ANNUAL SALMON RUN
19 SEPTEMBER 2026

We run with the salmon to celebrate their awesome life and their journey up River Exe, their home. It's all about the Atlantic Salmon whose numbers are down by 75% since the 70s and still falling.

Want to join in on the run?
See https://tidelines.uk/blog/salmon-run-2026/

Or just to cheer the runners on as they speed from Exmouth via Lympstone, Topsham, Salmon Pool Lane, Exeter, towards Exmoor?

- **8.30am onwards - Ultra runners (44 miles) expected through Lympstone (via cycle path)**
- **9.30 – 11.0am – Information point, bottom of Station Hill**
- **10.0 – 11.0am, music outside The Swan (weather permitting)**
- **10.0am-ish – Relay Team hand-over point, bottom of Station Hill, Lympstone, And evocation encouraging salmon to return to the Estuary**

Photos from September 2025 – for more see https://tidelines.uk/blog/salmon-run-2025/
Photos: Vanessa Miles, Bryn Truscott, Calypso Finch, Matthew Elmes, Jennifer Melyn Moon, Davina Jelley and others.

For other Tidelines blogs and events, see https://tidelines.uk/