

THE LYPMPSTONE HERALD



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Village website: www.lympstone.org | webmaster@lympstone.org

PARISH COUNCIL NEWS

DECEMBER 2023

Lympstone Parish Council held their monthly public meeting on Monday 4th December in the Meeting Room.

Public session – Members of the public raised the following issues with the cemetery: uneven pathways, children climbing over the lower fence and using the cemetery as a cut through, an abandoned pile of soil, dipped graves, felled memorial tree, leaning headstones and the entrance gates did not close properly. The Chairman explained the PC had voted to retain the tree and had not given permission for it to be cut down. The PC was investigating the circumstances with the tree surgeon. The PC would be speaking to the family regarding the tree before releasing any public statement. The footpaths were being replaced in the new year and the pile of soil would be used to assist this work. The stone mason had a map of the ground and was looking at the headstones. The gate would be fixed, and the fence would be repaired once the boundary was established with adjoining landowner. It is important to note that any issues with the old cemetery/church graveyard is the responsibility of the Church and EDDC Streetscene and not the PC.

Casual vacancy - The Chairman explained that there was a vacancy on the PC as no election had been

called. It was now up to the PC to co-opt a new member. Therefore, if you are interested in joining the PC, please contact me, the Clerk, for more information at lympstonepc@gmail.com

Clerks Report: LPC Budget 2024/25

- The Clerk presented the PCs budget for 24/25, this was unanimously agreed and would be sent to EDDC. Co-option, Digital and social media, and Communications Policies - The Clerk explained that she had reviewed the co-option and digital and social media policy. She had created and previously circulated a new communications policy. These were unanimously agreed. NB: All approved PC policies can be found online at www.lympstone.org

Reports of Committees – In addition to the monthly PC meetings, regular committee and working group meetings, corresponding with members of the public and other external bodies, updating and maintaining the Facebook page, Website and Herald, adhering statutory duties, planning applications, burials, awarding local groups grants and ongoing maintenance for the Parish, the PC have also completed the following achievements during 2023: Front meadow, safety fence erected at The Rag, new notice boards under the railway bridge in the Strand, Coronation Party in Candy's Field, new

pedestrian gate installed at Avenue Field, refurbished kissing gate installed at Cliff Field, refurbished entrance gates to the cemetery, two new picnic tables, six new benches, adoption and refurbishment of the telephone box in the Strand, replaced oak posts at entrance to The Avenue, refurbishment of current PC benches and ongoing attendance at a variety of Cllr training sessions.

Upcoming projects for 2024: Resurfacing paths in cemetery, continued refurbishment of current benches, history box project in the adopted telephone box, parish party in Candy's Field, the Hub building rebuild.

Gulliford Joint Committee – Cllr Staddon reported on the recent joint committee meeting:

This is an amazing burial ground set between the Woodbury and Lympstone Parishes, managed by both Parish Councils to continue the up keep, along with the 'Friends of Gulliford'.

Much remedial work has been carried out over the past years, in 2018/2019 and again in 2020 to rebuild walls and tombstones, the work carried out by experts in masonry and monument conservation, this and the work that the 'friends of Gulliford' have carried out, have helped transform this pocket of calm and wildlife.

Talking about 'the friends of Gulliford', we were sad to hear that Lesley Weekes had passed away. Lesley planted over 1000 daffodil bulbs and dedicated much of her time to create the wildlife haven in Gulliford. We will be forever grateful to Lesley.

An open day in the summer, for all things 'bugs' was held in the summer with a good footfall enjoying talks, a big thank you to Councillor Moffat, who without him, this bug day wouldn't have taken place. Thank you, Mark. Jane Moffat, the chair of the Joint Committee gave a positive report for the future of Gulliford and discussed ways of keeping Gulliford in the public eye, to encourage all to use. Member Angela Coles reported of the fantastic news that Gulliford Burial Ground had won an award for 'Most original burial ground', this has to reflect on the work and time that Jane, Angela and the friends have put in. A day of tidying the ground, took place on Sunday. The friends with one extra volunteer managed to complete the end of season tidy in the dry. Over the coming months, the 'friends of Gulliford' will be looking for extra help, volunteers who can spare a couple of hours here and there. If you feel you could lend a hand, please let them know. A last word, to thank Lucy for her time and commitment with Gulliford, it's really appreciated.

If you are interested in helping friends of Gulliford then please contact me for more information.



Environment Committee – Cllr Culhane reported that the Parish emergency plan is being reviewed and in need for volunteers. Can you help? The PC would like to train volunteers as emergency wardens and support to complete the defibrillator checks. Again, if you would be interested in finding out more, then please contact me for further information.

Polite reminder: How to Report Pollution in the Exe Estuary

If you see anything you believe to be pollution: a) Take a picture b) Report it! Environment Agency: 0800 80 70 60 and SWW: www.southwestwater.co.uk (Fill in the dropdown, pinpoint on map and upload picture, they will respond in emergencies). c) Then please inform Lymptstone Parish Council: lympstonepc@gmail.com

The next PC meeting will be held on Monday 8th January 2024 in the Meeting Room, Lymptstone Village Hall.

Finally, all Lymptstone Councillors would like to take this opportunity to thank you for your continued support. May you all have a very Merry Christmas and Happy, Healthy New Year!

Clerk to the Council:

Lucy Tyrrell c/o Minnows, Longmeadow Road, Lymptstone EX8 5LF

Tel: 07890717081

Email: lympstonepc@gmail.com



LYMPSTONE GARDEN CLUB

Happy New Year to all gardeners from window boxers to allotmenters.

Generally speaking gardens are sleeping and regenerating, however with longer days thoughts stir to Spring.

Early Garden Club dates include:

March 21st; Plants for shade with Saul Walker.

When planning your seed sowing don't forget our fundraising Coffee Morning and Plant Sale on May 11th when we rely on generous donations of plants.

Terri Scott

FRIENDS OF THE CHURCH

The winner of the December lottery draws were

Vicky Marshall-Gall and Rob Sissons

Thank you for all your continued support.

Penny Lupton; Treasurer

MEMOIR WRITING AFTERNOONS

Following on the success of the writing workshop; Writing in Place in November I'm holding a series of monthly memoir writing workshops in the village hall (meeting room). These workshops will be suitable for anyone interested in writing their memoirs or family biographies, capturing moments in time and creating compelling narratives. I've been teaching memoir writing for many years and feel privileged to have helped participants craft their stories and capture memories and experiences. I aim to ensure the sessions are informal, playful and sometimes challenging. My teaching accommodates people with little or no writing experience as well as those who have written in their professional lives and for their own pleasure.

The sessions are designed to be self-contained, so if you can only attend one or two of them you should still get something out of them. They are all on Saturday afternoons from 2pm – 5pm on January 27th; February 24th; March 23rd and April 20th. Cost £50 for all four sessions or £15 per session. Numbers are limited so advance booking is essential:

Anna Lunk, annamlunk@gmail.com.

PARISH CHURCH

New Curate Coming.

Shaun Tipton will be coming as our new curate from Sidmouth. He will be a self supporting minister who will be ordained Deacon on the 29th June at Exeter Cathedral. After that date he will stay with Exmouth Coastal Churches for three years. Our current Curate, Jonathan Reynolds, will end his three year time with us this summer but will remain with us until he finds the right place to take up a ministry of his own.

Tick Tock.

The ever popular Friday morning group for toddlers and their parents and other carers will re commence in the new year. I did not ask permission to photo the children for a Herald report so took a shot of part of the pram parking in church during the Christmas carol singing final Tick Tock of the year!

Parking.

Seeing the pram park which is easily catered for in Tick Tock meetings leads into the thought that the church is beginning to need to consider another sort of 'parking'. With the advent of the electric mobility scooter people with mobility issue are able to attend church. The coming problem is where do we put them? Thoughts on a postcard to the church porch please!

The car park off Charles Court remains in the etherial mists of the solicitors as the final agreement of it's use and who controls it goes on seemingly indefinitely. Sometimes the posts are up and sometimes down. It's not us!!

Services

continue as usual with an 8am and 9.30am every Sunday. Except, there are always exceptions, the fifth Sunday which rotates around the three church in the Mission Community, Holy Trinity Exmouth, Littleham and Lypstone. The 'Journey' services which are accessible to all are on the first and third Sunday.

There is a communion service or quiet prayer every Wednesday at 11.30am. Full details on a weekly notice under the railway arch.

Newsletter.

A newsletter is printed every week on the back of the readings for the Sunday service and in the cabinet under the railway arch. . If you cannot wait just drop an email to Alan, our music director and organist, who will add your name to the list. You will then receive it, by email, as soon as it is available. Just send an email to Alan on alan.dabreo@outlook.com

Men's Breakfast. The next breakfast meeting will be at Toby Carvery meeting at 8.15 for 8.30am Saturday 10th February 2024. The speaker will be Rev Benedict Cambridge and **to book** phone or email Bob Soutter 01395 273400 rjsoutter@aol.com

Brian Mather.



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EXE HOME SUPPORT:

Companionship and support for people who feel lonely and isolated.

As we grow old, there are fewer and fewer familiar faces around us, and making friends becomes harder. We might feel overwhelmed and have nobody to talk to. What if I told you that you are not alone, and I am here for you, curious to hear your story.

Exe Home Support can provide help you with:

- getting out and reconnecting to the community;
- shopping, and preparing hearty meals;
- rebuilding self esteem and sense of belonging.



A friendly face on the other side of the table on a rainy day!

If you feel like you or your loved ones would benefit from my support, please give me a ring on **07565 869990** or send me an email to **mamazurek1@gmail.com**

VOLUNTEER AT A LA RONDE?

If you are looking for a new challenge in 2024, come and join the volunteer team at A la Ronde, your local National Trust property. You could share the stories of the people and objects at A la Ronde or if you would rather be outside, you could join the welcome team or help look after the grounds.

To find out more join us at one of our volunteer coffee mornings:

10.30 to 12.30 on;

Wednesday 31st January,

Saturday 3rd February or

Friday 9th February.

To book your place or for further details please email:

alison.palfrey@nationaltrust.org.uk

or visit our website.

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We have volunteer opportunities because in 2024 we will be open 6 days a week.





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LYMPSTONE HISTORY SOCIETY

Lympstone History Society had a very successful year in 2023 despite having taken the very difficult decision to stop holding regular talks. Thanks to the involvement of the Historic Houses Group (who produced the Houses of Lympstone, and the Shops of Lympstone books) we have our on two larger events in the main hall. First we had a fascinating evening with local artist Ray Balkwill who shared his plein air work and told us about the work of Reverend Sweete. Then, in October, local academic Ollie Creighton told us about the research and findings about warhorses, which were vital to medieval military campaigns.

We are already planning our first talk of 2024:

Todd Gray will be coming to Lympstone on 19 April to share his research into The Lost Buildings of Exeter.

Our AGM will be held in the summer and this year Mary Turner will be stepping down as secretary after 10 years. She will still be involved with LHS, helping to look after the archive, so she will be around to support the new secretary.

We are hoping someone from the village will come forward to take on the role. We have seriously reduced the workload and our main needs is for someone to record and the minutes of our meetings, and to be a point of contact/ information sharing for our members. If you think you could do this then please talk to one of us (Jenny Moon, Graham Banks, Mary Turner, Gary McNulty, Tony Day and Dick Francis) or email lympstonehistorysociety@gmail.com

Thank you
Kind regards
Mary Turner
Secretary



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COMMUNITY HUB

Sunday 17th December saw the annual Community Hub Christmas Lunch bring together over 24 members of our community to share stories and share a delicious, home cooked Christmas meal in Lympstone Village Hall.

A further 29 meals were delivered hot and fresh within the local Lympstone and Exmouth communities.

The Community Lunch organising team Vicki Drinkwater, Stacey Onoyiweta, Jenny Clark & Linda Lyon would like to express a huge thank you to a our amazing volunteers who help deliver and serve each month within our community.

This month we also say a massive extra thank you to our additional cooks providing us with wonderful Christmas Cakes and Mince pies, pigs in blankets and Red Cabbage adding an extra delicious touch to the day!

We would also like to say a heartfelt thank you to our very generous supporters Jeff Trail and Richard Scott from Devon County Council and to our wonderful gift bag sponsors in our community who made it possible for us to offer a few extra treats this Christmas.

Thank you to our amazing choir singers of Lympstone who also joined us in song to entertain the guests at the hall. A truly magical, community day.

Our next community meal will be on the 28th January. Please email if you would like further details.

Vicki Drinkwater

vicki.drinkwater@yahoo.com



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THE HERALD HISTORY SPOT

Last year the Lypstone History Society created an informal group, the Lypstone Family History Interest Group (FHIG), which, as its name suggests, was formed for those in the village – and outside – who have an interest in the history of village families. The group, currently numbering around 25 members, is coordinated by Dick Francis who has lived in the village for 20 years but still regards himself as an “incomer”!

We were lucky enough to obtain a transcribed copy of the baptisms, marriages and burials in the parish from 1654 to 1906 and, despite being basically long lists of names and dates, they already start to paint a picture of village life and the families who have influenced it. The commonest of the surnames from these records are Litton, Denning, Baker, Smith, Searle and Skinner and many house names in the village today clearly have their origins in family names from years gone by, such as: Shepherds, Dingles, Hares, Withalls and many more.

The burial records, in particular, provide an insight into the challenges of life in the past centuries and there are clearly some interesting ‘back stories’ to some of the entries ... like, twin babies buried together, the very many children who died in infancy, several people who

drowned in the same incident, and victims of a smallpox outbreak. There is only one person in these records who lived to be more than 100 years old, that was Priscilla Baker who died in 1874 aged 101.

Thanks to a subscription to Ancestry.com, we also have access to the census returns from 1841 to 1911 (every ten years) and these add further fascinating information about the village families, where they lived and what were the common occupations.

Over the coming months we plan to further investigate families of interest and we hope to meet up again some time in the spring. As we uncover interesting stories, we will try to share them via the Herald History Spot.

If anyone would like to know more, or even join the group, then please email Dick at:
francis.exeter@btinternet.com

Dick Francis

WILD ABOUT LYMPSTONE

“When the last tree is cut, the last fish is caught, and the last river is polluted; when to breathe the air is sickening, you will realize, too late, that wealth is not in bank accounts and that you can’t eat money.”

On 1 December, Devon Local Nature Partnership held a ‘Wild About Devon’ Award evening in Exeter. It was an event to recognise and celebrate exceptional individuals, schools and community groups who are taking action to help restore and improve habitats for Devon’s wildlife in the face of our Ecological Emergency. Inspiring people who, no doubt, would resonate with this wise Native America saying.

It was a stimulating evening hearing about a range of fantastic projects and initiatives popping up across the county as well as the dynamic and inspirational people behind them, working hard for Nature. See DLNP website - <https://www.devonlnp.org.uk/get-involved/wild-about-devon/devon-wildlife-community-of-the-year-awards-2021-22/>

We were thrilled that Mary Truell was awarded an Outstanding Individual ‘Wild About Devon’ Award for, amongst other things, inspiration behind the formation of our ‘Wild About Lymptone’ group.



WAL is looking forward to an exciting year of Lympstone wildlife action in 2024. More information will be appearing each month and we're always interested to hear from you if you'd like to join our mailing list and stay connected with WAL's activities. Send us an email and say hello.

Hoping you all had a peaceful and fun festive period and wishing you a very Happy New Year!

Rebecca Abrahams and Mary Truell
WAL:

wildaboutlympstone@gmail.com

trueell@me.com

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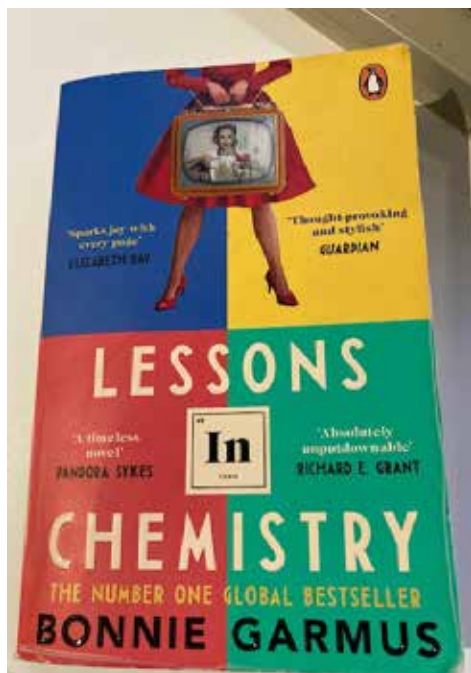
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‘Lessons in Chemistry’

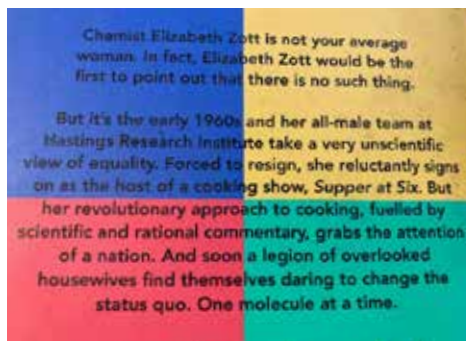
by Bonnie Garmus



If I had solely read the back cover synopsis of this book, I wouldn't have chosen it but it was recommended by two separate friends so I read it and thoroughly enjoyed it.

It's not about cooking and it's not about Chemistry. It's really about how, as both people and animals, we can care for and respect one another. We can learn from one another, embrace difference and build others up to broaden and

achieve their dreams and aspirations. As adults, we know that doesn't always happen and the main character of this story bears more than her share of bigotry and abuse towards her.



It has a great story line, with twists and turns that keep you intrigued as to what will happen next and how earlier subplots will be resolved. The main characters are not immediately or traditionally attractive but they are masterfully drawn and win your sympathies.

In various chapters the story is told from the perspective of different characters. As a reader who has had to learn the difference between artistic and scientific writing style, I found the subtle adjustments between these chapters added such depth to the personalities and their relationships. I've heard a criticism of the book that it takes a comic approach which grates with the subject matter - indeed there is one

deeply shocking example of coarse understatement but, I believe, that is absolutely intentional - demonstrating a survival mechanism which repays as the clever tale unfolds.

I enjoyed this book as a good story but also for the elements of inspiration and empowerment.

Sophie Minter

Email your 'Recent Reads' to:
lympstoneherald@hotmail.com

EXE ESTUARY TRAIL CLOSURE

Reminder:

I am writing to advise that Devon County Council have appointed a contractor to carry out works to Courtlands Boardwalk – the raised timber boardwalk on the Exe Estuary Trail between Lympstone and Exmouth.

After a routine inspection, the timber elements of the boardwalk were found to have deteriorated and rotted. Minor repairs have been ongoing for a couple of years to replace individual deck planks etc, but it is now time to carry out major works to completely replace all the timber elements with fibre-

reinforced polymer (FRP) elements. FRP is a durable material that will not deteriorate in the damp environment that the boardwalk is situated in.

Unfortunately due to the extensive nature of the work, there is no alternative but to close this section of the Exe Estuary Trail for the duration of the work. A diversion route will be in place as shown in the attached plan.

The works are scheduled to start towards the end of September (after the school summer holidays) and is expected to last for about 3 months.

Information boards are going to be put up along the trail soon to advise users of the upcoming closure, closure dates, and more information about the works and why we are doing it. We would like to try and reach as many interested parties as possible (local residents, businesses and other stakeholders) so please do forward this email on as necessary.

Kind regards,
James Leigh
Engineer (Bridges & Structures)
Engineering Design Group
Devon County Council

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Example: 5 lines or less	£5	£25	£45
Example: 7 lines or less	£7	£35	£63
Example: 10 lines	£10	£50	£90

Copies of the Lymstone Herald are delivered free to every household in Lymstone (approx 1100) every month with further copies being sold through the village shops. Please send your enquiries to Steve Morgan : sjmorgan222@gmail.com

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David Hawes, Editor.

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GARDEN JOBS - Jenny Moon

Jenny is still digging for Oxfam.

£12/hour, all to Oxfam.

Tel: 01395 708850

GARDENING SERVICES BY LD PRIOR

18 years of experience, and
RHS Advanced qualified
T: 07832-109041 or 01392 319736
E: leeprior20@gmail.com
Website: www.ldprior.com

HAIR BY SHARON

Mobile Hairdresser
Have your Hair done in the comfort
of your own home.
Please ring Sharon on:
M: 07385 048150

FOOT HEALTH PROFESSIONAL

Rebecca Bahrami MCFHP, MAFHP
Foot care in the comfort of your
own home. Nail cutting, fungal
nail treatment, corns and callus,
verruca, diabetic footcare.
Please tel 07528-302901 or
email Rebecca.foot@yahoo.com

DOWNSIZING

Donations would be appreciated for the
Devon Air Ambulance for the following
items, which must be collected:
Call 07873-574396 after 6.00pm
Two 4 draw filing cabinets
Calor Gas fire+bottle (both new)
Vibraplate exercise machine
Hostess heated food trolley

TINYPAWS

Cat-Sitting, and Boarding of
other Small Pets (not Cats)
Please call for more information.
M: 07385 048150

RELIABLE VILLAGE BABYSITTER

I'm Poppy (14) and I'm available to
babysit in the village. I love playing
board games and doing artwork!
Please contact me on my mobile:
07889 344924

MIRROR DINGHY 'YUGO' FREE TO NEW HOME

Boat (1966) and all accessories
stored in garage - good condition
for age. Will need to be collected
from Lympstone. For enquiries/viewing
please phone Jill or Mike:
07790 053470 or 07830 139421

BEGINNERS 8 WEEK POTTERY CLASS - £220

Based in Woodbury,
Tues 23 Jan - 8 Mar 2024
(10:00 to 13:00)
Tel Bernice, Mob: 07494-502726

Support our vision for a clean, healthy and active Exeter and Devon.

Ride On
Cycling for All

Help us get more people cycling.

We refurbish secondhand bikes to get more people cycling in an affordable and sustainable way, which is made possible thanks to your help.

Donate a bike!

If you have any old or unused bikes taking up precious space, don't let them go to waste. Consider donating them to our charity.

We've been able to put
over



bikes back on the road
since 2011!

Drop-off Location

**8 Grange Close
Lypstone
EX8 5LD**

Call Steve Morgan on 01395 276020

**61 Haven Road, Exeter, EX2 8DP
Registered Charity Number: 1174055**