



Weekly Shopping

Tesco / M&S** / Exmouth Town Centre - £8

Mondays – Pick-up from 9:30am
Exmouth, Exton, Lypmstone, Woodbury & Woodbury Salterton

Fridays – Pick-up from 9:30am
Budleigh Salterton, Colaton Raleigh, East Budleigh
Newton Popleford, Otterton & Yettington

Welcome

JULY



Where: Coffee at the Pavilion then onto the Half Moon for lunch - £15
When: **Tues 4th** - first pick-up time: 9:30am

Where: Afternoon Tea at the Grange Court Hotel - £12
When: **Weds 5th** - first pick-up time: **1:30pm**

Where: Exminster Golf Club for coffee then lunch at Brookside £15
When: **Thurs 6th** – first pick-up time: 09:30am

Where: Coffee and Shop at Sainsbury, Pinhoe - £12
When: **Weds 12th** – first pick-up time: 09:30am

Where: Coffee at Otter field kitchen then onto the Heathfield Inn - £15
When: **Thurs 13th** - first pick-up time: 9:30am

Where: Nancy Potter for coffee and lunch at the New Inn, Alphington - £15
When: **Tues 18th** - first pick-up time: 9:30am

Where: Coffee at Fresha Exeter then onto the Red Lion, Broadclyst - £15
When: **Thurs 20th** – first pick-up time: 09:30am

Where: Budleigh Golf Club followed by lunch at the White Horse - £15
When: **Weds 26th** – first pick-up time: 09:30am

Where: Home Bargains, Range & Lidl, Exmouth - £8
When: **Thurs 27th** – first pick-up time: 09:30am



Where: Greendales for coffee then lunch at the Twisted Oak - £15
When: **Tues 1st** - first pick-up time: 9:30am

Where: Coffee at Powderham followed by lunch at the Ley Arms - £15
When: **Weds 2nd** - first pick-up time: 9:30am

Where: Hidden Oak for coffee then onto the Hare & Hounds, Sidbury - £15
When: **Thurs 3rd** – first pick-up time: 09:30am

Where: Coffee at Fingle Glen and lunch at the Travellers Rest - £15
When: **Weds 9th** – first pick-up time: 09:30am

Where: St Bridget's for coffee followed by lunch at Tom Cobley - £15
When: **Thurs 10th** - first pick-up time: 9:30am

Where: Coffee at Haldon Grill then onto the Ten Tors for lunch - £15
When: **Tues 15th** - first pick-up time: 9:30am

Where: Grazing Cow for coffee then lunch at the Otter Inn, Weston - £15
When: **Thurs 17th** – first pick-up time: 09:30am

Where: Choose a shopping trip – Morrisons or Newton Abbot Market - £12
When: **Weds 23rd** – first pick-up time: 09:30am

Where: Coffee at Nancy Potter & lunch at the New Inn, Broadclyst - £15
When: **Thurs 24th** – first pick-up time: 09:30am

Where: Home Bargains, Range & Lidl, Exmouth - £8
When: **Tues 29th** - first pick-up time: 9:30am

Where: Coffee at Fresha Exeter then onto the Stables, Cowley - £15
When: **Weds 30th** – first pick-up time: 09:30am

Where: Winslade Manor for coffee then onto the Blackhorse Inn - £15
When: **Thurs 31st** – first pick-up time: 09:30am



Where: Coffee at Exeter Court Hotel & lunch at the Passage House - £15
When: **Tues 5th** - first pick-up time: 9:30am

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Where: Hidden Oak for coffee followed by lunch at the Talaton Inn - £15  
When: **Weds 6<sup>th</sup>** - first pick-up time: 9:30am

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Where: Coffee at the Pavilion then lunch at the Belfour Arms - £15
When: **Thurs 7th** - first pick-up time: 09:30am

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Where: Belmont Hotel for coffee followed by lunch at the Bowd - £15  
When: **Weds 13<sup>th</sup>** - first pick-up time: 09:30am

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Where: Coffee at Teignmouth Golf Club & Mount Pleasant for lunch - £15
When: **Thurs 14th** - first pick-up time: 09:30am

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Where: Home Bargains, Range & Lidl, Exmouth - £8  
When: **Tues 19<sup>th</sup>** - first pick-up time: 9:30am

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Where: St Bridget's Nursery for coffee then onto the Swans Nest - £15
When: **Thurs 21st** - first pick-up time: 09:30am

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Where: Coffee at Nancy Potter & Kings Arms, Tedburn for lunch - £15  
When: **Weds 27<sup>th</sup>** - first pick-up time: 09:30am

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Where: Fingle Glen for coffee then onto Tom Copley for lunch - £15
When: **Thurs 28th** - first pick-up time: 09:30am

**** We now go to Marks & Spencer on the first Monday / Friday in the month – this is included in the same trip as Tesco's, so you will be going to both stores**



**IT WOULD HELP US GREATLY IF YOU COULD KINDLY
HAVE THE CORRECT MONEY FOR YOUR TRIP AS WE DON'T
ALWAYS HAVE CHANGE TO GIVE OUT**



Tel (01395) 26 66 62 www.exmouthringandride.org.uk

Timetable July - Sept 2023

OUR SERVICES; HEALTH & WELL BEING, RING & RIDE, COMMUNITY SERVICE; ARE FOR PEOPLE OF ALL AGES WHO ARE UNABLE TO ACCESS PUBLIC TRANSPORT, ARE RURALLY ISOLATED AND FOR THOSE WITH MOBILITY PROBLEMS

Covering:

Exmouth, Lypstone, Exton, Woodbury Salterton, Woodbury, Colaton Raleigh, Yettington, Otterton, Newton Poppleford, East Budleigh, Budleigh Salterton

For all bookings call (01395) 26 66 62

Office hours are

Monday to Friday 10am – 1:30pm

PRICES QUOTED ARE SOLELY FOR YOUR DOOR TO DOOR RETURN TRANSPORT