstone's Wotton Brook and water testing**

Join Lisa Staddon, Justin Smallwood and Lympstone Village School as they showcase the wonderful posters and letters created by the children as part of their citizen science project investigating the quality of water in the brook and the potential impact of this on local wildlife. Justin will have his water testing kit for you to have a go.

### **Butterfly hunt**

A chance for children to take part in Mary Turner's butterfly picture hunt. Take a sheet and discover eight locally found butterflies hidden in the church for a chance to win a small prize!

### **Local flowers**

Join Cory who runs Broombys flowers for a chance to get hands on with

some of her stunning pollinator-friendly flowers.

### **STALLS AND DISPLAYS**

- Heathfield Allotments – Plants for Pollinators (Carrie Darby)
- Garden birds (Peter Newman / Jenepher Allen)
- Estuary birds (John Goss-Custard)
- Gulliford Burial Ground wildlife (Angela Coles)
- Nature-inspired poetry (Harland Walshaw)
- Rewilding project (Jules and Den Evenden)
- Devon Wildlife Trust Wildflower stand
- Woodland Trust (Sally Burton)
- Microscopic nature: getting a new perspective on nature! (Brian Mather)

### **WITH GREAT THANKS TO**

The many amazing individuals who have volunteered their time to run displays, stalls and activities.

The groups of Lympstone, and beyond, who have supported the festival:

- Heathfield Allotments (sponsored by Comfrey UK)
- Gulliford Burial Ground
- Art Group
- Lympstone School
- Parish Council
- Devon Wildlife Trust
- Woodland Trust

## PARISH CHURCH

### The Coronation

A good number came to watch the Coronation streamed on the large screen in the church with Coronation quiche, cake and tea/coffee available to all.

The church was decorated with wonderful floral displays all around the church and on every window sill.

The church remained open all weekend and continues to be open every day of the year from 9am to 6pm (5pm in the winter months)

### The Car Park

The car park will be in full use soon and is intended to be open at the same times as the church for all who visit the church for whatever reason. It will be locked overnight from the same time as the church is locked. A full explanation of the use of this land, gifted to the church will appear in the Herald when all arrangements have been finalised.

### Wild about Lymstone

The church is pleased to welcome this exciting initiative to the village supported by Devon Wildlife Trust. There will be



an article elsewhere in the Herald with all the events on the day and we give it our full support.

### Services

There are a number of regular services every week. On Sunday at 8am every week there is a service.

At 9.30am on the first and third Sunday we have our all age 'Journey' service'. These explore a theme on our life's journey.

Alternate weeks are more traditional Communion Services with sermon.

Holy Communion in a said service i.e.no singing just the spoken word is at 11.30am on Wednesdays

*Brian Mather*

## GULLIFORD BURIAL GROUND FREE EVENTS

After a wonderful display of Daffodils this spring, Gulliford is now getting ready for summer. For the first event The Friends of Gulliford are partaking in the "Wild About Lymptstone" festival in the Parish Church on Saturday 3rd June, where we are going to be on hand to explain all we have done for the environment at Gulliford. On Saturday June 24th 2pm at Gulliford Burial Ground (in Meeting Lane, opp. the top of Strawberry Hill), we are delighted to have a return visit from Kim Lever, who will guide visitors around the burial ground identifying

and introducing us to our insects.

This tour is FREE, everyone welcome and all ages, no booking just turn up. Finally we are putting on our annual FREE tour of Gulliford Burial Ground, from 2pm on Sunday 16th July, the tours are suited to the visitor, you say how long you want it and what interests you most whether it's the history of the site or the wildlife, we will adapt the tour to suit you. Please note parking is limited in the lane, buses need to pass and walking if possible is best, however the main path in the burial ground is wheel chair friendly.

*Angela Coles*

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## FIND OUT ABOUT LYPSTONE FLOOD RISK

Come along to the Village Hall on Saturday 2nd September for a Drop-in session to find out about the flood risk to the village and how we can respond to this.

The Lypstone Flood Resilience Group (LFRG) was formed in late 2017 to develop a more coordinated and strategic approach to flood risk management in the village - based on understanding the risk and facilitating action to minimise this and its impact.

Since then the group has commissioned

studies of the upper catchment of the Wotton Brook carrying out soil surveys and mapping land use. We have also been working with the Environment Agency on a catchment model to better understand what measures would help to mitigate flood risk. We now want to share the findings with residents.

There will be a series of displays explaining the flood risk and what we have learnt from the various studies. The displays will consider a 'perfect storm' and how that would impact the village.





At the event we will explain how we can prepare for a flood. Already in place are two teams of flood wardens, an Estuary team and an Inland & surface water team. You may have seen the work that they do clearing gullies and making sure that the flood gates are closed when there is a threat of flooding from the Estuary. These are just two key tasks among several undertaken by Flood Wardens to manage the flood risk.

There will be a section about what you can do, covering individual property resilience, how to prepare for flooding and the responsibilities of riparian owners.

So do come along between 10 and 5 on the 2nd September.

*Helen Dimond*

## **FRIENDS OF THE CHURCH**


The winner of the recent lottery draws have been

April – Exmouth Food Bank (someone who bought a ticket in the recent round, gave an extra £10 for a ticket to be put in the name of a local good cause)

May – Keith Hill

Thank you for all your continued support.

*Penny Lupton; Treasurer*



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# THE ANNUAL CRICKET MATCH



We know that summer has arrived, because the Friends of the Church have announced the date for the Annual Cricket Match between Lymptone Cricket Club and St Peter's School:

Thursday, 8th June at 6pm at St Peter's School Cricket Ground

This historic fixture is played to raise funds for the repair and upkeep of our ancient church building, and to entertain the crowd which assembles on St Peter's beautiful cricket field, with its views looking down to the estuary and across to the Haldon Hills.

There is a BBQ and a bar serving wine and beer and soft drinks, as well as delicious ice cream.

Entry and parking is free. Raffle and Sweepstake..

One of the most enjoyable events in the Lymptone calendar.

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## HEATHFIELD ALLOTMENT TRUST CELEBRATING 150 YEARS AT SOWDEN LANE

Villagers celebrated the 150th anniversary of Sowden Lane allotments in style on Sunday 23rd April with a sell-out cream tea event for over 90 people at the Village Hall. Plot holders past and present enjoyed homemade sandwiches, followed by homemade scones and Celebration Cake (pictured here with Sue).

There was entertainment from Two Metres Plus (John Welton, Graham Banks and Sue Harmes) and a bumper raffle with many prizes donated by plot holders, including our local artists and local businesses: The Redwing; Lympstone Manor; Greenfingers and the Blue Sea Food Company.

The short talk by Carrie about the history of the charity revealed that the Sowden Lane site was created 150 years ago but the charity is, in fact, 191 years old as it was founded in

1832 by the then Lord of the Manor, a descendant of the Drake family. The original site was at the far end of the Parish off Hulham Road. So, in nine years' time, we can have another cream tea!



## YOUNG ARTISTS' COMPETITION

We have a competition for young people, age 2 to 16, to draw or paint a picture on a postcard. Free postcards available at the Exhibition 28th May to 3rd June and they can be drawn or painted at the Village Hall or taken home to complete.

For those not here at half term, cards can be collected from Susannah's Tea Room, The Strand in the week commencing Friday 19th May and completed cards can be posted through the door of Lime Kiln House next door. Postcards completed during the

exhibition week to be returned to the Village Hall by 5pm on Friday 2 June.

Judging and Prize Giving for different age groups will be at 2.30pm on Saturday 3 June.

*Judith Carter*

*Lympstone Art Group*



## LYMPSTONE ART EXHIBITION

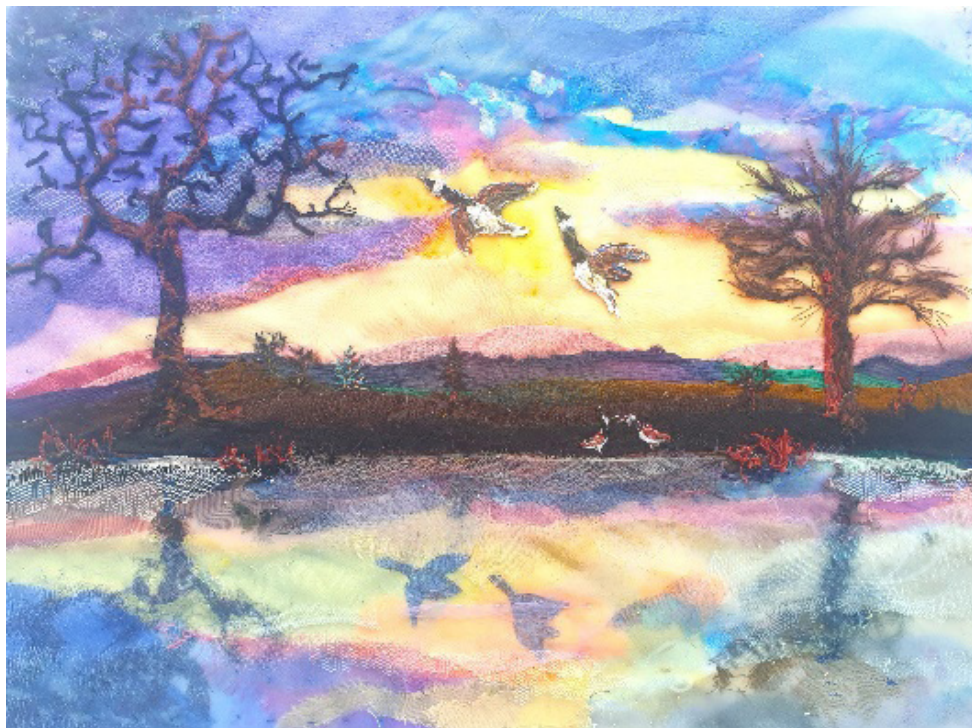
Lympstone Art Exhibition will be held during half term week from Sunday 28th May to Sunday 4th June, 11am to 5pm in the Village Hall, School Hill, Lympstone, EX8 5BE. The exhibition closes at 2pm on Sunday 4th June.

The exhibition includes a wide range of local artists' works, framed paintings, prints, ceramics and 3D items. It is a great opportunity to admire our local talent and to buy very reasonably priced original artwork. Entry is £1, free to age 16 and under.

The exhibition will be judged this year by Angie Seaway, an accomplished Exmouth based artist.

We hold a raffle for an original painting and a secret auction for a painting, both by talented members of Lympstone Art Group. Tea, coffee, and homemade cakes are on sale, so bring some friends and pay us a visit.

*Judith Carter*  
*Lympstone Art Group*



## LYMPSTONE GARDEN CLUB

Thanks to all who supported our very successful coffee morning and plant sale.

This year's Village Show is on Saturday 19th August, there are over 20 trophies to be won covering all classes plus cash prizes for the children and under 16s. For the less competitive just sharing your prize pot plant, a photograph or for juniors a simple picture, brings its own satisfaction.

Are you handy with a camera? These are this year's photography classes:  
'A Night Scene' and 'Along the Shore'

For the crafters in the Village, these are the Handicraft classes:  
Handmade greetings card

Any hand knitted or crocheted article  
Any hand sewn or machined household article eg cushion  
Embroidered or tapestry-work article  
Patchwork article  
Tea cosy, any material  
Handmade pottery item  
Handmade wooden item, max size 45 cm in any direction  
Item of clothing 'something new from something old'  
Any other handicraft

Schedules available shortly, don't be shy, enter!

Terri Scott



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## THE HERALD HISTORY SPOT

### The Tale of the Flint Tool (Part 1)

This is another history spot that veers into geology, archaeology and imagined history.

In various places in the village, I have picked up pieces of flint that has been 'worked' worked' to form a tool in the stone or bronze ages, more than two thousand years ago ('lithics'). 'Knapping' is the process in which flakes are removed from a block of stone, usually flint, in order to make a useable product. Flint tools were made for many thousands of years before the discovery of metal working.

The knapping of flint is possible because of the manner in which flint fractures when it is hit. It seems likely that most people in prehistoric times could make a rough tool for immediate use, but there were experts who turned out very beautiful flint as tools or valued objects. Flint can be many different colours from yellow to black. The lithics that I have found in Lympstone are very black, the colour of the good quality flint that is found at Beer Head, just along the coast.

And of course, flint as a rock has a longer history. It started millions of years before it was knapped and that is where this story starts – around 100 million years ago in the Cretaceous part

of the Mesozoic period.

Around 250 million years ago, at a time when the continents of the earth were still moving towards the way the world looks now, there was a great rise in sea levels. Many of the continents became covered by sea. On the land at the time there were dinosaurs. In the waters there was a mass of small organisms with skeletons rich in calcium. As they died, they sank to the bottom and over tens of millions of years, their skeletons amassed eventually into white or grey chalk. The chalk sea was the environment in which flint had its origin. Calcium carbonate was the main chemical in the water but also there was silica, and simple organisms, such as sponges and diatoms used the silica to create the structures of their skeletons. As they died, they sank onto and then deep into the chalk mud and a silica-rich liquid was formed. In chemical reactions deep in these sediments that involved hydrogen sulphide, oxygen and carbonate, the silica precipitated to form the early stages of flint. Sometimes sponges or other organic remains formed a base for the formation of flint, so there can be the remains of fossils in flint (look in your gravel!). The nodule of flint from which my tool was made might have been embedded in white chalk in the south of what became the British

Isles, though at that time England was still joined to France.

There were periods of deep cold and then warmer times. Dinosaurs became extinct as mammals were slowly starting to evolve. The chalk that formed at the bottom of the sea was pushed up by the movements of continents and dried as land. Where the land was highest, the chalk, being soft, tended to erode and flint nodules were exposed. The large nodule might have split into many pieces.

*Part 2 of this piece will be in the next edition of The Lymptone Herald. It is extracted from a story in 'Folk Tales of Rock and Stone', (Jenny Moon, published by The History Press). Should you want to read the whole piece,*

*please contact Jenny (Jennyamoon@gmail.com).*

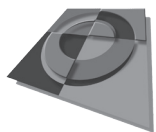
## **RNLI LIFEBOATS TO VISIT LYMPTONE**

Wednesday 5th July 7.30pm.

Come down to The Harbour to view the Exmouth Lifeboats, Both the All-weather Lifeboat and the Inshore Lifeboat are planning to visit. There will be an opportunity to go on board and meet the crew.

THERE WILL BE A COLLECTION FOR OUR RNLI EXMOUTH BRANCH SO BRING SOME CASH FOR THE BUCKET, CARDS ALSO FINE. EVERYONE WELCOME.

*Judith Carter*



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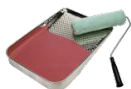
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Example: 5 lines or less	£5	£25	£45
Example: 7 lines or less	£7	£35	£63
Example: 10 lines	£10	£50	£90

Copies of the Lympstone Herald are delivered free to every household in Lympstone (approx 1100) every month with further copies being sold through the village shops. Please send your enquiries to Steve Morgan : [sjmorgan222@gmail.com](mailto:sjmorgan222@gmail.com)

**DISCLAIMER** This news letter is compiled from emails sent to the editors by numerous people and very little of the information is checked before publishing which is done in good faith.  
*David Hawes (temporary stand in for Rob and Claire Hilton, Editors).*

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**HOLIDAY COTTAGE** Cosy cottage in centre of village. One double room and further room with bunks. Minimum 3 nights in low season and 4 nights in high season. Call Pete or Jan on 01395 488123

**WITHALL'S HOUSE BED AND BREAKFAST.** A modern and spacious home close to the heart of the village. Ample parking and flexible accommodation. Call Pete and Jan Hardy on 01395 488123 Or visit [www.lympstonebedandbreakfast.co.uk](http://www.lympstonebedandbreakfast.co.uk)

### **THE OLD DAIRY B&B AND HOLIDAY COTTAGE, LYMPTONE**

Luxury B&B and self-catering cottage. both with secure parking. Call Den/Jules on 07595 540562 or book on-line at [www.theolddairylympstone.co.uk](http://www.theolddairylympstone.co.uk)

### **PROPERTY & HOUSE MAINTENANCE**

#### **TREVOR HARRIS**

Please contact Trevor on:  
L: 01395 223916 or M: 07969 231333  
e: [trevor.harris1@sky.com](mailto:trevor.harris1@sky.com)

### **GARDEN JOBS - Jenny Moon**

Jenny is still digging for Oxfam. £12/hour, all to Oxfam.  
Tel: 01395 708850

### **LADY DECORATOR**

"Touch of Gloss". Over 20 years experience. Please contact Jill Simpson on T: 07932 684241  
E: [jillsimpson10@gmail.com](mailto:jillsimpson10@gmail.com)

### **SIMON AND JACKIE QUICK THE LOG MAN AND LOG LADY**

For all your log, coal, kindling and gas supplies. Tel: 01395 267490

**MATHS TUITION** Experienced tutor available to teach primary to GCSE level maths. Reasonable rates  
Tel: Jane Moffatt on 279952 or 07730877889

### **GARDENING SERVICES BY LD PRIOR**

18 years of experience, and RHS Advanced qualified  
T: 07832-109041 or 01392 319736  
E: [leeprior20@gmail.com](mailto:leeprior20@gmail.com)  
Website: [www.ldprior.com](http://www.ldprior.com)

### **HAIR BY SHARON**

Mobile Hairdresser

Have your Hair done in the comfort of your own home.

Please ring Sharon on:

M: 07385 048150

### **MOVING OR DOWNSIZING?**

Growing family looking for large house in Lympstone and surrounding areas

Min. 4 beds and views preferable.

Buyers are ready to go!

T: George Turnbull 07815-867807

E: george@altitude-am.com

### **FOOT HEALTH PROFESSIONAL**

Rebecca Bahrami MCFHP, MAFHP

Foot care in the comfort of your own home. Nail cutting, fungal nail treatment, corns and callus, verruca, diabetic footcare.

Please tel 07528-302901 or email Rebecca.foot@yahoo.com

### **HOUSE FOR SALE**

Our Lympstone family home will soon be up for sale. With estuary views, three bedrooms, a garden, garage and off road parking. We are close to the local parks, the preschool and primary school. For more information please contact Emma:

E: emmaroserand@gmail.com

T: 07969-602440

### **DOWNSIZING**

Donations would be appreciated for the Devon Air Ambulance for the following items, which must be collected:

Call 07873-574396 after 6.00pm

Two 4 draw filing cabinets

Calor Mini Heat Gas fire + bottle (both new)

Vibraplate exercise machine

Hostess heated food trolley

### **TINYPAWS**

Cat-Sitting, and Boarding of

other Small Pets (not Cats)

Please call for more information.

M: 07385 048150

### **MINDSET COACHING AND HYPNOTHERAPY**

10 years experience as a Licensed Master of NLP, Timeline Therapy<sup>TM</sup> and Hypnotherapy.

Book a free Discovery Call today.

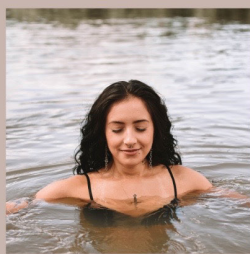
T: 07957 556856

E: jess@jessicavassallo.com

Visit: [www.jessicavassallo.com](http://www.jessicavassallo.com)

### **BUSINESS BOOKS UPDATED**

Chartered accountant can provide budgeting and forecasting, cash flows, monthly reporting, annual accounts. Experienced on Xero & Sage. Tel Howard: 07902 384288



# Wellbeing Weekend

13TH-15TH OCTOBER, DEVON

Restorative yoga & meditation, walks & wild swims,  
bespoke holistic therapies & ayurveda workshops with  
experienced wellbeing professionals.

*Take some time for you x*



2 Oaks  
Retreats  
*by Claire*

[hello@2oaksyoga.co.uk](mailto:hello@2oaksyoga.co.uk)